

THE FIIT HUB

SQUAD

OF

'21

THE FIIT HUB

SQUAD

OF

'22

THE FIIT HUB

GO

HARD

OR

GO

HOME

LET'S

HIT

THIS

FIT

THE FIIT HUB

I'VE GOT
KIDS,
BURPEES
ARE

F*****G

EASY!

THE FIIT HUB

THIS IS

MY

HAPPY

PLACE

THE FIIT HUB

HUSTLE

FOR

THAT

MUSCLE

THE FIIT HUB
IT'S ONLY
COLD IF
YOU'RE
STANDING
STILL

THE FIIT HUB

I'VE GOT 99
PROBLEMS
BUT I'M
GOING TO
TRAIN AND
IGNORE THEM
FOR AN HOUR