

Lunch

Served 9am-close Tuesday-Saturday

Check out our daily homemade soups and specials!



Sandwiches

Served with chips and a fresh cookie. ADD a cup of soup, pasta or potato salad, or a small green salad (\$1.95)

- ★ **Deli Basic**- choose from turkey, ham, roast beef, tuna, or curry chicken salad with lettuce, tomato, mayo, spicy mustard on sourdough...\$9.50
- ★ **TAB**- turkey, avocado & bacon on sourdough...\$10.95
- ★ **BLTA**- bacon, lettuce, tomato & avocado on grilled squaw...\$9.95
- ★ **Curry Chicken salad**- on grilled raisin bread...\$8.95
- ★ **Traditional Club**- turkey, ham, bacon, cheese, lettuce & tomato...\$11.50
- ★ **Croissant Club**- turkey, bacon, cheese, avocado & sprouts on a grilled croissant...\$11.50
- ★ **Vegetarian**- avocado, cheeses, sprouts, red onion, tomato, cucumber, lettuce, spinach & cream cheese...\$10.95
- ★ **Italian**- Sliced ham, salami, provolone, lettuce, tomato, red onion & italian dressing on a grilled french roll...\$10.95

★ Half Sandwich Combo \$9.95

Choose one with soup, pasta or potato salad or a small green salad.
Served with chips and a cookie

Grilled Sandwiches

Served with chips and a fresh cookie. ADD a cup of soup, pasta or potato salad, or a small green salad (\$1.95)

- ★ **Grilled Cheese**- melted cheese with bacon and tomato...\$8.95 add avocado...\$2.00
- ★ **Basil Garlic Turkey Melt**- with provolone, tomato, red onion, basil spread & mayo...\$11.50
- ★ **Philly**- grilled roast beef, pepperjack, peppers, onions, mushrooms & creamy horseradish...\$11.50
- ★ **Grilled Chicken Breast**- with bacon, provolone, red onion, lettuce, tomato, mayo & spicy mustard...\$10.95
- ★ **Tuna Melt**- albacore tuna salad with your choice of cheese...\$10.95
- ★ **Cheeseburger**- ½ lb. classic with cheddar...\$9.45 add bacon...\$1.00 add avocado...\$1.00
- ★ **Patty Melt**- with grilled red onions, american, thousand island dressing on grilled sourdough...\$11.50

Wraps...\$10.95

Served with chips and a fresh cookie. ADD a cup of soup, pasta salad, or a small green salad (\$1.95)

- #1- Turkey, bacon, cheddar, avocado, lettuce, spinach, tomato and ranch dressing
- #2- Grilled chicken, bacon, avocado, cheddar, red onion, lettuce, spinach, tomato & ranch dressing
- #3- Tuna salad, avocado, bacon, cheddar, lettuce, spinach & tomato
- #4- Turkey, avocado, red onion, sprouts, lettuce, spinach, tomato & pesto cream cheese
- #5- hummus, avocado, red onion, sprouts, lettuce, spinach, tomato, black olives, peppercinis (vegan option available)

Salads

Choose your dressing from... poppy seed, ranch, bleu cheese, thousand island, balsamic vinaigrette, italian

- ★ **Garden Fresh**- mixed greens with egg, tomato, cucumber & cheese...\$6.50
- ★ **Classic Cobb**- Chicken, bacon, egg, avocado, tomato & bleu cheese crumbles...\$9.95
- ★ **Greek**- feta, olives, red onion, peppercinis, cucumber & tomato...\$8.45 add chicken...\$1.50
- ★ **The Spring Mix**- candied walnuts, raisins, feta, green onions & tomato tossed in vinaigrette...\$8.45 add chicken...\$1.50
- ★ **Chefs**- turkey, ham, cheese, egg & tomato...\$8.45
- ★ **The Scoop**- tuna or chicken salad with egg, cucumber, tomato & mandarin oranges...\$8.95
- ★ **Spinach**- bacon, egg, toasted almonds, jack cheese, red onion & tomato...\$8.45 add chicken...\$1.50

Just for kids Under 12 please...\$6.95

Comes with your choice of chips, or mandarin oranges, a cookie, and a drink

● Cheese burger

● Grilled Cheese

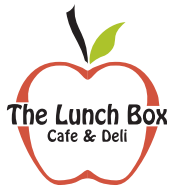
● Cheese Quesadilla

Thank you for joining us ❤️

Breakfast

Served 7:30am-11:30am Tuesday-Friday... all day Saturday

Ask about our daily specials!



