

February 2019

The Little Memo



Monthly publication of the Pilot Club of Patchogue • PO Box 1313 • Patchogue NY 11772
www.pilotclubofpatchogue.org

Linda Pickford - President

Ann Fitton – Editor

PRESIDENT'S MESSAGE

As I recently posted on my Facebook page, “Good riddance to January, my least favorite month”. I’m not sure when I began to dislike winter, but as the years move on, I dislike it more and more. I’m not a fan of cold, snow, ice and short days. However, I remind myself that each day is a treasure and should be embraced as such.

When I retired almost five years ago, I had a difficult transition. I began working at 13 years old, raised four children, and ended my career as a school principal. To be retired gave me the feeling of being a slacker! In the beginning I found myself making long lists of things to do that seemed important or urgent. I knew this was ridiculous but I didn’t know how to slow down or give myself permission to be anything but totally productive. Over time I got involved with a number of worthwhile things to do with my new found time, and thanks to Susan Kahl, one of those was Pilot. I find what we do extremely rewarding and important. But I have also worked on slowing down and enjoying life. My new mantra is: “It’s good enough. I am good enough.” I find that a powerful reminder to take care of myself in both body and spirit. If you’re anything like me, I would extend kindness and understanding to anyone I knew, but I do not give myself the same. I would like to suggest we all remind ourselves that we are good enough!

So now, we move forward into February and our next stretch of lots of exciting and valuable Pilot activities. The Theater Party Benefit has become a favorite not only with our members, but many

others who happily participate and support our endeavors. At our next meeting on Tuesday, February 12th we will hear lots about how we will finish off this Pilot year with a bang.

Linda Pickford, President

ANNOUNCEMENTS

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| Feb 06 | Executive Board Meeting Linda Pickford’s home 1 Katie Drive Medford 6pm |
| Feb 12 | Business and Program Meeting Social 6pm Dinner 6:30 pm El Matador Restaurant 680 Medford Ave Patchogue |

IMPORTANT REMINDER:

If you are **bringing a guest** or **cannot attend the business meeting**, please contact **Joann Neal** the day before the meeting.

Leave a message at 516 818-1515 or
Email joanneal237@gmail.com

From FUNDRAISING DIVISION

Our biggest fundraiser every year is our Theater Benefit at Theater Three. This year we are viewing *Nine* on March 10th. This event has a past history of success based on the meal we serve, the raffle baskets and gift cards we auction off and, of course, the play itself.

The guests who return each year expect to purchase raffle tickets and to have a chance to win something. It is essential that we not disappoint them. Members are asked to contribute items for the raffle baskets. These items must be new or in new condition. Your donations will be assembled in baskets by the division. In the past, some members have donated completed baskets. These are greatly appreciated.

One way to secure raffle baskets without personal expense is to ask the business people whose shops you frequent to contribute a basket or a gift certificate. Bear in mind that we are a 501C3 organization, so their donations may be tax deductible.

This a great time to look for clearance items in many stores or to shop specials. Please bring all items to Cathy Fiebe's house by February 23rd to allow the division time to assemble the raffle baskets.

Two sign up sheets will be circulated at our next meeting. One will ask you what job you would like to have at the Theater Benefit. The other will ask for a food contribution for the bar and/or dessert. The cost is minimal.

You should all have received a flyer announcing the Theater Benefit. We hope you will share it with friends and family and encourage them to attend.

At our next regular club meeting, the Fundraising Division will ask you to consider some changes to our plans of work, intended to reduce out-of-pocket expenses now and in the future.

Right now, however, it is important that we all work together to insure the ongoing success of our Theater Benefit. The money we make at this event is essential to funding the approved plans of work of the club.

Gail B. and Jeanne W., Co-Chairs

From PIFF

Our committee has been working on getting our Pacesetters and Goals for Grants off to PI Headquarters this past month.

We are also gearing up for Brain Awareness Week, March 11-17, 2019. We will be having display tables with handouts from the Dana Foundation at Patchogue-Medford, South Country and Center Moriches Libraries this year.

The PIFF Scholarship deadline is fast approaching, so if you know of anyone who may be able to benefit from applying for a Scholarship, have them go the PI website (www.pilotinternational.org) to apply. Just a word of caution: although an applicant does not need to go through a club to apply, it would be in their best interest to have a Pilot review their application before they send it in.

Finally, we hope to get a date set to officially present the check to the Sheriff's Department for the Project Lifesaver transmitter bracelets. We will be sending out an email with the date, time and place of the event so that all Pilots who would like to attend can put it on their calendar.

Joan Dunne and Eileen Swanberg, Co-Chairs

From MEMBERSHIP DIVISION

The Membership committee is revising the new member tip sheet and working on a new member orientation program.

Happy Birthday

Lisa Caselles February 12

Joann Neal February 16

Anna Schilb February 23

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At our January meeting, we welcomed our newest member, Jody Scutari.



L to R: Kathy Daly (sponsor), Jody Scutari, President Lisa Pickford and Eileen Sribnick, Membership Co-chair

We were so pleased that our youngest member, Katie Caselles, took time out of her college vacation to attend our meeting. Katie told us that she is a member of a group of students traveling to India this summer and we look forward to hearing more about her plans for international service. Go Katie!!



Lisa and Katie Caselles listen to the initiation ceremony at the January meeting.

