

# INTENSIVE PERSONALIZED PROGRAM FOR DAILY LIVING WITH CANCER AS A CHRONIC DISEASE

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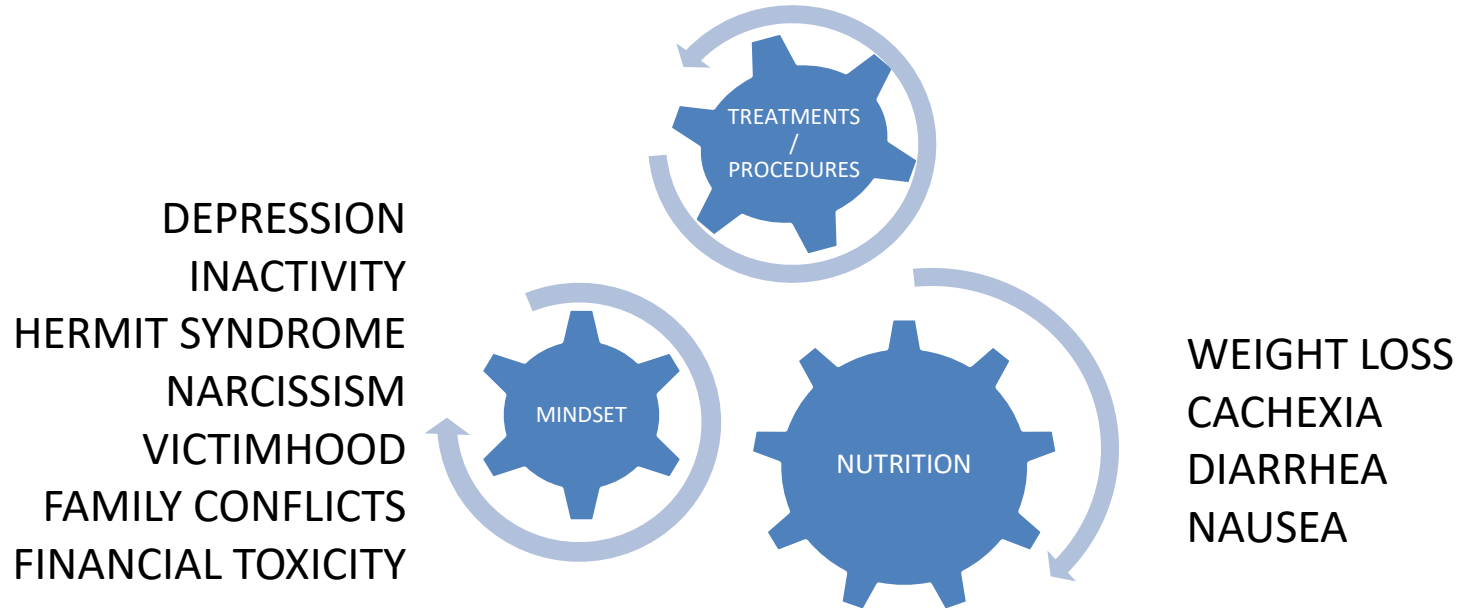
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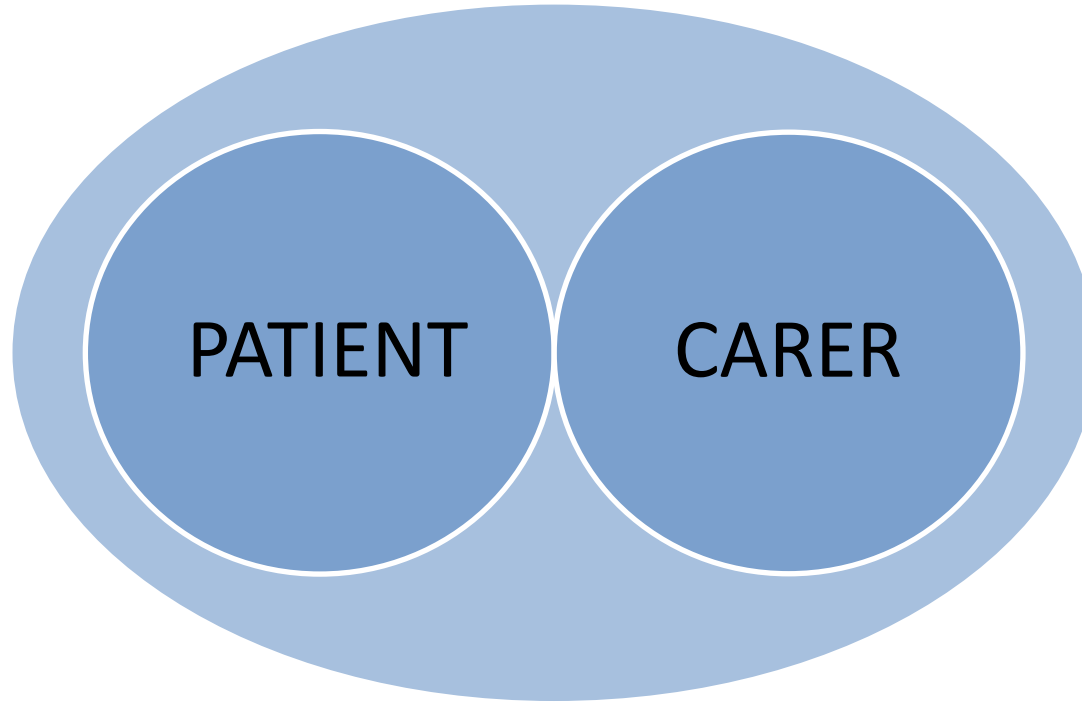
#worldnetlives 

