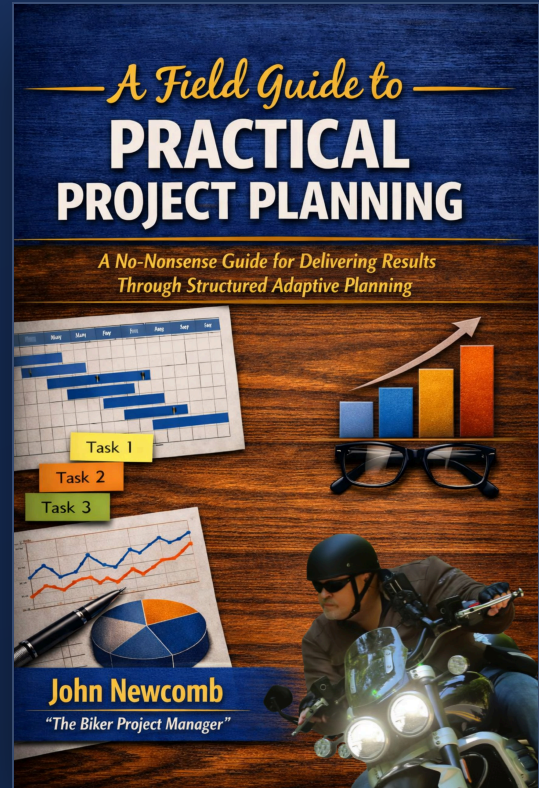


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List of Figures

Figures are numbered as they appear in the book and grouped by chapter. Each page names the chapter and section where the figure appears, so you can keep your place while you read or listen.

CONTENTS

Introduction: Why Planning Matters

Figure Intro-1	Planning vs. Sprinting	3
Figure Intro-2	The Planning Horizon Curve	4

Chapter 1: Project Management Fundamentals

Figure 1-1	Project Lifecycle	5
Figure 1-2	The Unified Planning System Stack	6

Chapter 2: The AAA Method

Figure 2-1	Qualitative Risk Chart	7
Figure 2-2	AAA as a Repeatable Process	8

Chapter 3: The Four-Stage Planning Model

Figure 3-1	The Four-Stage Planning Model	9
Figure 3-2	Chaos Time and Workshop Alignment	10
Figure 3-3	Sample Stage 2 Planning Setup	11
Figure 3-4	The Spend Schedule	12
Figure 3-5	The Connected Flow of the Four-Stage Process	13
Figure 3-6	Feedback Loops and Continuous Refinement	14

Chapter 4: Work Breakdown Structures

Figure 4-1	Work Breakdown Structure	15
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Chapter 5: Red Zone Planning

Figure 5-1	Red Zone Planning Readiness Compression Model	16
Figure 5-2	Red Zone Inputs and Outputs	17
Figure 5-3	The Decision Debt Map	18

Chapter 6: Integration, Putting It All Together

Figure 6-1	Traceability Chain	19
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INTRODUCTION: WHY PLANNING MATTERS

Figure Intro-1 Planning vs. Sprinting

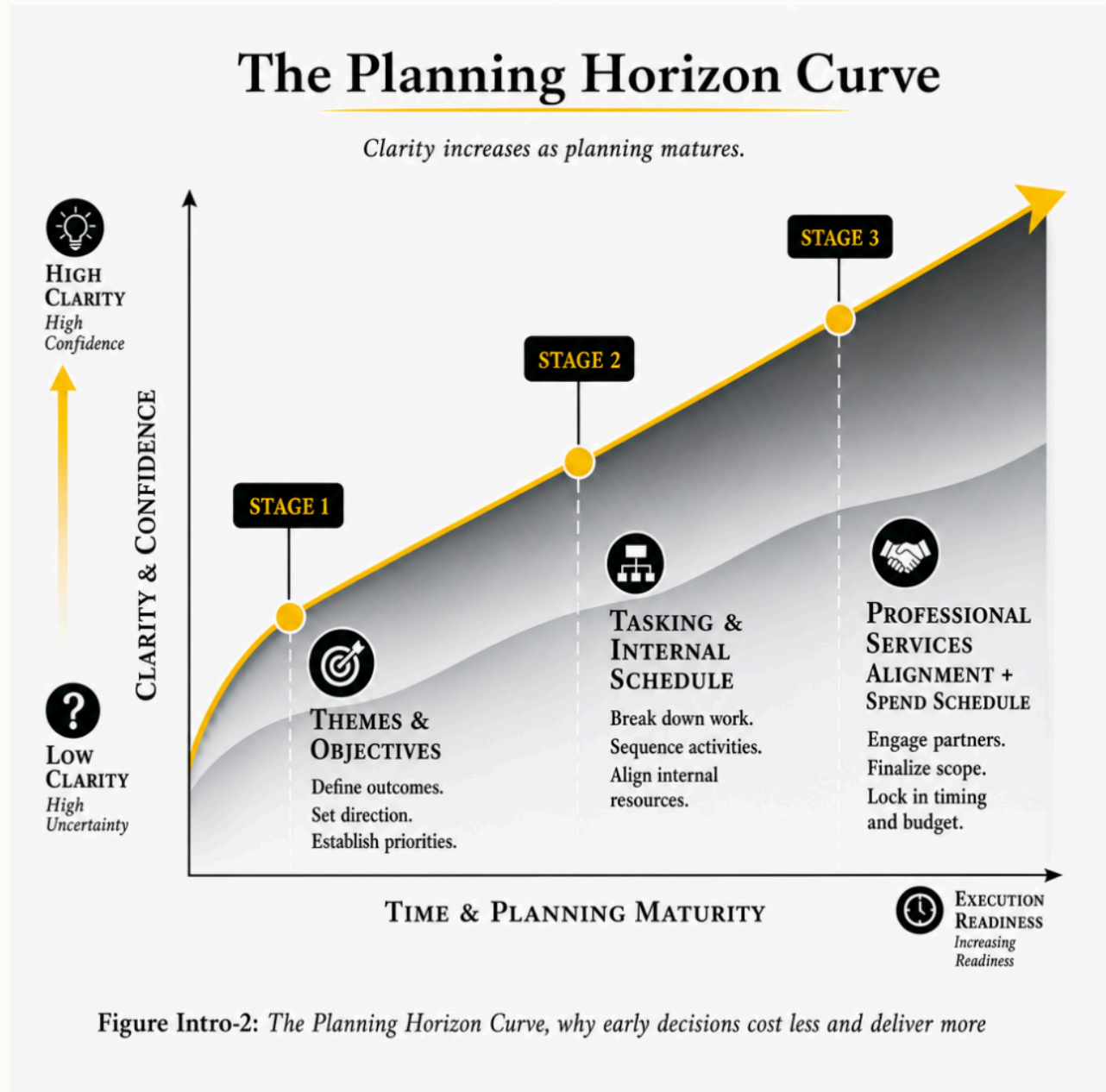
Structured Planning vs Reactive Sprinting



Figure Intro-1: Planning vs. Sprinting — two paths to execution, two very different outcomes.

Two paths to execution, two very different outcomes.

INTRODUCTION: WHY PLANNING MATTERS

Figure Intro-2**The Planning Horizon Curve**

Why early decisions cost less and deliver more.

