

38th ANNUAL FREMONT ADULT SOCCER TOURNAMENT August 1st & 2nd, 2026

Dear Team Manager:

The following forms, rules and other information for the 38th Annual Fremont Adult Soccer Tournament are attached.

- **Maps**

The Fremont Tournament will be played at the Central Park Soccer Complex, 1110 Stevenson Boulevard, Fremont. Fields 9 and 10 are artificial turf.

- **Tournament Registration Info & Tournament Format**

No ID is required at registration, but players must have ID available at all times to prove eligibility.

- **Tournament Rules**

It is the Team Manager's responsibility to read and obey the tournament rules, and to ensure all their players do the same.

- **Team Roster and Agreement & Release from Liability**

Please have your players read the Tournament Rules and Agreement & Release from Liability prior to signing the Team Roster.

- **Tournament Team List and Game Schedule**

Your team's first game on Saturday and Sunday is either at 8:00 or 9:30 a.m.

We hope you and your team have a great time playing in this year's tournament!
Please call or email if you have any questions.

Tournament Committee, Fremont Adult Soccer Tournament
Phone: (510) 673-3888--Jackie or, (510) 918-3980--Marian
Email: FremontSoccerTournament@gmail.com
Website: www.FremontAdultSoccer.com

~ Profits from this tournament benefit our local high school soccer programs ~

**38th ANNUAL FREMONT ADULT
SOCCER TOURNAMENT** August 1st &
2nd, 2026



The tournament location: Central Park Soccer Complex
1110 Stevenson Boulevard, Fremont

Parking can be accessed from any one of three entrances on Stevenson Boulevard.

You can also park in the School for the Deaf parking lot on Gallaudet, just across Stevenson Blvd from the soccer fields.