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# NEN Patient Reality



# NEN Patient Unit



- GETS A LOT OF ATTENTION
- FLOWERS
- CAKES
- BALOONS
- HOW ARE YOU

WHO TAKES CARE OF THE CARERS?

CARERS GET:

- EXHAUSTED
- LONELY
- FEELINGS OF GUILT
- LITTLE COMPASSION

# “PEBBLE” PROGRAM GOAL



***NEED TO WORK WITH THE PATIENT UNIT FOR MUTUAL  
SUPPORT, COHESION AND LONG TERM QUALITY OF LIFE***

# “PEBBLE” PROGRAM MAP



*NEED TO WORK WITH THE PATIENT UNIT FOR MUTUAL SUPPORT, COHESION AND LONG TERM QUALITY OF LIFE*

# “PEBBLE”WORKSHOP

## METHODS:

- CBT (LIGHT) - COGNITIVE BEHAVIOUR THERAPY
- NLP – NEUROLINGUISTIC PROGRAMMING
- MINDFULNESS – “ZEN FOR DAILY LIVING”

## EVALUATION INSTRUMENT:

**Elwick, H., Joseph, S.,& Becker, F (2010) Manual for the Adult Carer Quality of Life Questionnaire(AC-QoL), London: The Princess Press Royal Trust for Carers.**

**ADAPTED FOR SCORING PATIENTS - Elwick, H., Joseph, S.,& Becker, F (2010) Manual for the Adult Carer Quality of Life Questionnaire(AC-QoL), London: The Princess Press Royal Trust for Carers.**

# “PEBBLE”WORKSHOP - EVALUATION

## PATIENT UNIT A



INITIAL SURVEY INTERIM SURVEY FINAL SURVEY

—●— PATIENT A —●— CARER A

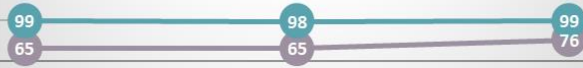
## PATIENT UNIT B



INITIAL SURVEY INTERIM SURVEY FINAL SURVEY

—●— PATIENT B —●— CARER B

## PATIENT UNIT C



INITIAL SURVEY INTERIM SURVEY FINAL SURVEY

—●— PATIENT C —●— CARER C

## PATIENT UNIT D



INITIAL SURVEY INTERIM SURVEY FINAL SURVEY

—●— PATIENT D —●— CARER D

# “PEBBLE” PROGRAM NEXT STEPS

- EACH FUTURE WORKSHOP WILL WORK WITH A MAXIMUM OF 10 COUPLES
- INITIALLY PREFERENCE GIVEN TO FAMILIES
- WORKSHOP CAN BE RUN IN ENGLISH, ROMANIAN, AND HEBREW.
- HOW DO WE SCALE THIS TO PATIENT LEADERS AND ON?





# “PEBBLE” - INTENSIVE PERSONALIZED PROGRAM FOR DAILY LIVING WITH CANCER AS A CHRONIC DISEASE

Please comment at  
[www.MENETS.org](http://www.MENETS.org)

Thank you!

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