CHAPTER 1: PROJECT MANAGEMENT FUNDAMENTALS / THE FIVE SWIMLANE STAGES

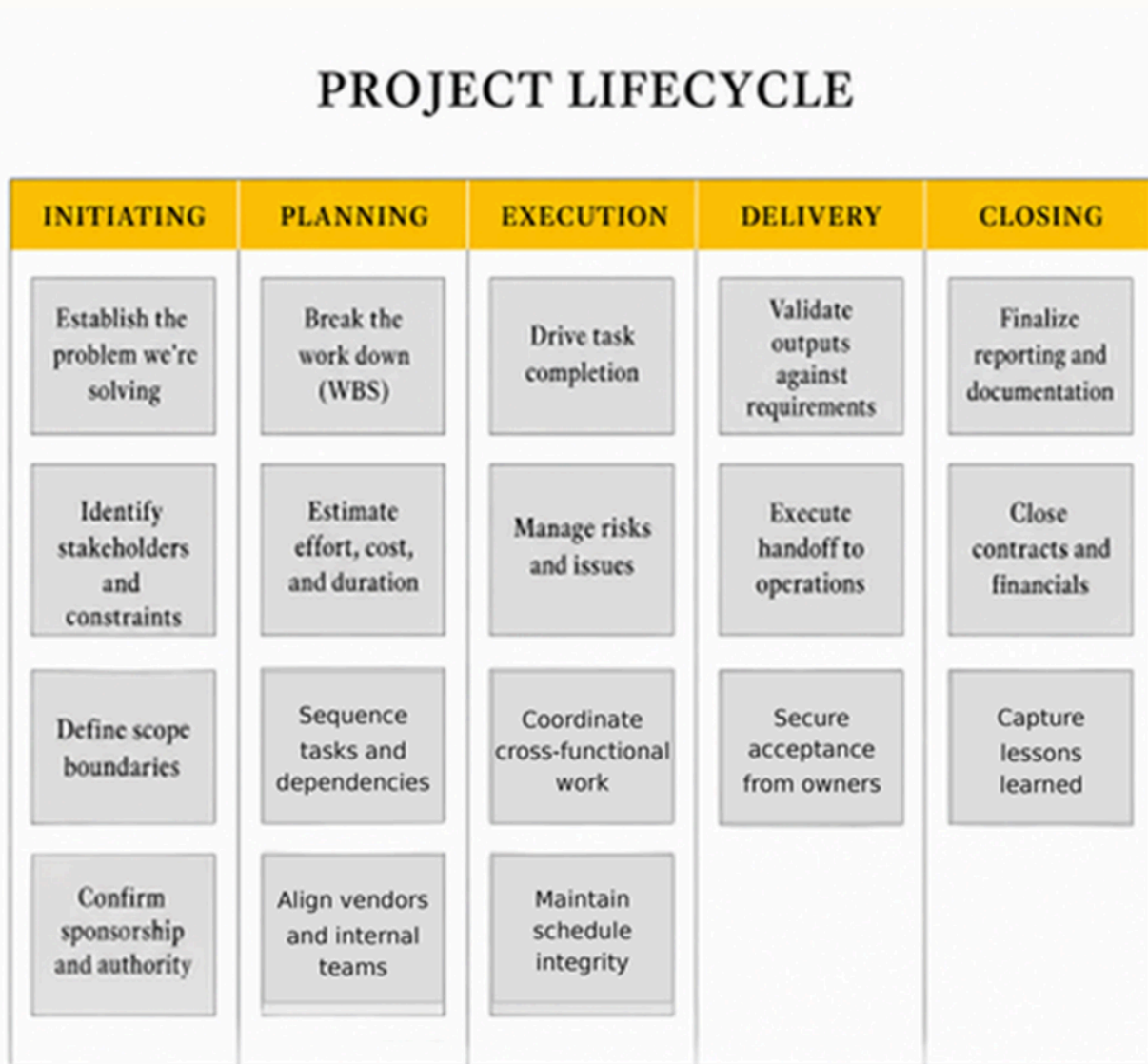
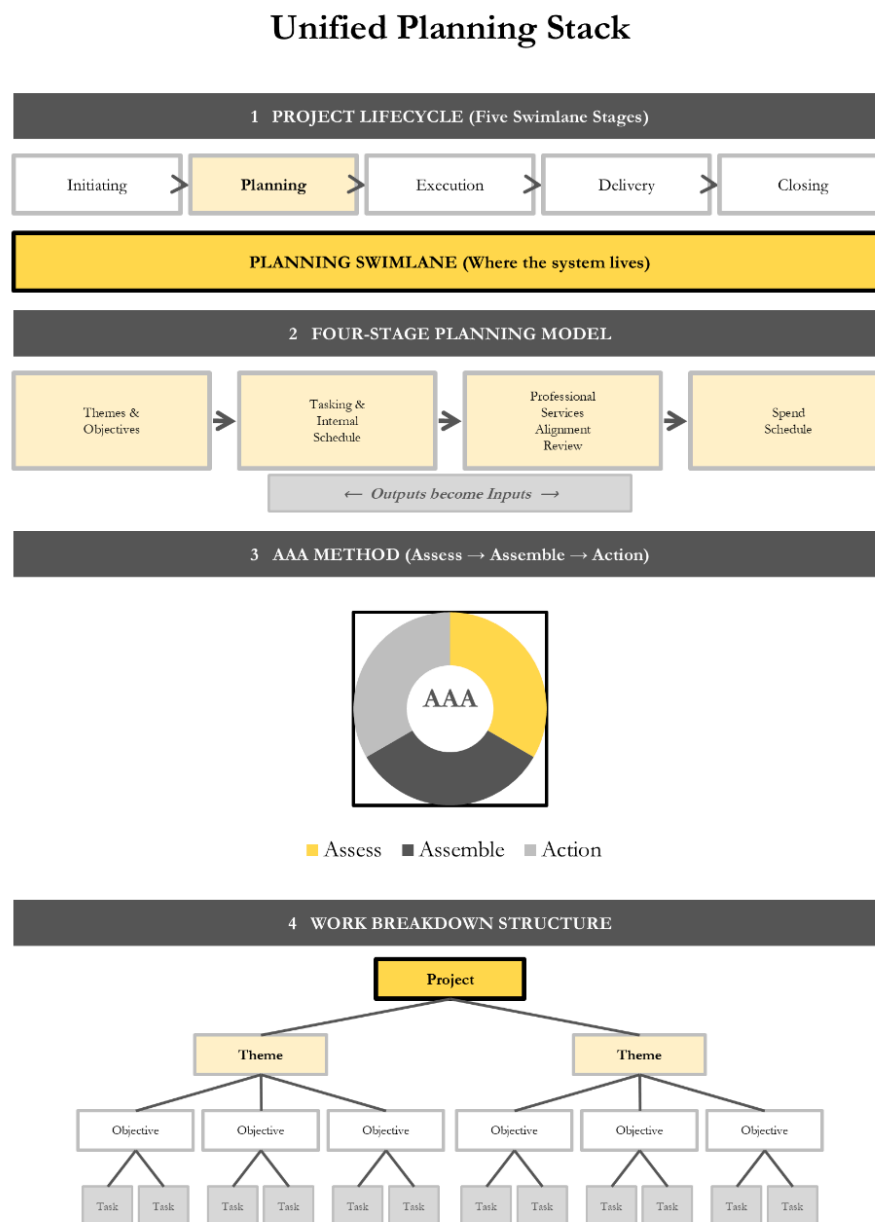
Figure 1-1 Project Lifecycle

