## DISHES AND THEIR ALLERGEN CONTENT - ANCIENT TECHNOLOGY CENTRE - OUTDOOR EDUCATION SERVICE

| DISHES | 気的 |  |  | $\sqrt[m]{\infty}$ |  |  |  | (a) |  |  | osio |  | $088$ | $\Theta^{\text {m }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | $\begin{gathered} \text { Cereals } \\ \text { containing } \\ \text { gluten } \end{gathered}$ | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame | Soya | Sulphur Dioxide |
| Viking Stew (Lunch \& Dinner) | $\checkmark *$ | $\checkmark *$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ |
| Viking Bread | $x$ | $\checkmark$ | $x$ | $x$ | $x$ | $x$ | $\checkmark *$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ |
| Viking Cheese | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ | $\checkmark$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ |
| Viking Butter | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ | $\checkmark$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ |
| Viking Chicken | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ | $\checkmark *$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ |
| Breaktast Cereals | $x$ | $\checkmark$ | $x$ | $x$ | $x$ | $x$ | $\checkmark$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ |
| Breakfast Toast | $x$ | $\checkmark$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ |
| Hot Chocolate | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ | $\checkmark$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ | $x$ |

*These Allergens can be removed from the dishes please discuss in your planning meeting.

