

September 2018

The Little Memo



Monthly publication of the Pilot Club of Patchogue • PO Box 1313 • Patchogue NY 11772
www.pilotclubofpatchogue.org

Linda Pickford - President

Ann Fitton – Editor

PRESIDENT'S MESSAGE

Life starts all over again, when it gets crisp in the fall.

Having spent my entire life centered around the school year, whether it was my own, or my children's or now my grandchildren's, September has always been a bittersweet time. Summer is so joyful, enjoying long days and hearing the laughter of children wherever you go. Then September comes with the school buses rolling and everything seems different. There's a hush in the air that can be lonely. But almost simultaneously there's an excitement with all the new beginnings for everyone. And once again, life is joyful. As I receive notices from each division's work and accomplishments, I feel the excitement of a new Pilot year beginning its generous and joyful works. And hearing about our neighboring clubs doing similar activities to offer help and solace to others reinforces that we are part of something larger and part of something wonderful. I hope each of you had time to relax and renew during this summer. But I know we are already rolling up our sleeves to do what we do best... Do More. Care More. Be More.

Linda Pickford
President

IMPORTANT REMINDER:

If you are **bringing a guest** or **cannot attend the business meeting**, please contact **Joann Neal** the day before the meeting.

Leave a message at 516 818-1515 or
Email joanneal237@gmail.com

ANNOUNCEMENTS

- Sep 5 Executive Board Meeting 6 pm
with all Division Chairs
Linda Pickford's home
1 Katie Drive
Medford
- Sep 13 Business & Program Meeting
Social 6pm, Dinner 6:30 pm
El Matador Restaurant 680 Route 112 Patchogue
- Program: Suffolk County Sheriff Dept. RE: Emergency Response Program
 - PI Ambassador (previously Sweetheart) recognized.
- Sep 29 Northeast Potomac District Fall Workshop
Courtyard by Marriott
Long Island MacArthur Airport
5000 Expressway Drive South, Ronkonkoma
- Guest Speaker – Robin Lombardo from Memory and Music
 - Service Project – Creating Pediatric Surgical Dolls to donate to CHOP and NYU in honor of Morgan Leary, a 10 year old female twin battling brain cancer
 - Sale of items at Fall Workshop's Market Place

From PRESIDENT-ELECT JOANN

We are continuing to work on our Founders Day Program and are compiling questions which will be used in a game we are developing. Hopefully, it will be an enjoyable evening for new and old members.

The Motto of Pilots is "True Course Ever"

Pilot colors are Green and Gold.

The first Pilot International President from outside the US was from the Bahamas and she brought an entire band from the Bahamas to perform for the International Dinner. Extra point if you know her name.

Questions-

How many States in the US have Pilot Clubs?

How many Countries in the world have Pilot Clubs?

When was our Club chartered?

Good Luck and Enjoy!

Joann Neal
President-Elect

From PIFF DIVISION

September will see us announcing our Pilot Ambassador for 2018-2019, so we hope to see everyone at our Business Meeting to share in the celebration! Also at our September meeting, you will get to meet Brian Stoothoff from the Suffolk County Sheriff's Department. Brian will be speaking about Project Lifesaver. If you have not heard about it, or want to learn more about it, you can go to projectlifesaver.org to do so. The Project Lifesaver GPS based bracelets have rescued over 3000 people to date. Brian was telling me that just recently a person was rescued in minutes right here in Suffolk County, thanks to a donated bracelet from the Pilot Club of Sayville.

We are writing an Emergency Response Grant to get 5 bracelets to donate to the Sheriff's Department as we speak!

Finally, we will be needing some volunteers for October 27 to help us to do some BrainMinders snippets at the Wellness Day at the Patchogue YMCA. We will have more information on this event soon. However, it is not too early to volunteer to get the BrainMinders word out to the children and families who will be attending the Wellness Day.

Joan Dunne and Eileen Swanberg, Co-Chairs

From FUNDRAISING DIVISION

Many thanks to the Pilots who have been meeting to sew and stuff our Snowmen and Witches for sale at the Fall NEPOT workshop. A picture of our snowman is available on our Facebook page.