Main Courses

Served with choice of potatoes or fruit (+\$1.00)

& toast or muffin or biscuits and gravy

Two eggs...\$8.50

(4) Bacon & two eggs...\$12.50

(2) Sausage patty & two eggs...\$12.50

Ham steak & two eggs...\$12.50

Corned beef hash & two eggs...\$12.50

Omelettes...\$12.95

Served with your choice of potatoes or fruit (+\$1.00) &

toast or muffin or biscuits and gravy

La Mesa...Bacon, avocado, tomato, mushroom & cheese

Denver... Sauteed onions, bell peppers, mushrooms, ham & cheese

Spinach...Fresh spinach, tomato, bacon, mushroom & cheese

Comfort...Sauteed mushrooms, cheese & avocado, topped with sour cream

Vegetarian...Mushroom, tomato, fresh sauteed spinach, red onion, zucchini & feta cheese

Meat lovers...Ham, bacon, sausage & cheese

Down South

Breakfast Burrito...\$9.95

Eggs, bacon, avocado, potato & cheese

Vegetarian or Vegan Burrito...\$9.95

Black beans, soyrizo, avocado, bell peppers, onions, potato & cheese

Huevos Rancheros...\$10.95

Corn tortillas, eggs, cheese, salsa, green onion, avocado & sour cream.... Served with potatoes

Ortega Chili Scramble...\$11.50

Ortega green chiles scrambled in eggs, topped with pepper jack cheese, bacon & avocado with potatoes & toast

Machaca...\$11.50

Shredded beef, green peppers & onions scrambled in eggs, served with potatoes, corn tortillas, salsa & avocado

Chilaquiles...\$9.95

Corn tortilla strips simmered in salsa, scrambled in eggs, topped with cheese and avocado, with potatoes and tortillas

Drinks

Coffee and Hot tea...\$2.50

Iced tea...\$2.95 (free refills)

Milk...\$1.95 \$3.50

Smoothies...\$4.95

Hot chocolate...\$3.25

Fountain soda...\$2.95 (free refills)

Juice...\$1.95 \$3.50

Orange, Apple, V8

Iced Mocha...\$3.95

Sunrise...\$3.95 Orange & pineapple juice, with grenadine over ice

Others

Country benedict...\$11.50 (1/2 order)...\$7.50

Grilled english muffin topped with sausage patties, scrambled eggs & gravy with potatoes

Power Breakfast...\$7.95

Fresh sauteed spinach, grilled turkey, egg whites & swiss cheese on multigrain toast with a side of sliced tomatoes

Avocado Toast...\$6.95

Mashed avocado on multigrain toast(2) salt & pepper, add a side of bacon slices or an egg(\$1.50)

Oatmeal...\$6.95

Served with butter, brown sugar & toast

Breakfast Sandwich...\$8.50

Choose from bacon, ham, or sausage with 2 eggs & cheddar or pepper jack cheese on a croissant

Spinach Croissant...\$8.50

Fresh sauteed spinach, 2 eggs, bacon, provolone & tomato on a grilled croissant

Sweets

Pancakes...

Buttermilk... (2) 4.95 (3) 6.50

Blueberry... (2) 5.95 (3) 7.50

Banana Pecan...(2) 5.95 (3) 7.50

French Toast...\$5.95

2 thick slices topped with butter & powdered sugar

Stuffed French Toast...\$6.50

Filled with cream cheese & topped with raspberry sauce

Waffle

With butter and powdered sugar...\$6.50

With fresh strawberries and whipped cream...\$7.95

With Bananas and chopped pecans...\$7.95

Sides

Ham, bacon or sausage...\$3.95

Eggs...(1) \$1.75 (2) \$3.35

Cottage cheese...\$2.45

Seasonal fruit cup...\$2.95

Avocado...\$2.00

Biscuits and gravy...\$3.95

Toast...\$1.75

Sub egg whites...\$1.50

Other sides available upon request

Just for kids (Under 12 please)...\$6.95

With a choice of small milk or juice

#1-Choice of pancake or french toast & bacon or sausage

& one egg

#2- One egg, toast & potatoes

#3- diced ham scrambled in eggs with cheese, toast & potatoes

Make it a combo
Choose one sweet & add
eggs & bacon or sausage
for \$3.95 extra

Thank you for joining us