

**MASTER  
CLIVE HARRISON'S**



**FAMILY  
TAE KWON-DO**

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**1<sup>st</sup> Kup Theory**

**Choong-Moo Tul 30 Moves**

Choong Mo is the name given to Admiral Yi Sun Sin of the Yi Dynasty. Reputed to have invented the first armoured battleship, the Kobukson, a precursor of the present day submarine. The reason why this pattern ends with a left hand attack is to symbolise his regrettable death, having no chance to show his unrestrained potentiality checked by the forced reservation of his loyalty to the king.

**Blocks**

Front Inward Outer Forearm Block

X Knife Hand Checking Block

Twin Palm Upward Block

Ap Anuro bakket Palmok Makgi

Kyocha Sonkal Momchau Makgi

Sang Ollyo Sonbadak Makgi

**Additional Techniques**

Flying

Jumping

Twimyo

Twiggi