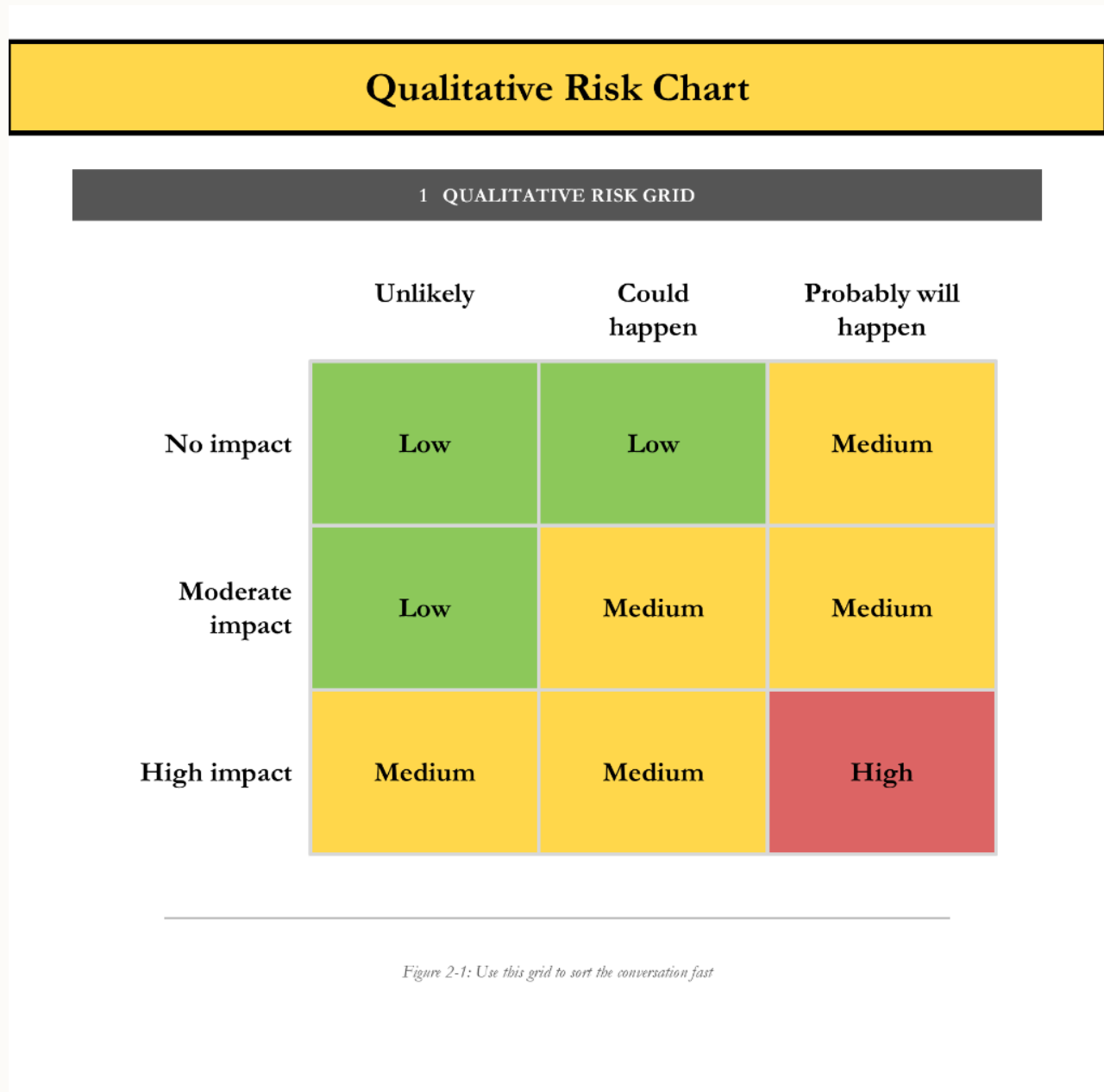
Figure 1-1: Project Lifecycle, the five stages from initiation to close

The five stages from initiation to close.

CHAPTER 1: PROJECT MANAGEMENT FUNDAMENTALS / THE PLANNING STAGE: SETTING THE FOUNDATION

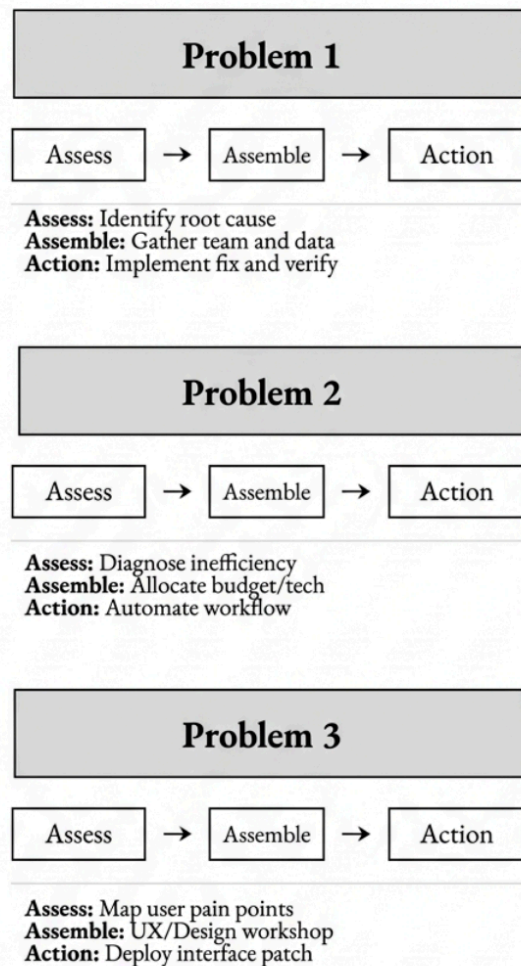
Figure 1-2 The Unified Planning System Stack*Figure 1-2: The Unified Planning System Stack, how the frameworks work together**How the frameworks work together.*

CHAPTER 2: THE AAA METHOD / STEP 1: ASSESS

Figure 2-1 Qualitative Risk Chart

Use this grid to sort the conversation fast.

