

**MASTER  
CLIVE HARRISON'S**



**FAMILY  
TAE KWON-DO**

7 Kings Hill, Kempsey, Worcester WR5 3LJ  
Mobile 07976 986439, email: [clive01@talktalk.net](mailto:clive01@talktalk.net)  
web site: [www.mchftkd.co.uk](http://www.mchftkd.co.uk)

**6<sup>th</sup> KUP THEORY**

**WON HYO PATTERN (28 MOVES)**

**Won Hyo was the noted Monk who brought Buddhism  
to the Silla Dynasty prior to his death in 686AD.**

**New Techniques**

Inward knife hand strike	anuro sonkal tirigi
Side punch	yop jiruji
Circular block	dollimyo makgi
X fist pressing block	Koyocha joomak noolyo makgi
Twin vertical punch	Sang sewo jirugi
Palm upward block	Sonbadak ollyo makgi
Waist block	Hori makgi
Side elbow strike	Yop palkup tirigi
Back kick	Dwit Chagi

**New Stances**

Closed ready stance "A"	Moa chumbi sogi "A"
Bending leg ready stance	Guburyo Sogi
Fixed stance	Gojong Sogi

**Two step sparring** Ebo matsogi

**Blue**

Blue signifies the Heaven towards which the plant grows into a towering tree as  
Taekwondo skills progress.