Central Park Sports Complex

Fremont, CA

★ Tournament Headquarters

R = Restrooms

Parking A: Fields 1, 2, 3, 4

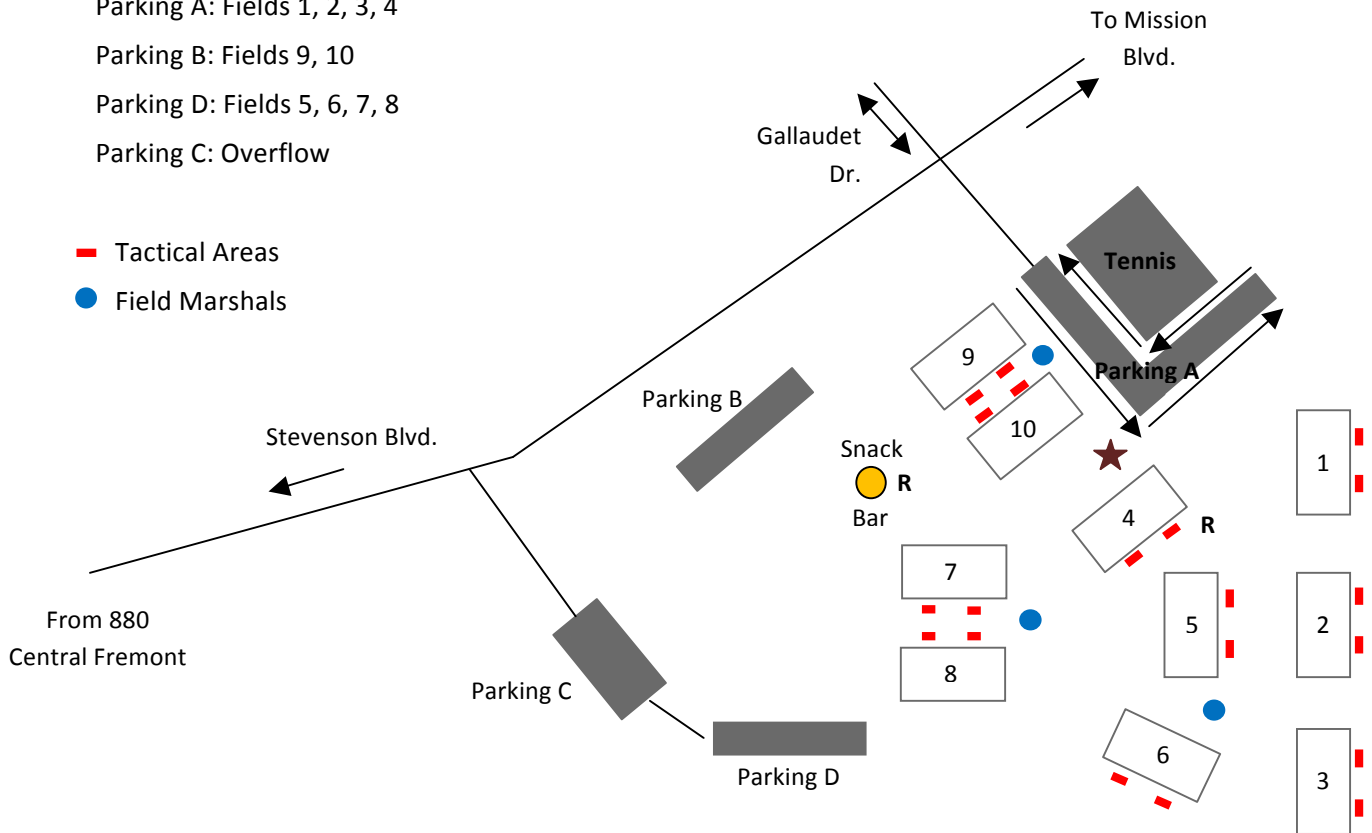
Parking B: Fields 9, 10

Parking D: Fields 5, 6, 7, 8

Parking C: Overflow

— Tactical Areas

● Field Marshals



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TOURNAMENT REGISTRATION INFO

Registration will begin at 7:00 a.m. on Saturday. **Team Representatives must submit their team rosters by 10 pm Thursday night!** All participants must sign the roster to indicate they have read the Tournament Rules and Agreement and Release from Liability and agree to its contents. Signatures can be collected in advance or on Saturday morning when they check in. Please have your players read these documents prior to signing the roster. You can direct your players to our website, www.fremontadultsoccer.com to review the information prior to the tournament.

Please note: To expedite the registration process, we **do not** require players to show ID at registration. Random ID checks will be performed. All tournament participants must produce valid, physical identification (Drivers License or ID cards...**NOT** a picture on their phone) upon request by tournament officials. ***Be sure that your players have their physical ID available to produce upon request.***

TOURNAMENT FORMAT

Saturday's games will be round-robin, with point totals accumulated from Saturday's games used to seed teams for Sunday's single-elimination. See Tournament Rules for point scoring.

All games will be 30-minute halves with a 5-minute halftime.

Awards will be given to the 1st place team in each division.

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TOURNAMENT RULES

Tournament rules and regulations will be according to FIFA rules with these exceptions:

1. **Eligibility:** For all divisions except Open and Masters Divisions, male players must be at least 30 years of age and female players must be at least 25 years of age by December 31, 2026.

Open Division: All players must be at least 18 years of age by the date of the tournament.

Masters Division: Male players must be at least 40 years of age and female players must be at least 35 years of age by December 31, 2026.

The Team Roster must be submitted by 10 p.m. Thursday night, July 30th!

Players may be added to the roster up to the maximum of 25.

Players may be added to the roster until the end of the team's first game on Sunday.

Any team playing an ineligible player will be **eliminated** from the tournament.

Any question regarding a player's eligibility shall be brought to the attention of the referee and will be resolved by the tournament committee.

2. **Proof of Age:** Players must be able to prove age at all times during the tournament. To prove age, a player must have available a physical current (non-expired driver's license or legal picture ID card with name and birth date).
3. Team rosters are limited to a maximum of twenty-five (25) players.
4. A player's name may only appear on one team roster in an age division (Open, Over 30, Masters).
5. All games shall be 30-minute halves with a 5-minute halftime.
6. The designated home team (listed first) has preference if there is a color conflict. Bring an alternate colored shirt in the event of a color conflict.
7. Home team will provide the game ball.
8. Out of the 10 field players, 5 must be women. If a woman is injured with no other women substitutes, the team must play short.

9. Teams must have at least seven players, one of which is a woman, within 10 minutes of the start of the game, or forfeit.
10. Referee will start the game clock precisely at the scheduled game time.
11. Shin guards are mandatory. Players without proper equipment will not be allowed to play.
12. Women take all penalty kicks from the penalty spot.
13. Goalkeepers cannot be charged while in possession of the ball.
14. No slide tackling.
15. No charging the women. The 50/50 rule shall be observed: a male player must yield possession to a female player on a 50/50 ball.
16. Women may use their hands and arms to protect their chests as long as they keep them close to their body and do not attempt to use them to direct the ball.
17. Decisions of the referees are final; protests will not be accepted.
18. Any player issued a yellow card must spend five minutes on the sidelines. However, a substitution may occur.
19. Any player issued a BLUE card must spend 10 minutes on the sidelines and “NO SUBSTITUTION” is allowed. The temporary dismissal is for **any** dissent by word or action toward a referee. In this tournament a DOGSO will be issued a blue card.
20. Any player issued a **RED CARD** will be **EJECTED** from the tournament!!! No substitution for the ejected player is allowed in that particular game. Two yellows equal a red! Play smart. The referee has the discretion to allow the ejected player to remain on the grounds during the remainder of the game. If the referee determines that the game cannot continue with the ejected player on the grounds, the referee will immediately notify the ejected player’s team captain, and the player will have 5 minutes to leave the tournament area. If the player refuses to leave, or has not left within the 5 minute time period, his or her team will automatically forfeit the game. The team may play at full compliment in subsequent games unless there is another red card issued during subsequent games and then the above process begins anew.
21. NO ALCOHOL will be consumed during the tournament. Players found drinking may be disqualified from the tournament.
22. **There will be ZERO tolerance for any aggressive behavior toward the referees or other players.** Fighting, threatening or assaulting a referee, linesman, or another player is an automatic ejection from the tournament. Violent play will not be tolerated and will result in a red card. Please come to this tournament prepared to have fun.
23. It is the responsibility of the coach, manager, or team captain to control his or her players and associated spectators. The referee shall consider all associated spectators as part of the team and will hold them responsible for all game and

tournament rules. At the sole discretion of the referee, violations by associated spectators may result in the issuance of a yellow or red card to the team's captain.

