



Nancy Akins Scroggins

CLASS OF 1983

Nancy Akins Scroggins is a 1993 graduate of Point Pleasant High School. During high school Nancy was a member of the Keyette Club, Latin Club, played girls basketball and was a cheerleader. Nancy's involvement as a volunteer at Point Pleasant Hospital inspired her to become a nurse.

Nancy received her BSN at Trenton State College, NJ, in 1987 and her MSN as a Critical Care Clinical Nurse Specialist at the University of Texas Health Science Center, in Houston, TX in 1996. She is a member of the American Association of Critical Care Nurses, Sigma Theta Tau, National Society of Critical Care Medicine, the Greater Houston SCCM and the American Society for Artificial Internal Organs. Nancy is considered an expert in the management of critically ill cardiovascular patients.



Currently, Nancy works at St. Luke's Episcopal Hospital in Houston, TX as the Cardiac Assist Device Advanced Practice Nurse and assists in the management of heart failure patients who need mechanical assist devices including the Total Artificial Heart. Nancy has also facilitated the establishment of an inpatient heart failure program, including the development and implementation of structured care methodologies. She has developed APN protocols to independently medically manage heart failure and device patients. This has led to improved patient care and significant cost savings. She has published multiple manuscripts, most recently in Critical Care Nursing Clinics of North America. Additionally Nancy speaks locally, regionally and nationally on multiple cardiology topics, with a recent appearance at the Mayo Clinic in Rochester, MN. She has mentored staff nurses, case managers, undergraduate and graduate nursing students and nurses throughout the community to improve the quality of nursing care of critically ill patients. Nancy was awarded the Texas Nurses' Association Award for Nursing Excellence in November 2000.

Nancy is the daughter of Richard and Kathleen Akins of Point Pleasant and the granddaughter of the late Richard L. and Dorothy Ruppel of Neptune City and the late Genevieve and Walter Akins of Bradley Beach. Nancy enjoys running and has competed in the 1998 Houston Marathon and the 2001 Chicago Marathon.

Nancy and her husband Kevin have been married for ten years and live in Houston, Texas.