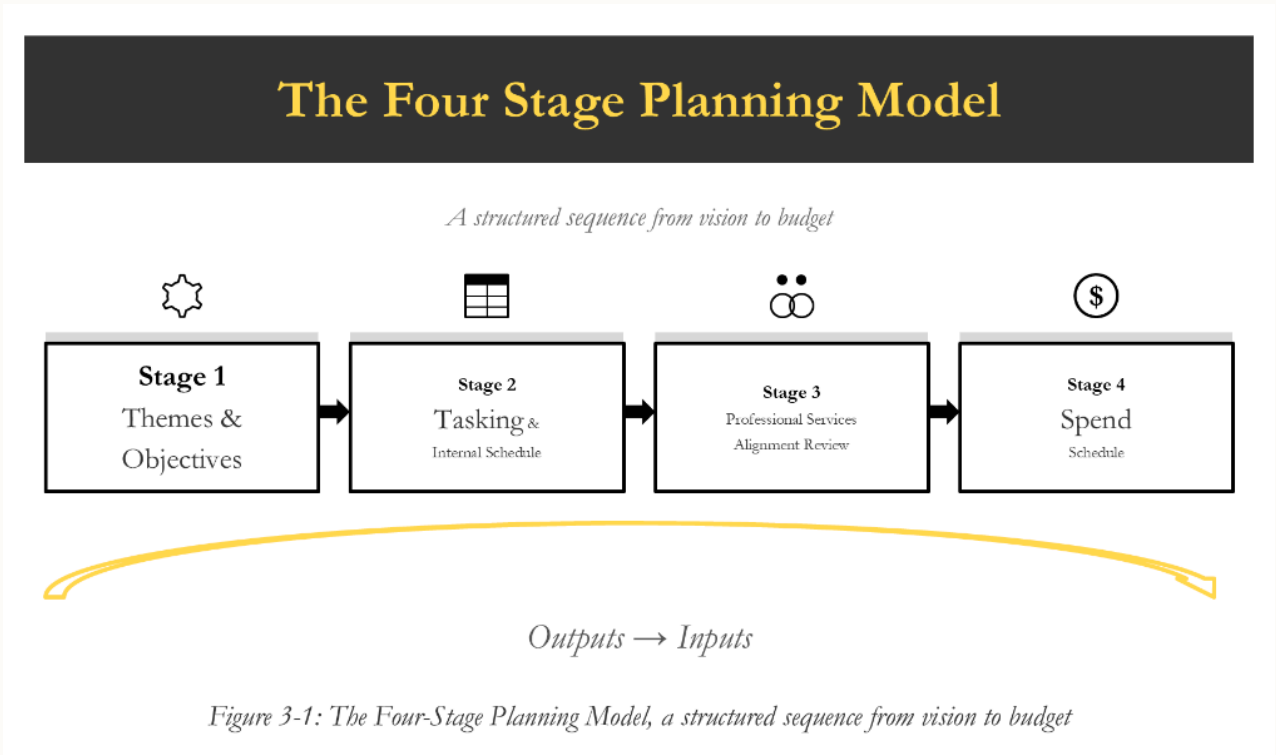
CHAPTER 2: THE AAA METHOD / STEP 3: ACTION

Figure 2-2 AAA as a Repeatable Process**AAA as a Repeatable Process***Figure 2-2: AAA Used Multiple Times for Various Problems*

AAA used multiple times for various problems.

CHAPTER 3: THE FOUR-STAGE PLANNING MODEL

Figure 3-1 The Four-Stage Planning Model



A structured sequence from vision to budget.

CHAPTER 3: THE FOUR-STAGE PLANNING MODEL / CHAOS TIME

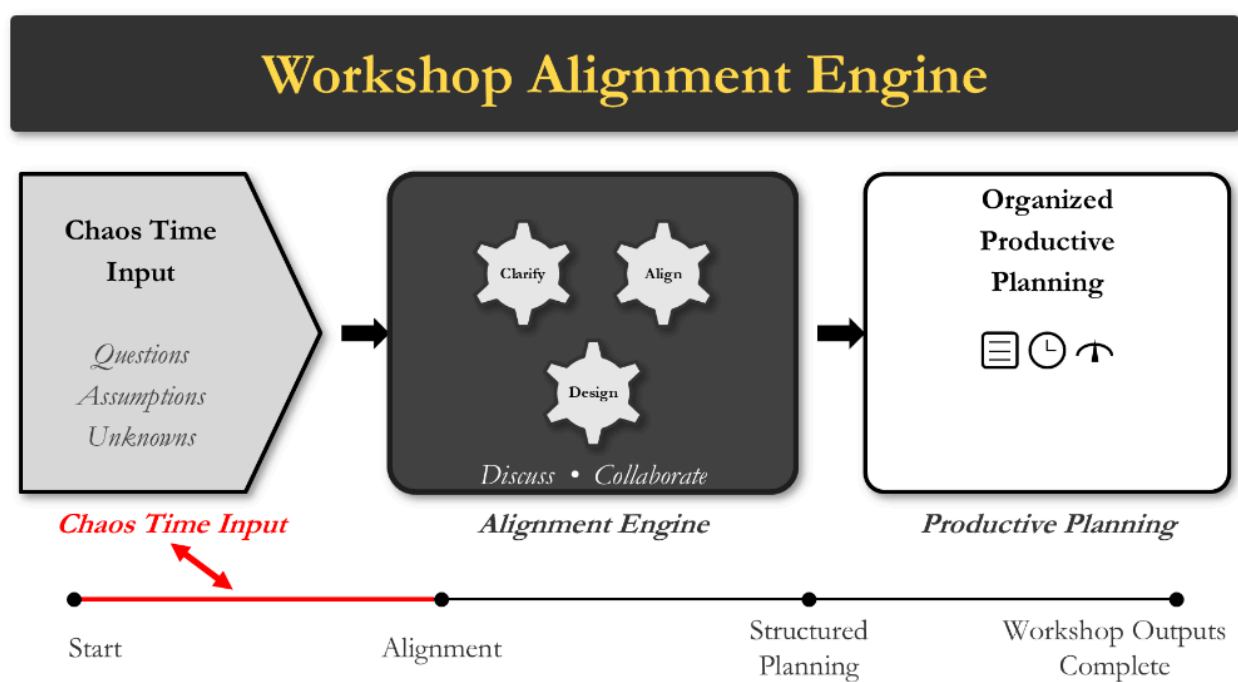
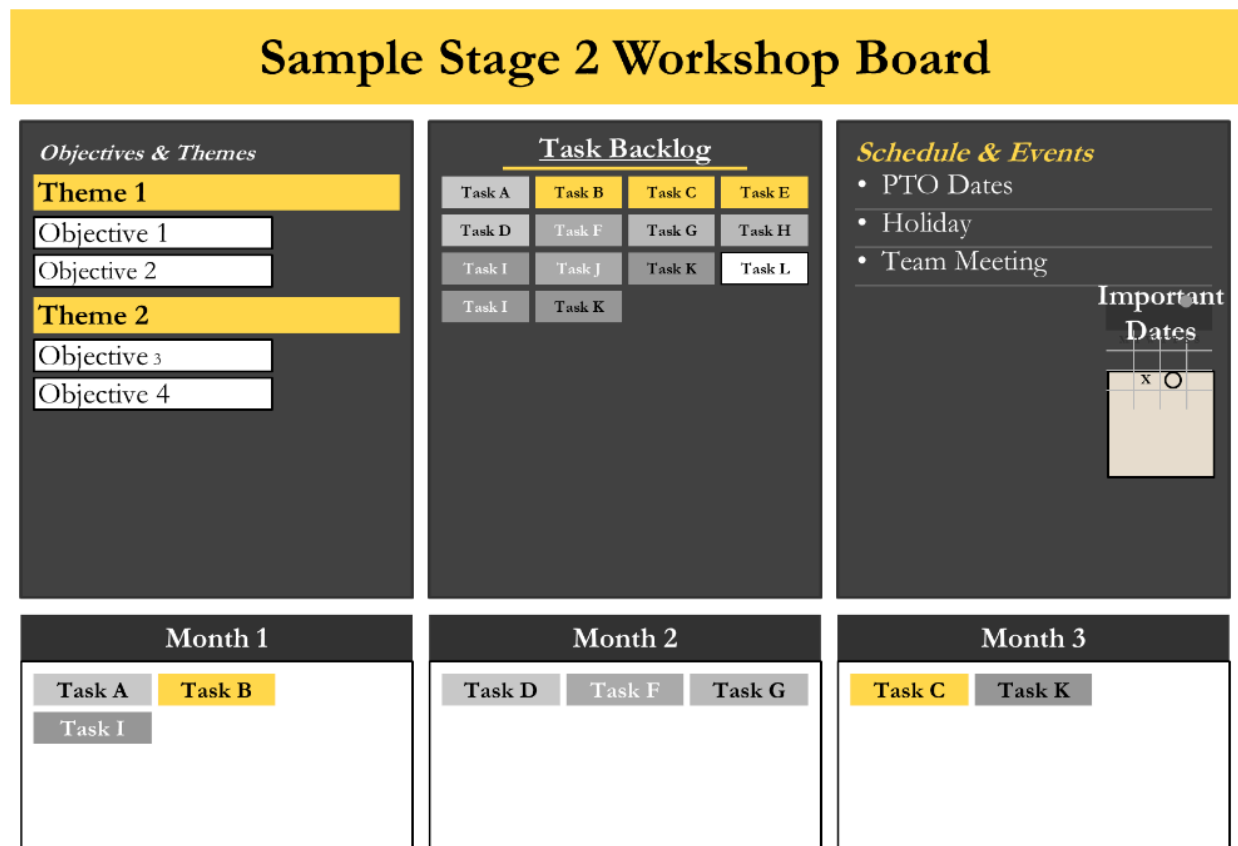
Figure 3-2 Chaos Time and Workshop Alignment

