

- **St. Mary Child & Mother Health Care Centre**

Vision: love and care for the poor

Spirit

- God has *chosen* us as His servants to give His love to the poor ones. He entrusts us for this precious work and gives value to us, and He loves us through this work.
- We are always at His hand who *guides* us through the day. God is living in the poor ones and comes in contact with us when we receive them. He *touches* our heart when we look in the faces of the poor ones and when we speak attentively with them and share our smile. When we feel with their sufferings and take care of them, we are in God's love and can feel the peace in our heart.... please don't let one patient down...God wants to take care of them through us.
- Everybody can observe him/herself.... how he/she speaks and is acting with the patients and what kind of feelings are coming up to their heart (compassion/sadness/joy/defense) we can learn every day more and more about us and God's love

Benefits from St. Mary's Child and Mother Health Care Centre

- The Hospital is meant for children, mothers, and TB patients, mainly from the Santal villages
- Ticket is 10 Rp. (for one month) and includes medical checkup, as well as available diagnostic and medicine
- We have a lab for blood test and urine test. In addition to that we offer EEG and X-ray procedures
- Weekly pediatricians and gynecologist are available. Once a week a sonographer is coming for OPD
- Admission
 - a) children with infectious diseases and chronic diseases
 - b) non-pulmonary TB patients in collaboration with the DOTS center or other TB doctors for diagnostic and treatment. Further medical support with orthopedic doctors and physiotherapists can be offered as well
 - c) malnourished children for rehabilitation (weight gain) with 5 meals daily, so they can catch up weight and grow properly. Mothers get awareness training in hygiene, emergency signs and malnutrition.
- We have medicine free-of-cost available for children and mothers
- Diagnostic and treatment through our doctors are free
- Further diagnostic and treatment outside the St. Marys: the costs must be requested by Shining Eyes India before
- Children with retarded development, *epilepsy* and handicapped signs can be checked by Dr. Swapan Mukhopadhyaya, who is coming every 2 months according to his availability.

Preventive programs are running in the St. Mary

- a) **pregnancy check up** with blood tests and USG, cancer screening with PAP smear, family planning under the guidance of Dr. Utpol (gynecologist)
 - b) **newborn checkups** with medical checkups and investigations according to the German U-guidelines, teaching the mothers and socialworkers/healthworkers a healthy child development, emergency *sign* awareness training and avoidance of malnutrition
 - c) **malnourished children** under 3 years village wise for rehabilitation and teaching the mothers.
 - d) **Village programs:** via social worker/health worker e.g. nutrition program for all children under 3 years, supplementary food (Nutrimix wheat-lentil powder with sugar, milk, oil), and long-term iron therapy for avoiding malnutrition and anemia, respectively. Thereby, a healthy development and good life conditions in the first 1000 days of life are secured. Medical checkups take place every 6 months.
- weekly training for all village health workers at St. Mary through our social workers: trainings, report of house visits (monitoring/compliance of nutrition/iron therapy programs), village meetings with mother & child health topics, *identify* sick children or adults and take them to St. Mary.
 - our ambulance car is available for the preventive programs and transport of sick patients to higher centers.

Practice

- Every patient who is coming to us (child/ adult) is sent by God and we get the chance to look after them
-giving attention, care, love and our best medical support.
-it is no option to send the patient away. According to our belief we want to help. After listening, we will get an idea how we can support the human being, to make sure that they regain health again.
-in severe cases, where we can't help in our health center, we guide them to the right diagnostic and therapeutic center/ hospital. We remain in contact with the patient until the treatment is over.
-we communicate with the specialized doctors, organize all administrative issues, and take care of further steps to provide medicine and medical support until full recovery