

Professional Resume

Personal Data

Name: Elizabeth Ann Keller
 APRN-BC, FNP, FPM-+.IP, LPC
 Address: 14400 Northbrook Dr. Ste. 210
 San Antonio, TX 78232

Telephone: (210) 704-1018
 Cellular phone: (210) 473-1619
 Email: lifemotivationssa@grmail.com

Summary

I am a certified psychiatric nurse practitioner in private practice. I serve child, adolescent and adult clients; especially in the following areas: bipolar, attention deficit, anxiety, depression, oppositional defiance, eating disorders, and addictions. I also am certified Family Nurse Practitioner with 27 years experience in primary health care, chronic pain management, women's health, natural hormone replacement, and health education, certified since 1983. I began public and professional lectures and support groups in 1997.

In May, 2003, I completed a Master's degree in counseling and became a Licensed Professional Counselor. I am also certified as a hypnotherapist through the International Hypnosis Federation.

My professional emphasis is on health education, patient empowerment and counseling in psychosomatic and chronic lifestyle disorders. Particular counseling emphasis is on such topics as weight loss, life purpose, healthy living, and relationships. I am bilingual (English/Spanish) after 12 years experience working in Latin America.

Education

Psychiatric Nurse Practitioner:

Completed certification in family mental health psychiatry as a nurse practitioner in May 2007 at the University of Texas Health Science Center-San Antonio. GPA: 4.0. ANCC certified on August 20, 2007. No. 2007004368.

Licensed Professional Counselor:

Masters of Science Degree in Counseling Psychology from Our Lady of the Lake University, San Antonio, TX in May, 2003. GPA 4.0 Hypnotherapist: *A.C. #19683*

Initially certified in hypnosis and communication at the Asociacion Internacional de Psicanica in Oaxaca, Mexico in March, 1991.

Most recent certification is with the International Hypnosis Federation, 2007.

Education, cont.**Family Nurse Practitioner:**

Masters of Science Degree in Nursing from the University of Missouri-Columbia in the Family Nurse Practitioner specialty. GPA 4.0 Thesis: "The Effects of Therapeutic Touch on Tension Headache Pain. " Degree awarded in August, 1983. ANA Certified: No. 049050-22. Registered Nurse:

Bachelors of Science in Nursing at the University of Missouri-Columbia. Graduated summa cum laude in May 1978. Current licensure: Texas, No. 521278.

Experience**Psychiatric Nurse Practitioner:**

Psychiatric Nurse Practitioner: February, 2010 to present: Private practice, Life Motivations. Working in psychiatry, family practice, and bioidentical hormone replacement. Also, offering workshops and lecturing.
Zeitgeist Wellness Group. March 2014 to present: Working as a psychiatric consultant.

Seeing psychiatric clients for a counseling agency.

Psychiatric Nurse Practitioner: February 2008-February 2010: Working in private practice at the Genesis Neuropsychiatric Center, full-time. Seeing child, adolescent, adult and geriatric patients.

Psychiatric Nurse Practitioner: October 2006 to: May, 2007: liaison consulting with Senior Psych Care for the nursing facility Lakewood Senior Living. Attended to a geriatric population.

Psychotherapist:

Life Motivations: May 2000 to present. Private practice psychotherapy and hypnotherapy and life coaching.

Alta Vista Healthcare: September, 2004 to October, 2009: Working with a workman's compensation population in the areas of work hardening and chronic pain management. Individual and group psychotherapy and biofeedback training utilized.

Internship: August 2002-January 2004. Worked part-time at St. Peter's & St. Joseph's Counseling Center under supervision to complete the LPC internship requirements. Saw clients, coordinated care, performed community visits.

Family Nurse Practitioner

Family Nurse Practitioner: February, 2010 to December 2010: Part-time position at NBH Lifetime health in natural hormone replacement and weight loss services.

Family Nurse Practitioner: August 1983-November 2009: at Alta Vista Health Care caring for the physical and mental well-being of a chronic pain population.

Experience, con't.

Family Nurse Practitioner at St. Mary's University, San Antonio. Oct. 2001-Oct. 2003.

Worked part-time while pursuing counseling degree. Attended to a college population for primary care and participated in health education programs. Supervising collaborating physician: Dr. Sandra Vasquez

Family Nurse Practitioner in Primary Health Care, 1996-2001

Was employed with Gamboa Family Practice Associates in a predominately Mexican-American population. Responsible as a primary care provider for an average of 20 patient visits per day. Briefly assisted Dr. Ariel Hernandez July-August 2001 and Dr. Robert Schultz August-December 2001.

Marylmoll Lay Missioner in Primary Health Care, 1989-1996.

Served in Oaxaca, Mexico as a Catholic medical missionary. Responsible for the development, funding, and coordination of an holistic health program. This program included an outpatient clinic, a health foods family cooperative and a health education center. Coordinated a 25-member staff: physicians, nurses, massage therapists, and counselors.

Maryknoll Lay Missioner in Nursing School Instruction, 1989-1991.

Served as Nursing Instructor at the LPN school "La Proteccion de la Joven". Subjects taught included Ethics, Psychology, and Primary Health Care/Health Education.

Medical Missionary for St. Luke's Parish, Archdiocese of San Antonio, 1986-1988.

Served in the Toluca area of Mexico with the Christian Cooperative Movement.

Established a primary care clinic for Otomi Indians in a remote village.

Developed a health education project in Malinalco.

Family Nurse Practitioner, 1985. Worked in primary health care at the St. Philip of Jesus Health Clinic and DePaul Family Center in San Antonio, TX

Registered Nurse:

Registered Nurse on Staff at the University of Missouri Hospital, 1978-1979 & 1981-1984. Initially worked in Surgical Intensive Care one year. Then, worked in Emergency Room and Rush Rehabilitation Center during graduate studies Peace Corps Volunteer in Honduras, 1979-1981.

In the first year, served as a head nurse for three wards in the Hospital del Sur, Choluteca, Honduras. In the second year, served as a public health nurse and started a Well-Child Clinic in the community cooperative, San Jose Obrero.

Articles and Publications

"Patellar Malalignment Syndrome in Runners," The Nurse Practitioner June, 1983.

"Therapeutic Touch: The Philosophy, Literature and Experience," Journal of Holistic Nursing, Spring, 1984.



The Commission on Certification grants

Elizabeth A Keller

the credential of

FAMILY NURSE PRACTITIONER
FNP-BC

valid from March 1, 2019 to February 29, 2024

Certification Number: 0049050



Stefanie Coffey, DNP, MBA, MN, FNP-BC, RN-BC

Stefanie R. Coffey, DNP, MBA, MN, FNP-BC, RN-BC
Chair, Commission on Certification

Rhonda Anderson DNSC(h), MPA, RN, FAAN

Rhonda Anderson, DNSC(h), MPA, RN, FAAN
President, American Nurses Credentialing Center



This ANCC certification is accredited by the National Commission for Certifying Agencies and the Accreditation Board for Specialty Nursing Certification.

The Commission on Certification grants

Elizabeth A Keller

the credential of

PSYCHIATRIC-MENTAL HEALTH
NURSE PRACTITIONER
PMHNP-BC

valid from August 20, 2017 to August 19, 2022

Certification Number: 2007004368



Mayola L Villarruel

Mayola L. Villarruel, DNP, ANP-BC, NEA-BC
Chair, Commission on Certification

Patricia Reid Ponte, RN, DNSC, NEA-BC, FAAN

Patricia Reid Ponte, RN, DNSC, NEA-BC, FAAN
President, American Nurses Credentialing Center



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