

**MASTER
CLIVE HARRISON'S**



**FAMILY
TAE KWON-DO**

7TH KUP THEORY

DO-SAN PATTERN (24 moves)

Do-San is the pseudonym of the patriot Ahn-Chang-Ho 1876-1938 who devoted his entire life to furthering the education of Korea and its Independent movement.

GREEN

The colour green symbolizes the plants growth as Tae Kwon-Do skills begin to develop.

NEW TECHNIQUES.

High section outer forearm block	nopunde bakkat palmok makgi
Straight finger tip thrust	sun sonkutt tulgi
Release from grab	jappyo sul tae
Wedging block	hechyo makgi
Back kick	dwit chagi
Reverse turning kick	bande dollyo chagi
Palm pushing block	sombadak mirro makgi

HAND PARTS.

Finger tip	sonkutt
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DIRECTION OF TECHNIQUES.

Inward	anuro
Outward	bakkuro
Upward	olloyo

SEMI FREE SPARRING

ban-jayoo mat sogi

Semi free sparring is practiced to prepare the student for free sparring by enabling them to use attack defence and counter attack moves in combinations of their own choosing over a set number of steps.

