



JOB NAME \_\_\_\_\_

Date: \_\_\_\_\_

### **FALL CAUSES**

Think about this. The only way to be safe from falls is to avoid them! Avoidance is the key. Let's discuss a few of the factors that can contribute to a fall and their serious results. Some things to think about.

Ladders - Always select the right ladder for the job. Be sure it's the right size and tie it off. Did you inspect it before use? When you climb always face the ladder and Don't carry tools in your hands when climbing -- just a slip could make you fall -- Access tools with a hand line or use a pouch. And never stand on the top two steps.

Scaffolds - Never build a temporary scaffold. Even for just a very short time, scaffolds should be erected as if they are going to use it indefinitely. Be sure to install all the vertical and horizontal cross braces. Also confirm the scaffold is built on a level surface and fully decked. You need to provide proper access to the working platforms.

Stairways - Don't be in a hurry -- don't run up or down a stairway. Don't carry objects that block your view of the steps. Take your time, look where you step, and use the handrails. Keep stairways clear of tools, materials, trash or any tripping hazards.

Floor Openings - Any and all floor opening that measure 12 inches across or larger must be covered or protected by using a standard guard rail with toe boards. A cover must be large enough and strong enough to prevent failure. Secure and mark the cover to prevent a co-worker from picking it up and stepping into the floor opening. If no cover then guard rails must meet minimum strength requirements (See OSHA Standard 1926.500). Toeboards prevent tools or materials from falling through the opening and hitting workers below.

Housekeeping - A clean job is a safer job. Good footing is a positive step in avoiding a fall and good housekeeping is required to provide secure footing. Trash and debris, oil and water left to accumulate on stairs, walkway etc. will lead to a fall. Clean worksite is a safe worksite.

Watch where you step! Stay alert! Avoid contributory factors to prevent falls.

**BE ON THE LOOKOUT FOR SLIPPERY SURFACES AND WALKWAYS. WINTER'S FROST, SNOW & ICE INCREASE YOUR CHANCES OF SLIPPING**

### **SAFETY RECOMMENDATIONS:**

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JOB SPECIFIC TOPICS:

M.S.D.S. REVIEWED: \_\_\_\_\_

ATTENDED BY:

PRINT NAME

SIGN NAME