Figure 3-2: Chaos Time and Workshop Alignment — how teams settle into productive planning

How teams settle into productive planning.

CHAPTER 3: THE FOUR-STAGE PLANNING MODEL / STAGE 2: TASKING AND INTERNAL SCHEDULE

Figure 3-3 Sample Stage 2 Planning Setup*Figure 3-3: Sample Stage 2 Planning Setup*

A sample Stage 2 workshop board.

CHAPTER 3: THE FOUR-STAGE PLANNING MODEL / STAGE 4: SPEND SCHEDULE

Figure 3-4 The Spend Schedule

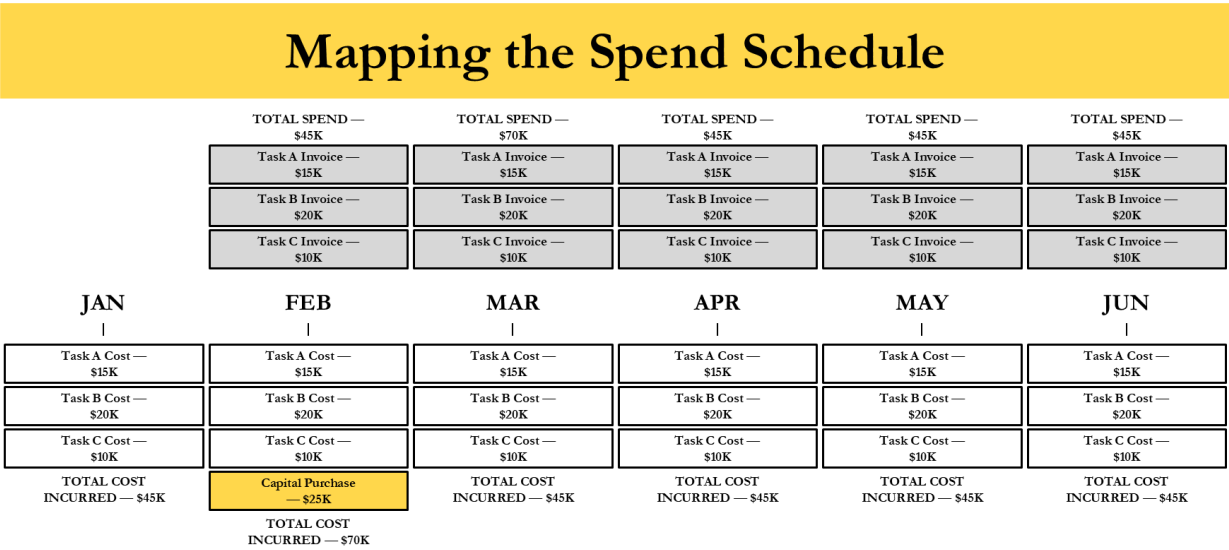
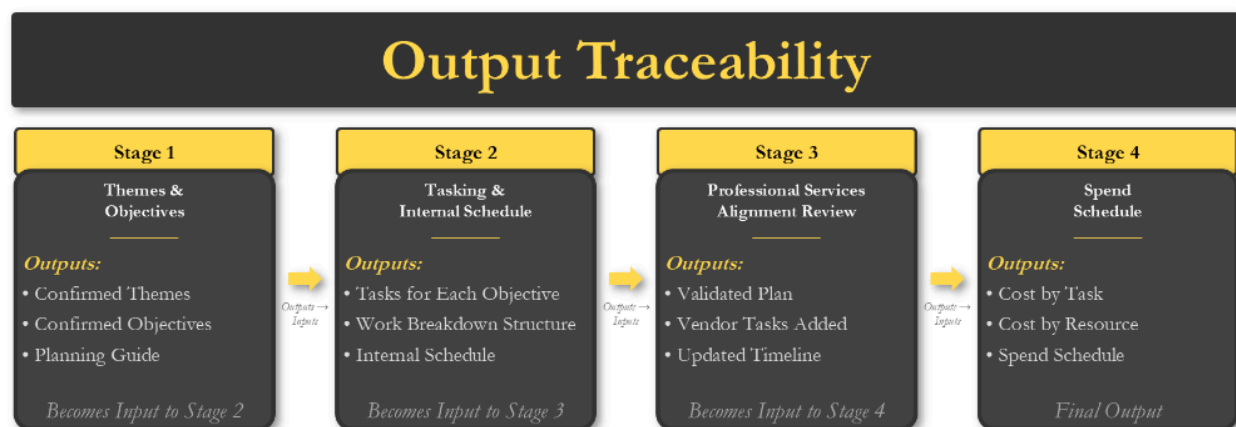


