**HOW TO REACH VA MANILA**

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| **SCHEDULE AN INPERSON/ TELEPHONE/VIRTUAL APPOINTMENT:** | Use the website link to schedule your appointment online:<https://app.waitwhile.com/lists/vamanila/join>. A representative will contact you on the date and time you scheduled. You do not need to be physically present in our office as we are still closed to in-person visitors. |   |
| **ONLINE INQUIRY:** | [https://ask.va.gov](https://ask.va.gov/) |   |
| **ONLINE DOCUMENT SUBMISSION:** | The **fastest**way to send documents to VA is to upload your correspondence electronically through VA.gov.Visit [www.va.gov](https://www.va.gov/). Under **Disability**click “Upload Evidence tosupport your claim”.**Sign in to VA.gov in any of these ways:*** With your existing **My HealtheVet** account, **or**
* With your existing **DS Logon** account, **or**
* By creating an account through**ID.me**

 You can also upload it electronically through Direct Upload. Visit [eauth.va.gov/accessva/#](https://eauth.va.gov/accessva/). Click your category and select Direct Upload. Sign in by creating an account through ID.me |   |
|  You can also send documents to VA Manila Regional Office by emailing them to VAMANILARO.VBAMPI@VA.GOV.This is a ***No-Reply mailbox.*** It is for online ***document submission only***. No inquiries will be addressed through this email. **Do not reply to this email.**  |   |
| **PHONE:** | #MyVA (#6982) or 028-550-3888, Toll Free 1-800-1888-5252, Option 1 for Regional Benefits Office (Mondays-Fridays 8:00 am to 3:00 pm) |   |
| If you cannot upload your documents, fax or mail it tothe applicable address based on benefit type |   |
|  | **Compensation Claims** | **Veterans Pension**and   **Survivor Benefit Claims** |   |
| **FAX:** | Toll Free: 844-531-7818 | Toll Free: 844-655-1604 |   |
| **MAIL:** | Department of Veterans AffairsEvidence Intake Center**P.O. Box 4444**Janesville, WI, 53547-4444 | Department of Veterans AffairsPension Intake Center**P.O. Box 5365**Janesville, WI 53547-5365 |   |
| **To fax your documents without international costs**,•        From **within** Metro Manila, dial #MyVA (#6982) or 028-550-3942•        From **outside** Metro Manila, dial #MyVA (#6982) or 1-800-1888-5252 and dial 3942 once you hear the voice prompt |   |
| *Did you, or someone you know, experience a sexually traumatic event during your military service?  VA has specially trained employees to help you deal with your experience. True to our commitment to serve you with integrity, respect, and excellence, we stand ready and willing to privately assist you with filing and completing military sexual trauma benefit claims and to provide you with counseling and other resources. Do not hesitate to reach us through the channels stated above and we will listen and help. We honor and thank you for your service.* |  |