

647 Sierra Vista Lane  
Valley Cottage, NY 10989



**Pathway Nutrition**  
A Path to a Healthier you

Phone: 516 - 234 - 0819  
Fax: 855 - 615 - 2826

48 Bi- state Plaza #553  
Old Tappan, NJ 07675

[www.pathwaynutritionllc.com](http://www.pathwaynutritionllc.com)  
[PathwayNutritionLLC@gmail.com](mailto:PathwayNutritionLLC@gmail.com)

While we are an in-network provider with many insurance companies and plans, it is crucial to note that each plan is unique and has distinct in-network benefits. This is because nutrition is typically considered a specialized area, even if you have comprehensive health coverage.

We understand that dealing with insurance can be overwhelming and sometimes frustrating or challenging. Unfortunately, most insurance companies do not provide detailed information about nutrition coverage benefits in their list of in-network providers. The purpose of this script is to assist you in navigating the insurance process and ensure that our sessions together are covered by your insurance plan. It is your responsibility to be aware of your nutrition coverage, including any expenses not covered by your insurance company.

We strongly recommend that you complete this form before your initial appointment.

**When verifying your insurance, check to see if Patricia Pauyo or Pathway Nutrition LLC is in-network with your insurance company.**

**Patient's Legal Name:** \_\_\_\_\_

**Gather the information below PRIOR to your first appointment:**

Insurance Company	Insurance ID Number	Date of Birth

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**Step 1:** Look at page 3 and find the code that matches your reason for your appointment: write the code(s) here: \_\_\_\_\_

**Step 2:** Call the member services number on the back of your card

**Step 3:** Does my plan cover nutrition counseling for the following CPT codes: 97802, 97803 ☐ Yes or ☐ No

If yes, how many appointments or hours are allowed per plan year?

☐ 3 Appointments ☐ 3 Hours ☐ Unlimited ☐ Other \_\_\_\_\_

**Step 4:** Does my plan cover the diagnosis code(s) (**look up to Step 1**) with CPT codes 97802, 97803?

o Do I need a referral, prior authorization, or pre-determination letter prior to my appointment? ☐ Yes or ☐ No

**Step 5:** If the representative says your plan is covered with preventative only, ask them if the diagnosis code (**look up to Step 1**) is considered preventative with CPT code 97802 and 97803?

***If no, your plan may not allow coverage***

**Step 6:** Do I have a deductible to meet first? ☐ Yes or ☐ No

o If yes, how much? \_\_\_\_\_

**Step 7:** What is my co-pay? \_\_\_\_\_

**Step 8:** Ask for the name of the representative: \_\_\_\_\_

Ask for the reference number for this phone call: \_\_\_\_\_

Mark the date and time: \_\_\_\_\_

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REASON FOR VISIT	VISIT CODE
Diabetes (Type 1) Consultation	E10.9, Z71.3, Z71.9
Diabetes (Type 2) Consultation	E11.9, Z71.3, Z71.9
Digestive Problem Consultation	Z71.3, Z71.9
Infertility Nutrition Consultation	Z71.3, Z71.9
General Nutrition and Wellness Consultation	Z71.3, Z71.9
Heart Health Consultation	Z71.3, Z71.9
High Blood Pressure Diet Consultation	R03.0, Z71.3, Z71.9
High Cholesterol/Lipids Consultation	E78.0, Z71.3, Z71.9
Kidney Health Diet Consultation	N28.9, Z71.3, Z71.9
Liver Diet Health Consultation	Z71.3, Z71.9
Pregnancy Nutrition Consultation	Z71.3, Z71.9
Reflux/Heartburn Diet Consultation	Z71.3, Z71.9
Sports Nutrition Consultation	Z71.3, Z71.9
Underweight Nutrition Consultation	R63.6, Z71.3, Z71.9
Weight Loss Consultation	E66.3, E66.9, E66.01, Z71.3, Z71.9

**Please bring this filled-out script to your first appointment.**  
**Thank You**

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<b>National Provider Identifier (NPI)</b>	
Pathway Nutrition LLC	1821737800
Patricia Pauyo	1124667639
<b>In-Network Insurance Provider Numbers</b>	
<b>Medicare</b>	
Pathway Nutrition LLC	A100305143
Patricia Pauyo	A400305147
<b>1199</b>	
Pathway Nutrition LLC	
Patricia Pauyo	
<b>Aetna</b>	
Pathway Nutrition LLC	
Patricia Pauyo	
<b>BlueCross BlueShield</b>	
Pathway Nutrition LLC	
Patricia Pauyo	
<b>Cigna</b>	
Pathway Nutrition LLC	
Patricia Pauyo	
<b>Emblem GHI</b>	
Pathway Nutrition LLC	
Patricia Pauyo	
<b>HealthFirst</b>	
Pathway Nutrition LLC	
Patricia Pauyo	
<b>MVP Care</b>	
Pathway Nutrition LLC	
Patricia Pauyo	
<b>United Health Care (UHC)</b>	
Pathway Nutrition LLC	
Patricia Pauyo	