

DAILY HOPE

LANTERNS FOR THE PATH



When You Wear Two Faces: Walking in Integrity

Scripture

“Whoever walks in integrity walks securely, but whoever takes crooked paths will be found out.” — Proverbs 10:9

The Shadow

Living divided is heavy. You show one face to the world while hiding another inside. A fractured lantern cannot shine.

The Light

Integrity is wholeness. When what you believe, say, and do align, your steps are steady and your light is strong.

Daily Practice

- **Body:** Write down one place you’re pretending. Tear it up — no more hiding.
- **Mind:** Speak one honest word today you’ve been holding back.
- **Spirit:** Pray: *“Unite my heart in truth. Make me whole.”*

Closing Thunder

A fractured lantern cannot guide. Wholeness shines.