Figure 3-4: The Spend Schedule — budget allocation across the project timeline

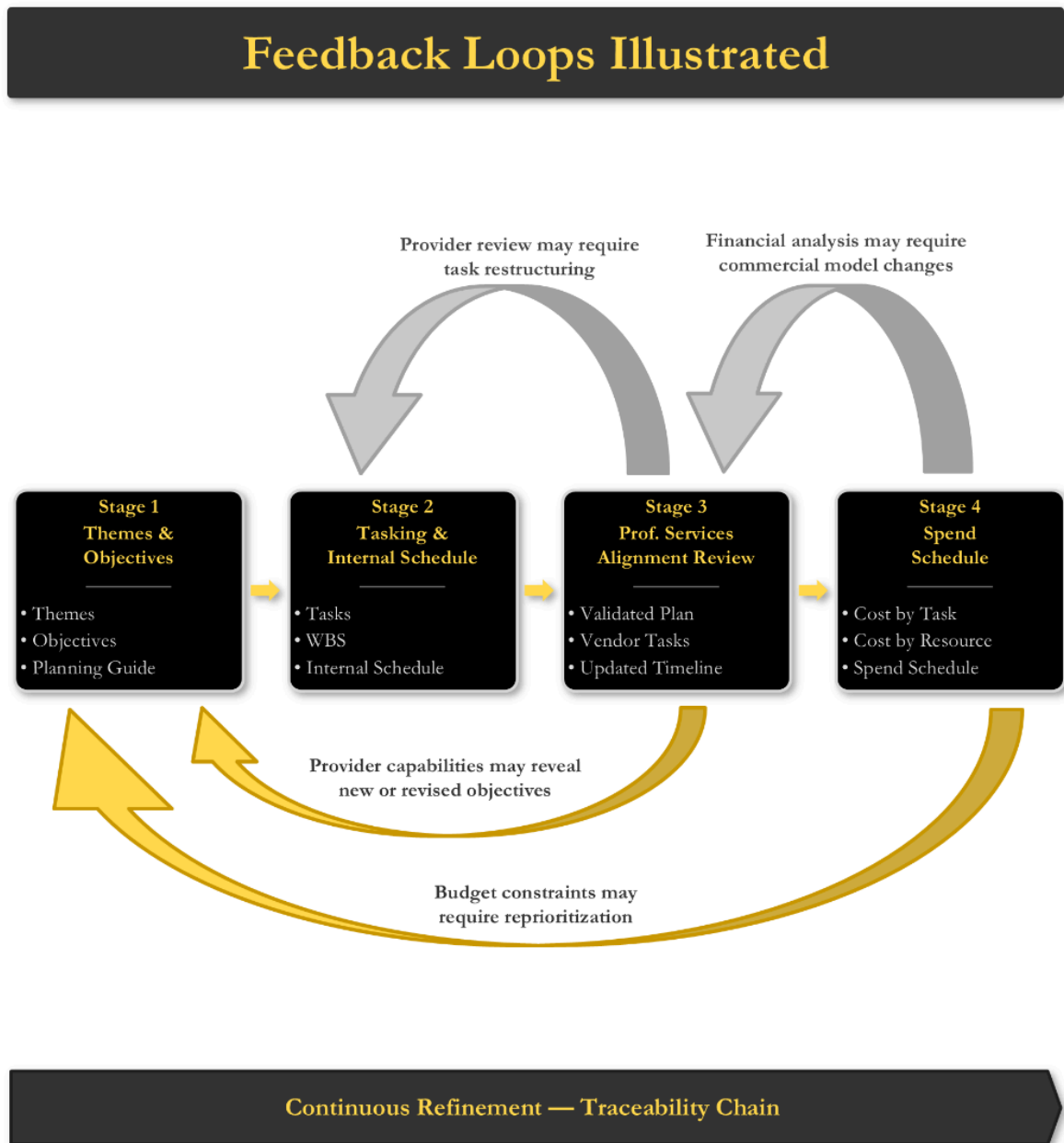
Budget allocation across the project timeline.

CHAPTER 3: THE FOUR-STAGE PLANNING MODEL / THE CONNECTED FLOW: OUTPUTS AS INPUTS

Figure 3-5 The Connected Flow of the Four-Stage Process*Figure 3-5: The Connected Flow of the Four-Stage Process*

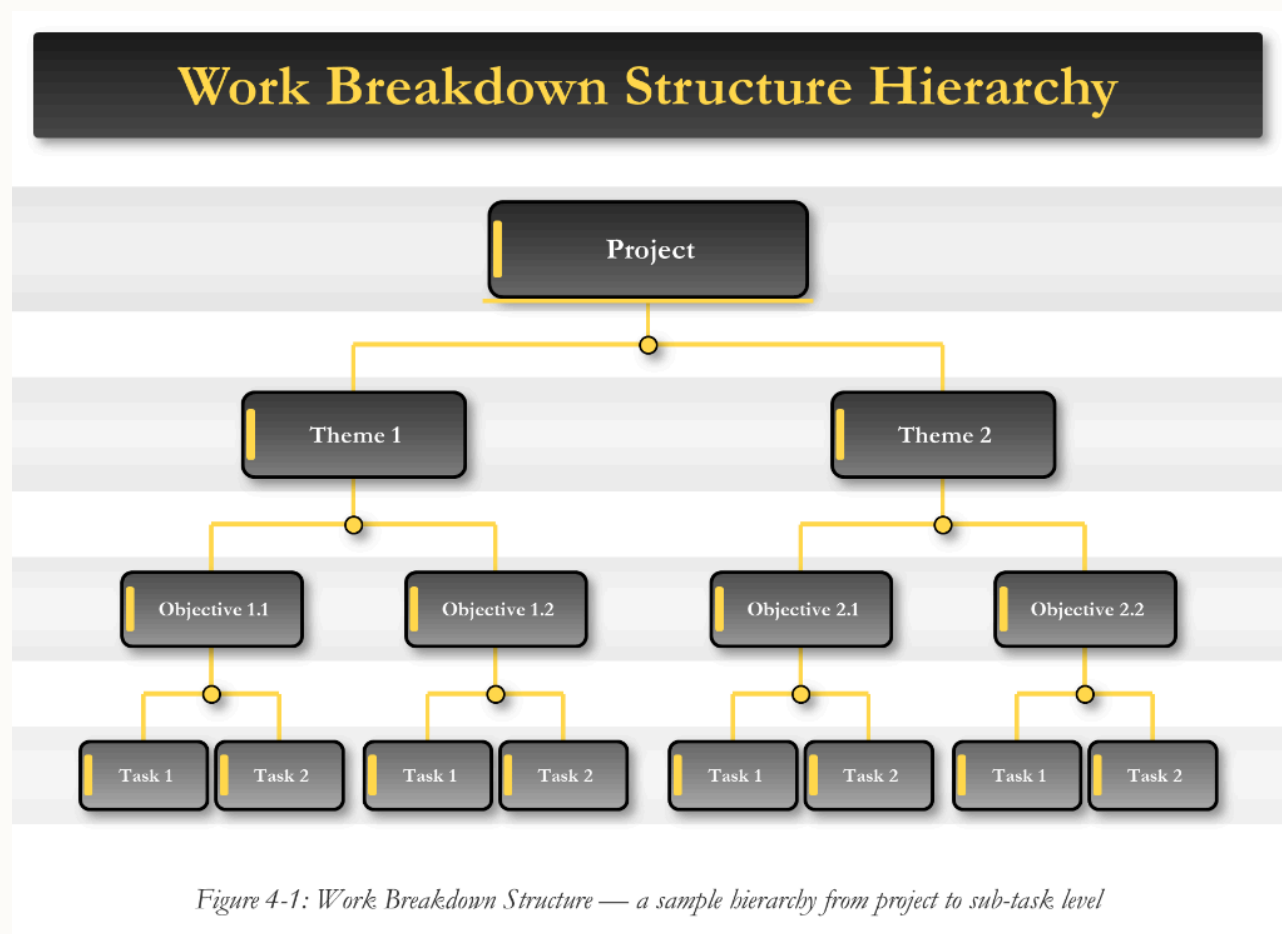
Each stage's outputs become the next stage's inputs.

CHAPTER 3: THE FOUR-STAGE PLANNING MODEL / FEEDBACK LOOPS AND CONTINUOUS REFINEMENT

Figure 3-6 Feedback Loops and Continuous Refinement*Figure 3-6: Feedback Loops and Continuous Refinement*

How later stages feed back into earlier ones.