23. After each game, both team captains must initial the final score on the game card. The Field Marshal or referee shall bring the game card to the scorer's table immediately.

24. Tournament Scoring:

- 6 points for a win
- 3 points for a tie (except if tied 0-0, each team receives 4 points)
- 1 point for a shut-out
- 0 points for a loss
- 1 point for each goal scored (3 points maximum)
- 8 points for a forfeit (scored as a 1-0 game)
- 1 point subtracted from a team's point total if a player receives a red card
- Maximum points: win=10, tie=6, loss=3

25. Sunday's games will be single elimination. All ties will be determined by shoot-out.

Shoot-out procedure:

- a. Each team will designate three women and two men from the players still on the field at the end of the game. Those players will then alternate taking penalty kicks using the following sequence: A women from team 1, a woman from team 2; a man from team 1, a man from team 2, a woman from team 1, a woman from team 2 and so on. The team with the most goals after completing all five of their kicks is the winner.
- b. In the event of a tie after the shoot-out described above, the game will be decided by a sudden death shoot-out. Each team will designate any three women and two men from its team to take alternating kicks in the same sequence described above as needed to determine the final winner.

25. If a team, in the opinion of the referees, has received numerous yellow and/or red cards in the course of the tournament and has been judged to be playing in a violent and overly aggressive manner, the referees have been instructed to bring it to the attention of the tournament committee. The tournament committee will confer with the referees and will either issue a warning to the offending team or eliminate the team from being able to play in the championship game should the team otherwise so qualify.

26. Sunday's Championship Games (30 min. halves):

- a. If tied at the end of regulation play, the game will be decided by a shoot-out.

27. **Anything not covered** by the published rules will be decided by the tournament coordinators, tournament committee, or the referee coordinator.

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2nd, 2026**

TEAM ROSTER

| | |
|---------------------|--------------|
| City | Team Name |
| Team Representative | Phone/E-mail |

| | Print First and Last Name | Signature * | Birthdate | ID ✓ |
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- * Signature indicates that the player:
- Has read and agrees to abide by the Tournament Rules
 - Has read and agrees to the Release of Liability (reverse side of this page)

FREMONT ADULT SOCCER TOURNAMENT and
OLD SUNDAY STUMBLERS SOCCER LEAGUE (OSSSL)

AGREEMENT & RELEASE FROM LIABILITY

ALL PLAYERS MUST READ AND SIGN!

I acknowledge that I have voluntarily applied to participate in one or more soccer games in the Fremont Adult Soccer Tournament.

I recognize that this is a strictly recreational tournament and that I am expected to play for the fun of the game. Further, I recognize that I have primary responsibility for my participation in and conduct during this tournament.

I recognize that soccer is a contact sport, that the fields where we play sometimes have defects, that there is a wide range of skill levels, and that these and other factors may represent a danger to me. I recognize that injuries do sometimes occur during the course of play and that neither the OSSSL, its officers, its referees, the field owners, nor any other affiliate can prevent the injuries. I acknowledge that there is no insurance that covers medical expenses for any player or official that may be injured during the course of these soccer games and related activities.

As consideration for being permitted by the OSSSL or one of its affiliated organizations to participate in these soccer games and related activities, I hereby agree that I, my assignees, heirs, distributees, guardians, and legal representatives will not make a claim against, sue or attach the property of the OSSSL, its officers, its referees, and any other affiliate as well as any public or private property owner on whose fields games are held for any injury or damage resulting from negligence or other acts, howsoever caused, by any player agent or contractor of the OSSSL as a result of my participation in soccer games. I hereby fully release the OSSSL, its officers, its referees, and any other affiliate as well as any public or private property owner on whose fields games are held from all actions, claims or demands that I, my assignees, heirs, distributees, guardians and legal representatives now have or may hereafter have for injury or damage resulting from my participation in soccer games.

I AM AWARE THAT SOCCER GAMES ARE A HAZARDOUS ACTIVITY. I AM VOLUNTARILY PARTICIPATING IN THIS ACTIVITY WITH KNOWLEDGE OF THE DANGER INVOLVED, AND HEREBY AGREE TO ACCEPT ANY AND ALL RISKS OF INJURY OR DEATH. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN THE OSSSL AND/OR ITS AFFILIATED ORGANIZATIONS AND SIGN IT OF MY OWN FREE WILL.

My signature on the front of this form indicates that I have read the above contract and agree to its contents.