The Pilot Club of Patchogue Yard sale is scheduled at Lynda Benanti's for October 13th, with a rain date of the 14th. Please try to bring items for sale early in the week so we have time to price them and to organize our displays.

Enjoy your Labor Day celebrations!

Gail B. and Jeanne W., Co-Chairs

From PROJECTS DIVISION

Dorothy and I attended a presentation at the Village Walk Assisted Living facility by former Wisconsin Governor, Martin J. Schreiber, on the challenges a caregiver faces when a loved one has Alzheimer's. He wrote a book, *My Two Elaines*, about his ten year journey with his wife afflicted with this disease. After the book is reviewed by several of our members, it may be appropriate for our gift to attendees at Day Haven's Annual Day of Renewal for Caregivers.

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Some talking points we took away:

- Let go of the person who once was and embrace who they are now
- Join them in the moment
- Caregivers become detectives figuring out how to bring joy in to the lives of loved ones
- Therapeutic “fibbing” is OK
- 35% of caregivers die before their loved ones
- Banish caregiver guilt
- Alzheimer’s is #6 of the top 10 killers
- Prayer – Persistence – Patience

“Instead of waiting for the storm to pass, learn to dance in the rain”

During the question and answer period, we were able to reach out to two caregivers and tell them about fidget blankets. Each was sent one today. We were also able to talk about Day Haven’s Adult Day Care and connect them to Lori Maldivir. As Dorothy said,

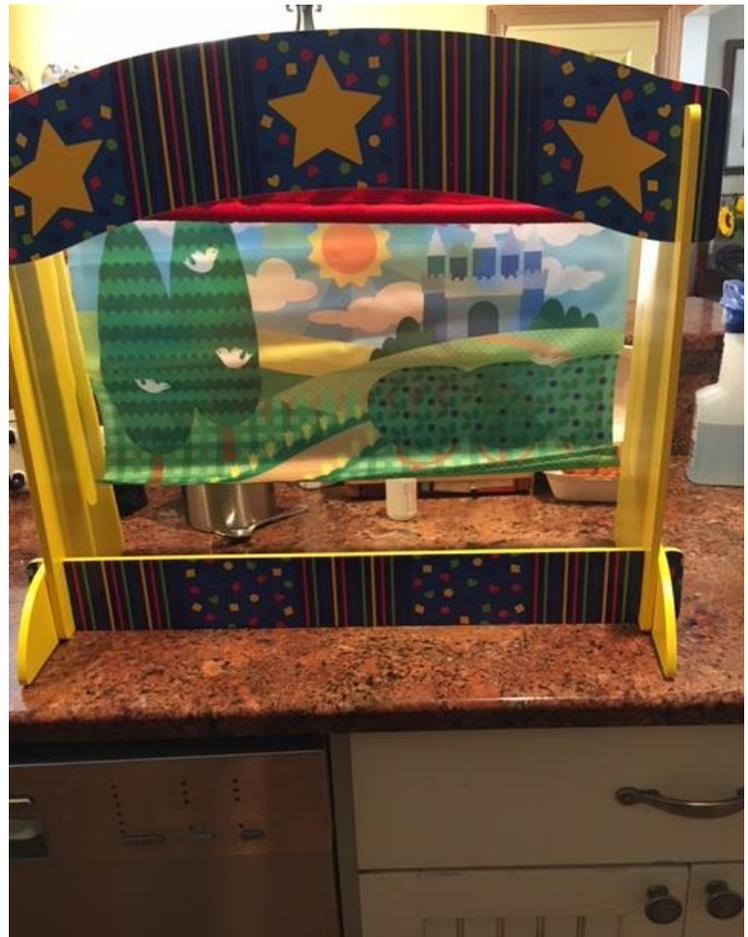
“We were where we were meant to be.”

Projects now has a tabletop Puppet Theatre. It will debut at Fall Workshop with a demonstration of the new snippets in the BrainMinders program.