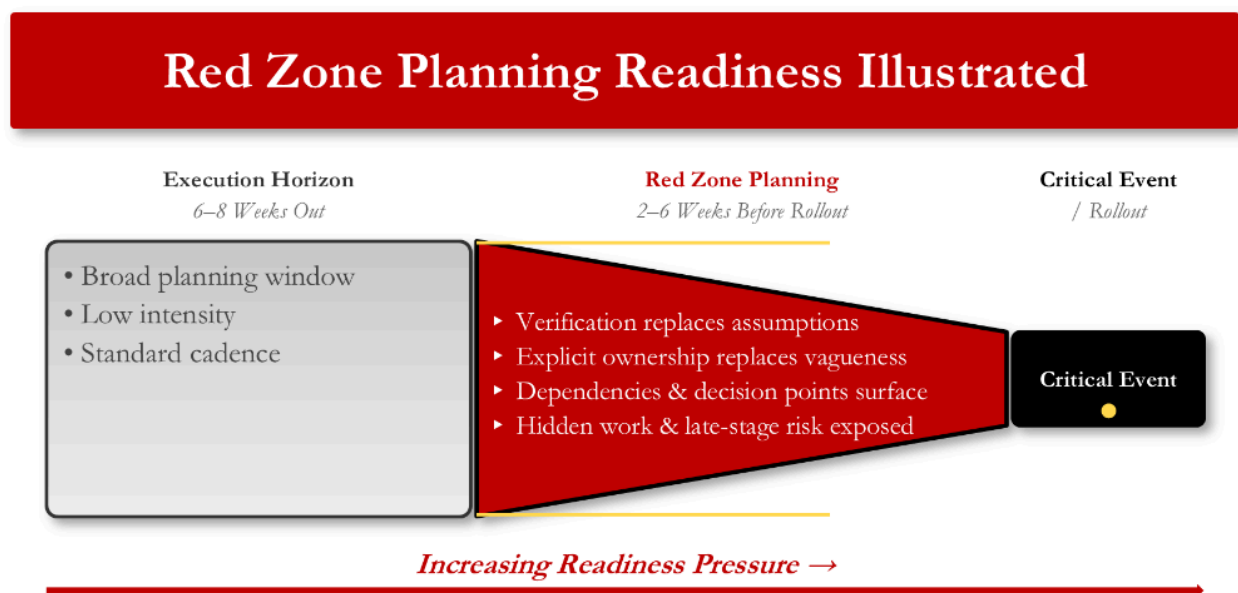
CHAPTER 4: WORK BREAKDOWN STRUCTURES / BUILDING A WBS: STEP BY STEP

Figure 4-1 Work Breakdown Structure

A sample hierarchy from project to sub-task level.

CHAPTER 5: RED ZONE PLANNING / WHAT RED ZONE PLANNING IS (AND IS NOT)

Figure 5-1 Red Zone Planning Readiness Compression Model



The Red Zone Discipline:

- Short-horizon plan with day-of detail
- Surfaces hidden work, decision debt, and late-stage risk
- Not a re-plan — you are tightening the finish
- Not a pep talk — concrete outputs only

Figure 5-1: Red Zone Planning Readiness Compression Model — time pressure as a planning discipline

Time pressure as a planning discipline.

CHAPTER 5: RED ZONE PLANNING / RED ZONE EXPOSURE AREAS

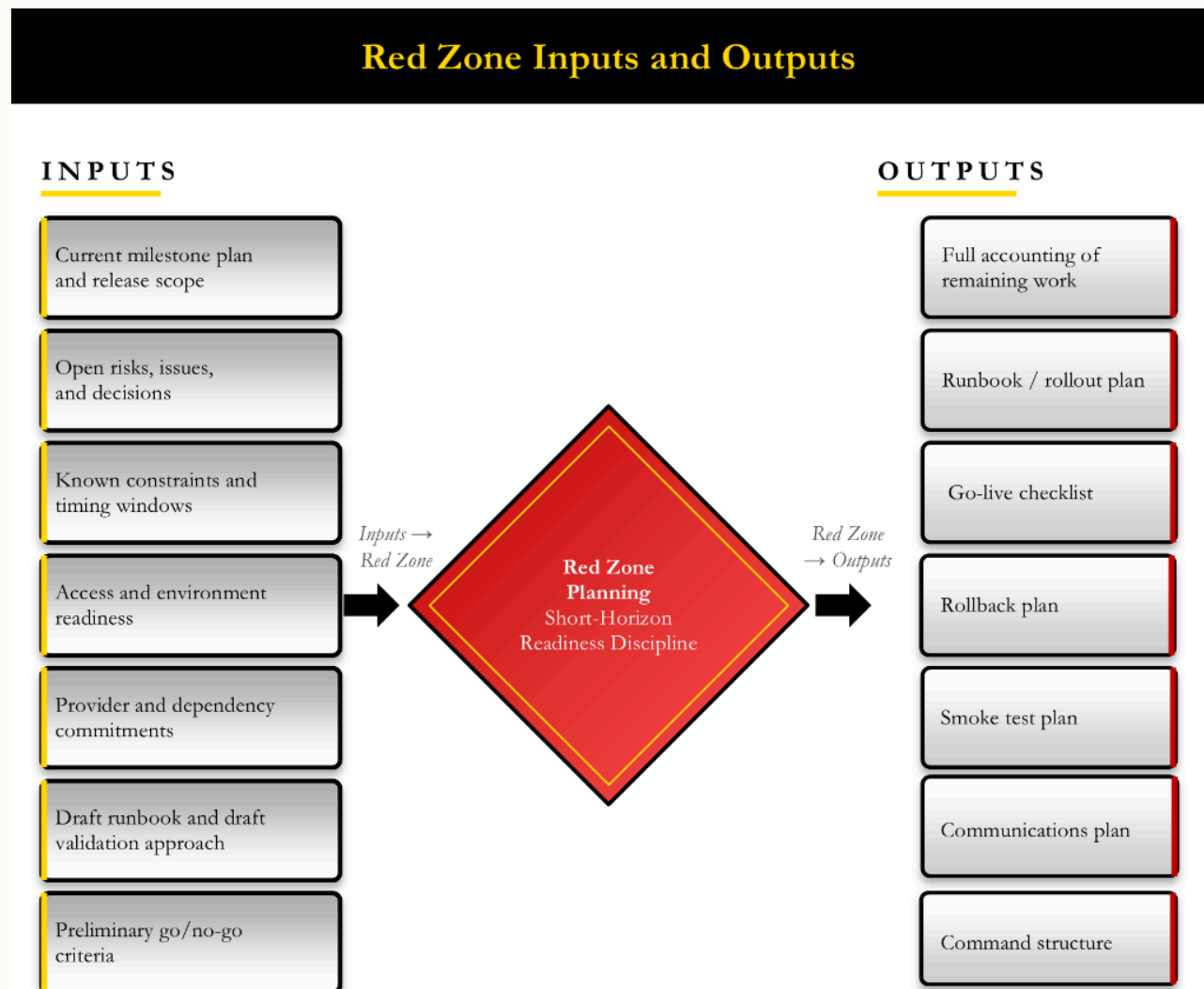
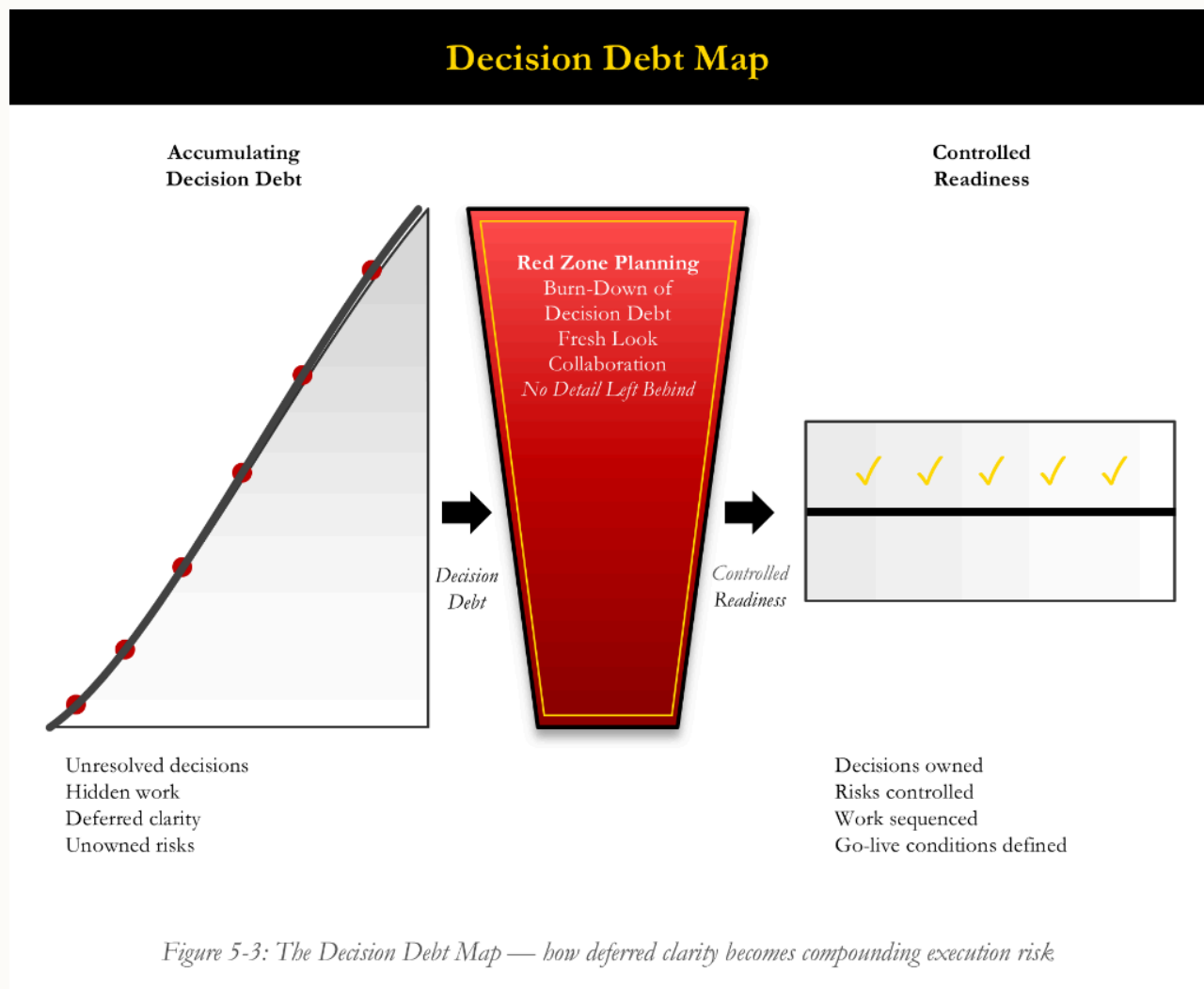
Figure 5-2 Red Zone Inputs and Outputs

