Weekly Team Reflection

Celebrate your wins and show gratitude—because teamwork makes the dream work!

Team Highlights of the Week:

This reflection is all about recognizing the good stuff—support, small victories, and the joy of teamwork. Take a few minutes to fill it out, and let's keep the momentum going into next week! Bonus points if you use emojis!

Support System:

Personal Growth and Team Power-Ups:

Gratitude Wall:

How to Use this Template

Use it in your team chat, meeting, or reflection thread—it's a great way to end the week on a high note.

1. Team Highlights of the Week

- What was a win we celebrated as a team this week?
- Who's someone you noticed giving their all, and how did it make a difference?
- What's one moment that made you smile or feel proud this week?

2. Support System

- Who did you feel supported by this week?
- What's one way you supported someone on the team?
- If you could give a virtual high-five to someone right now, who would it be?

3. Personal Growth and Team Power-Ups

- What's one thing you did this week that helped the team succeed?
- What's something new you tried or learned this week?
- What's a "team power-up" we should carry into next week? (Example: Daily check-ins or fun 5-minute breaks.)

4. Gratitude Wall

- Shout out someone on the team and say what you appreciate about them!
- What's something you're grateful for this week?
- How can we carry this positive energy into next week?