

The Best Indicator of Disaster is a 4th Quarter Lead *Managing your life toward a win.*

Football is a universal American metaphor. While we may not all be fans, we are all at least a little bit familiar with the sport. We can all see – and identify with – both the thrill of the victors and the agony of the defeated.

There are life lessons from both.

Case in point: The nail-biting Minnesota Vikings' overtime win against the Indianapolis Colts in 2022: "The biggest comeback in NFL history." Find the original article at <https://www.playny.com/sports-betting/nfl/4th-quarter-comebacks/>.

Indianapolis Colts at Minnesota Vikings — Dec. 18, 2022

The 2022 Minnesota Vikings thrived on close games. Call them the "cardiac kids" for that. Put it this way: the Vikings became the third team in NFL history to win 10 games in a season by eight points or fewer.

In Week 15 against the lowly Indianapolis Colts, the cardiac kids became the Minneapolis Miracle Workers. Even if the Vikings probably shouldn't have been in that position.

The Colts went into the game as losers in six of their previous seven games. They had an interim head coach and were coming off a 35-point loss in Dallas that saw Indy get outscored 33-0 in the fourth quarter.

On the flip side, the Vikings sat at 10-3, the top of the NFC class and a win away from securing the NFC North title.

Indianapolis, though, went off in the first half. The offense put up 33 points over the first two quarters, the team's highest output in eight games. And just the third time all season Indy eclipsed 21 points. In one half.

Apparently, that was the problem: The Colts had to play two more quarters.

The Vikings sailed – and brought it home

Minnesota trailed 33-0 at the half and 36-14 as the third quarter closed. But just as the Cowboys did the previous week, the Vikings exploded in the fourth quarter, scoring 22 unanswered points to tie the game at 36 at the end of regulation.

In overtime, after trading punts with Indianapolis, the Vikings took over at their own 18-yard line with 1:41 on the clock. In five plays, Minnesota traversed 60 yards, ultimately setting up the game-winning 40-yard field goal by Greg Joseph to complete the biggest comeback in NFL history.

The previous record was 32 points, as executed by the Buffalo Bills in a 41-38 win over the Houston Oilers in the 1992 playoffs.

Football is not life. But sometimes it looks like it.

It is sweet to contemplate the victorious Vikings' celebration after this incredible win. We all love a winner. But in the game of life, success does not rest on celebrating wins. It is built on guarding against defeats.

How are you managing toward a winning fourth quarter in terms of:

- your physical health,
- your financial well-being, and a
- lasting legacy for those who follow you?

Unfortunately, on this field, we cannot see the timeclock. We have no idea when we have reached the two-minute warning.

Attend to the basics. Keep your accounts short. Do first things first.

At Your Best Retirement, we offer you a game plan: Associate with others; network and learn; drive toward success; never stop!