



Preparation for a peel treatment

You will be having a peel treatment on the day of your appointment. Please follow the outline below to prepare.

Use of **PCA SKIN**® daily care products prior to your peel will prepare the skin, allow for better treatment results and reduce the risk of complications. This is recommended but not mandatory. Please consult your physician or skincare clinician for appropriate recommendations for your skin type and condition

It is recommended that you take the following into consideration:

For best results and to reduce the risk of complications, it is recommended that you use **PCA SKIN**® daily care products 10 to 14 days prior to treatment.

If you are lactating, pregnant, or may be pregnant, consult your OB/GYN before receiving any treatment.

Do not go to a tanning bed two weeks prior to treatment. This practice should be discontinued due to the increased risk of skin cancer and signs of aging.

It is recommended that extended sun exposure be avoided, especially in the 10 days prior to treatment.

It is recommended to delay use of tretinoin, Retin-A®, Renova®, Differin®, Tazorac®, Avage®, EpiDuo®, Ziana®, and high-percentage AHA and BHA products for approximately five to seven days when receiving **MD Peel (CCI₃)** prior to treatment. Consult your physician before temporarily discontinuing use of any prescription medications.

PCA SKIN® superficial peels result in little-to-no downtime but create dramatic and

visible results. Treatments may cause slight redness, tightness, peeling, flaking, or temporary dryness. Most patients find it unnecessary to apply makeup, as the skin will be smooth, dewy, and radiant following your treatment. If you would like to apply makeup, allow approximately 15 minutes for the pH of the skin to stabilize before applying foundation.

When receiving **MD Peel (CCI₃)** it is expected to experience moderate redness and heavier exfoliation for up to seven days post-treatment. During this time makeup application is not recommended. For subtle coverage **the Sheer Tint Broad Spectrum SPF 45** is an excellent option.