



Be a Pal or Get a Pal

#PalUpNow!



You're not alone. There's someone out there wishing you had signed up sooner. #PalUpNow!

PalUpNow! connects people, who need assistance on flights and rides, with pals and [coaches](#).

Sign up today to be a pal or to get a pal, and subscribe to our [email newsletter](#) to receive periodic updates.

1. PalUpNow! For Flights



Be a Flight Pal or Get a Flight Pal

Sign up today!

**Be a Flight Pal OR
Get a Flight Pal.**

Flight pals are your fellow flyers, who assist in airports and in the aircraft. They can ease your anxiety by helping you with paperwork, language barriers, security, baggage claim,

orders, and other light tasks.

gate changes, food

2. PalUpNow! For Rides



Be a Ride Pal or Get a Ride Pal

Sign up today!

**Be a Ride Pal OR
Get a Ride Pal.**

Ride pals are your community members, who assist with life essentials and can drive/accompany you to doctors, hospitals, vaccination clinics, grocery stores, pharmacies, etc.

Ride pals can also be [coaches/advisors](#), situated anywhere in the world, who provide online services.

Check out our [blogs](#) and the most [frequently asked questions](#). Also, forward this email to your friends and family, and share on social media. Help make this world a better place by spreading the good word. #PalUpNow!

For everything else, don't hesitate to [contact us](#).

Join Our Growing Community!



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