Figure 5-2: Red Zone Inputs → Outputs, converting last-mile decisions into delivery-ready execution

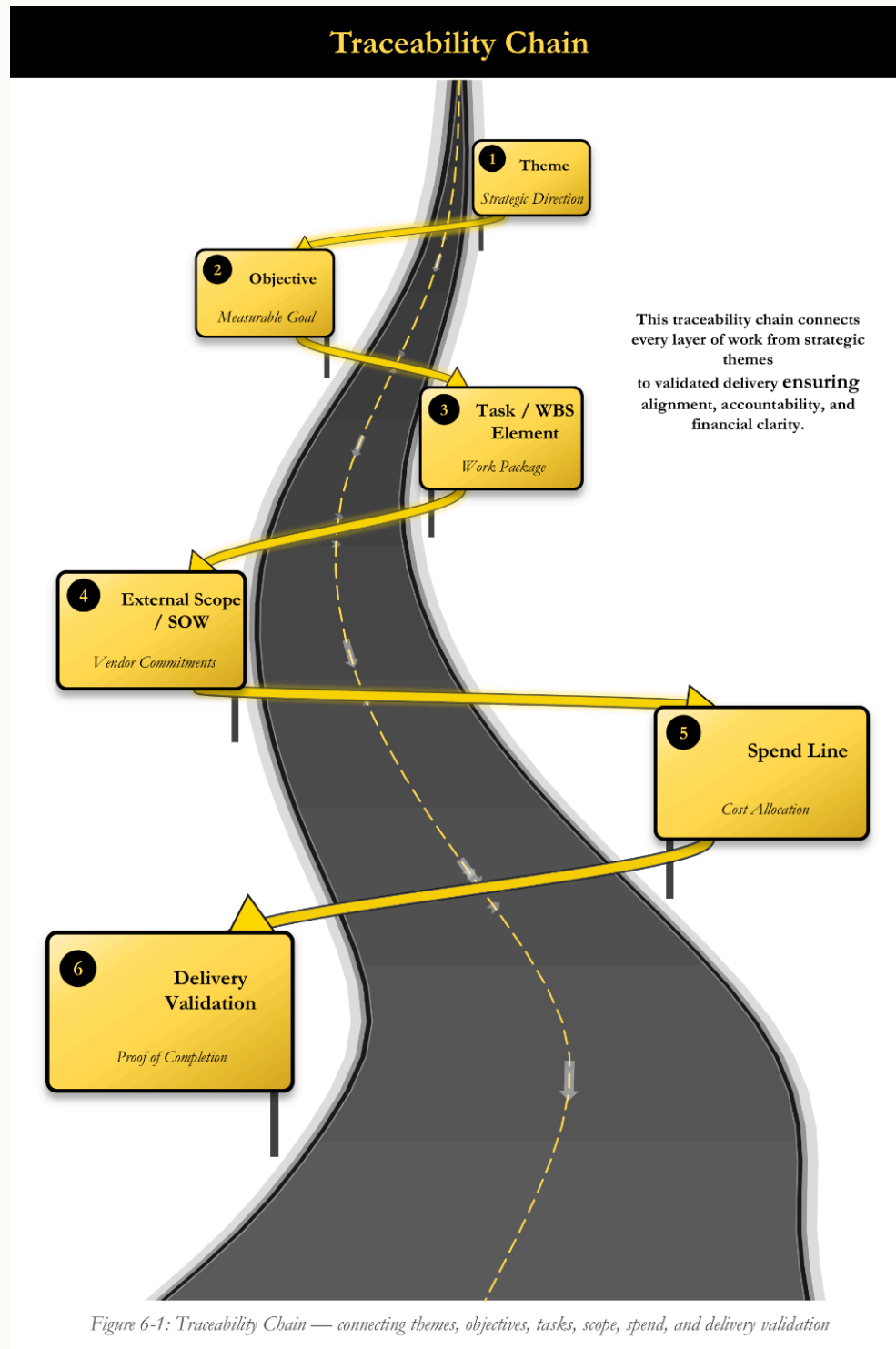
Converting last-mile decisions into delivery-ready execution.

CHAPTER 5: RED ZONE PLANNING / COMMON FAILURE MODES

Figure 5-3 The Decision Debt Map

How deferred clarity becomes compounding execution risk.

CHAPTER 6: INTEGRATION, PUTTING IT ALL TOGETHER / WHERE THE FOUR STAGES FIT

Figure 6-1 Traceability Chain

Connecting themes, objectives, tasks, scope, spend, and delivery validation.