

Red Ribbon Week Activity

DCYA will supply the school with the following: 1- Educational posters 2- Daily facts about vaping for morning announcements 3- Supplies & prizes for Scavenger hunt

How to run your Red Ribbon Scavenger hunt

- 10 DCYA red ribbons & 1 Zen Zone Ribbon are hidden around the school each day
- Students who find a red ribbon get candy and are entered into a drawing for an Amazon gift card. Those who find a zen zone ribbon get a zen zone gift card and entry into Friday drawing
- When a student finds a red ribbon, they turn it into the office and write down their name and ASAP (South Dearborn) 5th period class (East Central)
- Students may only turn in one red ribbon per day
- Candy is delivered during ASAP (South Dearborn) 5th period (East Central)
- One ribbon will have a gift card to Zen Zone- "If you want smooth flavor don't vape, visit zen zone"

Morning Facts

- Most e-cigarettes contain nicotine. Nicotine is highly addictive and can harm adolescent brain development, which continues into the early to mid-20s.
- E-cigarettes can contain other harmful substances besides nicotine
- Young people who use e-cigarettes may be more likely to smoke cigarettes in the future.
- Users inhale e-cigarette aerosol into their lungs. Bystanders can also breathe in this aerosol when the user exhales it into the air and it is unhealthy for both
- Some e-cigarette labels do not disclose that they contain nicotine, and some e-cigarettes marketed as containing 0% nicotine have been found to contain nicotine.
- Using nicotine in adolescence can harm the parts of the brain that control attention, learning, mood, and impulse control.¹
- Each time a new memory is created or a new skill is learned, stronger connections – or synapses – are built between brain cells. Young people's brains build synapses faster than adult brains. Nicotine changes the way these synapses are formed.
- Using nicotine in adolescence may also increase risk for future addiction to other drugs.