Cathie O. and Eileen Sribnick, Co-Chairs

From PROJECTS DIVISION

Linda Tabatchnik hosted the Project's planning session for the Mercy center craft and dessert night. Mercy Center is a home for female teens unable to live at home. They attend high school and college, work and participate in sessions to assist them in being successfully independent. This year the project will be a shadow box art and inspirational creation using nature materials. It will be followed by the traditional ice cream sundae!

Some examples of the shadow box art:



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April 6th is the date of the annual Day Haven Day of Renewal for Caregivers. We are still waiting for news about approval or not of the Pick Me Up grant application submitted in December. That outcome will determine the gift our Club gives to each participant.



There were 3 Pick Me Ups given this month.

The first was to a fellow Pilot in Pennsylvania who is caring for her sick husband. She received a \$50.00 gift certificate to O'Grady's Restaurant. Through the help of another PA Pilot, I was able to learn this is a favorite of hers.

The second went to a family in Medford whose son was in a serious car accident. They received a \$50.00 gift certificate to Tony's Pizza so they can do take out while traveling back and forth to the hospital in Port Jefferson.

The third went to a woman who taking care of a father and father-in-law, who both have cancer. The irony here is that this woman owns and runs a salon that gives free services to cancer patients every Monday. She received a gift certificate for \$50.00 to Bistro 25, which is a restaurant that is local to her home.

All gift certificates were paid by the Club.

Dorothy and Sue, Co-Chairs

Thought For the Month:

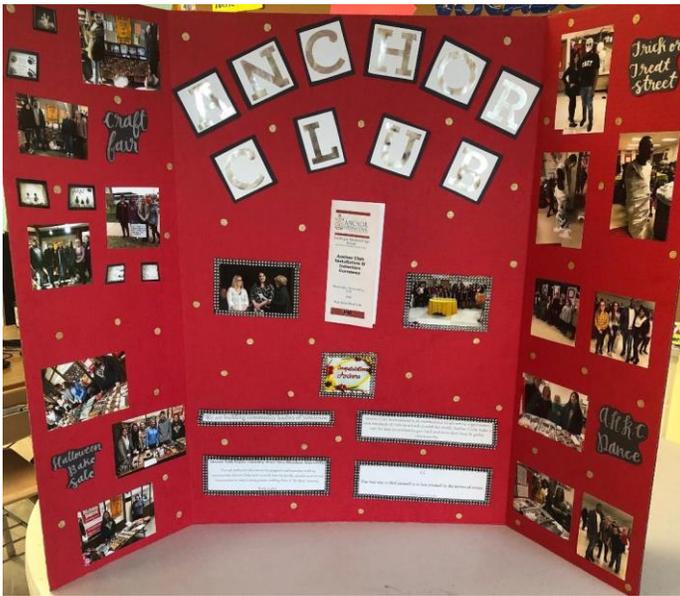
"How wonderful it is that nobody need wait a single moment before starting to improve the world."

- Anne Frank



January has been a quiet month for our Anchors. Colleen and Jenn had their Anchors construct a new trifold display for the Club, including pictures of their activities this school year and information about the club. Its first presentation was last night at the High School at 8th Grade Curriculum Night. Colleen let me know that there were a lot of interested parents at this event. Hopefully, our Anchor Club of 34 will increase in participants next year!

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Anchor Trifold Display

Earlier in the month, Jeanne Weingarten and Anna Schilb accompanied Sue Kahl and me to an Anchor meeting to share our new puppet program with them. The four of us presented several skits using the new puppets and “theater”. The Anchors enjoyed the acts, and showed an interest in getting involved in this program along with us. Sue and I plan on looking into some pre-schools that our Anchors may be able to perform the skits.

Kathy D. and Lisa, Co-Chairs

News from Long Island Community Hospital:

- The Hospital will soon open a Sexual Assault Forensic Examiner (S.A. F. E.) program in the Emergency Department. This vital program will provide victims of sexual assault a private, safe, friendly, and comfortable space that includes specially trained nurses to insure they get the help that they need in the way that they need it.
- The Hospital has partnered with the Vascular and Endovascular Surgery Division of Stony Brook Medicine. This clinical partnership allows for the delivery of the most advanced diagnostic and therapeutic vascular care services, including the full spectrum of vascular disorders. Vascular specialists will provide life-saving services at the

Hospital as well as a full complement of outpatient services at 100 Hospital Road. Patients will also have access to the Center for Vein Care.

- The Patient Safety Essentials Program focuses on safety at all levels of the Hospital, proactively addressing potential or actual safety issues, with the goal of promoting a safer healthcare environment for patients and employees.
- The Hospital has received the designation as a Lung Cancer Screening Center of Excellence by the Lung Cancer Alliance, joining a select group of 500 centers around the country. The Lung Nodule Clinic at 100 Hospital Road provides early detection of lung cancer through low-dose screening of 55 to 77 year olds who, because they meet certain criteria, are at a high risk for lung cancer. Patients, who are found to have nodules that may need surgical intervention, are referred to Cardiothoracic Surgeon, Dr. Tannous.
- The Hospital has received a \$100,000 NYS Workforce Development Grant to fund nurse education. The funds will be used to train 24 nurses in high-level sub-specialties including OR, Emergency Medicine and Critical Care. The goal is to advance the practice of nursing at Long Island Community Hospital.
- February is Heart Month. Go Red for Women is a nation-wide effort to help raise awareness of heart disease – the number one killer of both men and women.

