- 4. FLOAT LIKE A INFLATABLE HUMAN BALLON AT A FIXED POINT BUT MOVING TO THE AIR 5. EAT WELL DRINK WELL
- 6. DO ALL BODY FULL RESETS ONCE A MONTH SEE MY BOOK 105 BODY RESETS
  - 7. SAY ACETATEHELLDOTSEND
  - 8. SAY ACETATEABYSSDOTSEND
  - 9. READ SOMETHING NEW ONCE A WEEK
  - 10. PRAISE YAHWEH THE ALMIGHTY RULER
    11. ASKDOTYA WHAT CAN BE DONE
    12. SLEEP WELL
  - 13. LOOK FORWARD TO THE FUTURE READ ABOUT TOMORROW'S WORLD ORDER 14. VISIT WWW.TWOFUTURE.WORLD