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A Beautiful Mind **N E V A D A**

We have an amazing team of therapists in Nevada who are currently welcoming new clients. They support individuals aged five and up, creating a warm environment for growth and healing. They specialize in assisting with anxiety, behavioral issues, and relationship challenges, guiding clients on their wellness journey.



To learn more, verify insurance, or schedule an appointment, use the contact form at abeautifulmindlv.com or call 702-680-7623.



N E V A D A

What services do we offer?

- **Psychotherapy/Counseling:** Therapy sessions for individuals, groups, and families to explore feelings and develop coping strategies.
- **Psychiatric Evaluation:** Assessments by licensed professionals to diagnose mental health disorders and create treatment plans.
- **Crisis Intervention:** Immediate support for mental health crises, including emergency evaluations and stabilization.
- **Psycho-education:** Workshops and resources to increase awareness of mental health conditions and coping strategies.
- **Brief Solution Focused Therapy:** A goal-oriented approach emphasizing present solutions and client strengths for change.
- **Telehealth Services:** Remote therapy options for those preferring home-based services for clients ages 6 and up

Some of our areas of expertise encompass treating:

- Depression
- Anxiety Disorders
- Bipolar Disorder
- Obsessive-Compulsive Disorder (OCD)
- Post-Traumatic Stress Disorder (PTSD)
- Attention-Deficit/Hyperactivity Disorder (ADHD)
- Marriage & Family Issues
- Adjustment Disorder
- Self-Esteem Challenges
- Chronic Stress
- Grief
- End of Life Support

We treat clients of all ages and backgrounds with the utmost respect and without judgment. Everyone is welcome here, and we are committed to creating an inclusive environment for all.



BlueCross
BlueShield



United
Healthcare



OPTUM

MINES
& ASSOCIATES



Health Plan of Nevada
Sierra Health and Life
A UnitedHealthcare Company

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