





## A Beautiful Mind TENNESSEE

We have an incredible team of therapists in Tennessee who are currently accepting new clients. They provide support for individuals aged five and older, fostering a nurturing atmosphere for growth and healing. Their specialties include addressing anxiety, behavioral challenges, and relationship issues, as they guide clients on their path to wellness.



To learn more, verify insurance, or schedule an appointment, use the contact form at abeautifulmindly.com or call 702-680-7623.



## What services do we offer?

- Psychotherapy/Counseling: Therapy sessions for individuals, groups, and families to explore feelings and develop coping strategies.
- Psychiatric Evaluation: Assessments by licensed professionals to diagnose mental health disorders and create treatment plans.
- Crisis Intervention: Immediate support for mental health crises, including emergency evaluations and stabilization.
- **Psycho-education**: Workshops and resources to increase awareness of mental health conditions and coping strategies.
- Brief Solution Focused Therapy: A goal-oriented approach emphasizing present solutions and client strengths for change.
- Telehealth Services: Remote therapy options for those preferring home-based services for clients ages 6 and up









Illinois













## Some of our areas of expertise encompass treating:

- Depression
- Anxiety Disorders
- Bipolar Disorder
- Obsessive-Compulsive Disorder (OCD)
- Post-Traumatic Stress Disorder (PTSD)
- Attention-Deficit/Hyperactivity Disorder (ADHD)
- Marriage & Family Issues
- Adjustment Disorder
- Self-Esteem Challenges
- Chronic Stress
- Grief
- End of Life Support

We treat clients of all ages and backgrounds with the utmost respect and without judgment. Everyone is welcome here, and we are committed to creating an inclusive environment for all.