One “Pick Me Up”, a Red Lobster gift certificate, was delivered this month to a Pilot who is giving long term care to her sister.

Dorothy and Sue, Co-Chairs





Anna Schilb from Projects Division delivers school supplies to Courtney at PMYCC.

From ANCHOR CLUB

Little could I foresee that volunteering to be co-coordinator of the Anchor Club for our Pilot chapter could become an experience of “trial by fire.” All kidding aside, I am excited to take on this position within our club. Having had experience with middle school and high school age young people, both teaching and being activities advisor, I felt I could use my past in this position. Linda Pickford, thankfully, was able to meet with the high school principal (in my stead - my summer obligations were very busy) to discuss the Anchor Club, its history and its place within the school and the community. Unfortunately, there is presently no high school advisor for our Anchor Club. I do hope that a PatMed HS teacher will graciously step up to assume this role.

Past events of the Anchors have included assisting our Pilot Club at the AHRC Dance in November, making and sending Valentine cards to our troops, and making lunches for the local soup kitchens.

We present 1/2 \$1000 Pilot Scholarships each year to graduating Anchors.

We want to support our Anchors, as well as have them participate in some of our activities. Some proposals we discussed are: an Anchor representative to attend 3-4 Pilot meetings per year, and Anchor volunteers at our Craft Fair, Wellness Fair, and local soup kitchens. I would like to investigate the possible involvement of our Anchors at Chamber of Commerce functions also, and the community at large.

Saturday, February 16, 2019, is our Anchor District Workshop. There will be a District fundraiser for this Anchor workshop at our Fall Workshop on September 29 also. A choice of two purses is going to be raffled off - a Michael Kors clutch or an UGG black suede hobo bag. Tickets are \$5 each. This raffle is open to Patchogue Pilots and their friends, and I will also be contacting the other chapters before the Workshop so all may participate.

Whew! And this in addition to being the District Co-Coordinator for Anchor. I look forward to a good year of growing and learning more about our own Pilot Club and our NEPOT.

Kathy Daly and Lisa Caselles, Co-Chairs

From MEMBERSHIP DIVISION

As President-Elect Joann has indicated, we are working on creating a fun event for our October meeting for all of our members.

Happy Birthday

Maryann Schick on September 16th

Bonnie Clavin on September 19th

Cathie O. and Eileen Sribnick, Co-Chairs

News from Long Island Community

Hospital:

- It's official! Brookhaven Memorial Hospital Medical Center is now Long Island Community Hospital. The New York State Department of Health has approved the name change.
- The Hospital serves 400,000 people in our communities.
- The Hospital is in production on new signage at the Long Island Community Hospital Amphitheater.
- Social media is being updated.
- After a rigorous hospital-wide review of its care and processes, the Hospital recently received accreditation from DNV GL Healthcare. Surveyors from DNV concluded that there were "zero non-conformities" across the organization. The Hospital conformed with all of the required standards. The examiners, who visit 60 to 70 hospitals a year, commented that this is a rare accomplishment by any hospital across the U.S.
- The Cardiac Cath Lab recently deployed the new CareLink Express Mobile (CLEM), a time saving device which enables the Hospital's electrophysiology device interrogation workflow. The CLEM was used for two interrogations making Long Island Community Hospital the first hospital in all of Long Island to successfully program and register an implantable loop recorder using the Linq Mobile Manager app. The CLEM is an iPad that is preloaded with apps from Medtronic which allows for effortless interrogation of patients' Pacemakers, Implantable Cardioverter Defibrillators, and Implantable Loop Recorders. The device expedites patient care by completing in minutes what used to take hours. Once the interrogation is complete, the report is

securely transmitted to Medtronic and faxed to the Cath Lab Holding Room.

Linda Tabatchnik

Thought For the Month:

"Volunteers are the only human beings on the face of the earth who reflect this nation's compassion, unselfish caring, patience, and just plain love for one another."

Erma Bombeck