



I Need 2 Know: **Suicide Prevention Training**

This program is appropriate for anyone interested in how to help save lives.

INK was designed specifically for tattoo artists, cosmetologists and other individuals who have clients in chairs; However, in reality, if you have contact with people this program is for you. According to the CDC (June 2018), suicide is the leading cause of death. It will take all of us, working together, to change this.

This training will help you develop **active listening skills** so that you be more aware of someone who is in crisis. You will discover how to better help someone at risk for suicidal behaviors. You will leave this training with **resources** that can help you, help the people in your life.

You can expect the program to cover:

- *Using Your Influence to Save Lives*
- *Language, Statistics, & Myths about Suicide*
- *Warning Signs & Risk Factors*
- *Intervention*
- *Helping in the Aftermath of Suicidal Behaviors*
- *Suggested Protocol High-Risk Situations*
- *Resources*

This is a **FREE 2 hour Training**

Materials & a Meal will be Provided

Donations to cover meals are accepted, but not expected.

For More Information or To Register a Group:

Suanna Wingfield, MSE, LCPC
Facilitator

Patrick T. Cummings, Life Coach
Co-facilitator

702-793-4493 (office)

