

Activation: God's TOUCH – Recognizing the touch of each One of the THREE, the God-head

Introduction: Was that an actual TOUCH from GOD? You may ask this and feel in complete AWE the first time you feel and recognize a tangible touch. Then, the hunger becomes greater. Soon you ask: Is it Father God, Jesus, or the Holy Spirit I am feeling with that touch? God wants us to be able to identify who it is that is getting our attention to communicate with us, at any given time. Is it Papa? Is it Jesus? Is it Holy Spirit? Each is unique! They are THREE and they are ONE. The Lord will help you discern each of the Three through this activation and it's really fun.

Let me share what I feel from each of them, as a reference to begin. As in all these activations, this may not be entirely the same as what God teaches YOU. Our intimacy with God is unique, and we receive information from Him in the best way for us, however, sharing mine may be helpful to you, only as a guide. Please note that when you read these, none of these touches are anything to FEAR. They are touches that are to be WELCOMED and they bring JOY, because by God's touch, we feel SO connected, immediately.

****The Touch of FATHER God....we may have different names: Papa, Abba, Daddy**

Papa has touched me in several ways, and after a short time I was able to recognize it immediately. At first, the touch was almost always like a tiny pin prick, very distinct, often on my feet, but soon it became anywhere on my body. Then He showed me several others, all distinctive. It can sometimes feel like a zing or a slight charge of electricity in a spot. He loves to get our attention before speaking and this touch works for me. He also touches me on the inside of my left ear at times (a sudden sound wave flutter deep inside). He touches me with vibration and feels like He is pulling my hand and holding it tightly at the same time. He has touched me with a flutter on a body part, when revealing a Word of Knowledge for healing. At times, He touches with a slight pain in an area, revealing this as well. I will sometimes feel the 'symptom' of an ailment which is not mine, seek Him for confirmation that it is a Word of Knowledge for healing, ask Him what to do with the information, and the symptom leaves.

Papa also touches us to confirm in ways which can make us burst out in laughter, as happened to me just last night. I had given a word to one of our members on the encouragement thread and immediately after I spoke (wrote) it, my left eye began to twitch, like an enthusiastic applause. It was very funny, and made me laugh out loud. I wrote on the post what was happening so that she could enjoy the JOY as well, and then it subsided immediately. Papa was confirming this word in a way that brought overwhelming JOY. So please enter into this with an open mind. I have listed my most common touches, however God can touch us in new ways all the time. God's creativity is limitless.

Here are my touches from Papa, simply, for clarity:

~Pin prick, zing of electricity, wave of sound in either ear, flutter (butterfly type feeling), slight pain, vibration (this brings a feeling of complete peace/relaxation), quickly twitching eye.

~~~I must add that Papa never hurts us, however, He can use slight pain, at times, to communicate. There is nothing to fear. As we go deeper with Him, He reveals His beautiful heart, showing us that He has our back and is always there for us.

**\*\*The Touch of JESUS**

Jesus' touch is gentle, tender, loving, and fun. I first recognized His touch by touches on my face. His touch feels like a brush, a slight tap or like a splash on the nose. It can feel like a soft kiss on our cheek or vibrations on my lips. His touch feels like a foot massage at times, gentle vibrations on my feet as I am writing this. Also, a gentle tingle up the calves of my legs, like a stroke. His touch can be felt as slight vibration anywhere on our body. Another of His touches is a warm hand on my back when I sleep; slight pressure and very beautiful. His touch can linger a bit longer and almost feels like a tickle on my cheek. Jesus' touch places me in complete peace instantly. He puts me to sleep each night with His touch. My hands feel like they are being held. Jesus often touches a specific finger, an instant message which warms my heart. (Five-fold ministry fingers: Thumb-Apostle, index finger-Prophet, Middle finger-evangelist, 4th finger- Pastor, pinky finger-Teacher) He truly is our Prince of Peace, filled with love. His sweet touch makes me smile and often brings happy tears of complete fulfillment. I love all His touches, but one of my favorites is when He strokes my head. It is a vibrating touch, starting at the top of my head, moving toward my forehead, feeling like His hand is on my head, tenderly stroking it. It feels like pure love.

Here is a list of Jesus' touches for quick reference, and you may have others to add:

~Gentle brush, stroking of head, slight tap, splash on the nose or elsewhere, soft kiss, gentle foot massage, vibrations, slight tingle up the legs, warm hand on back or elsewhere, tickle, holding of hands.

\*\*The Touch of the Holy Spirit

Holy Spirit is the first touch I experienced looking back to childhood. I now recognize that what I was feeling was the Holy Spirit all along. I remember feeling this when something inspired me as a young girl and throughout life. The Spirit's presence first felt like chills up and down flowing throughout my body. Holy Spirit often feels like a shiver of tingles. Holy Spirit is also felt in an amazing rush of heat. (FIRE!) Side note: Some women speak of hot flashes and I believe this may be the Holy Spirit coming upon us in this time of transition. (This view can help us strengthen us in this time, as we connect with God in these moments) The Spirit can feel like a refining fire throughout our body, often as we sleep, for we are refined during the night. This heat can also feel like a gradual heat boiling up, as we feel when we are sometimes 'embarrassed'. We can feel Holy Spirit as a breeze going by, a sudden wind, (as in Acts when the Spirit came upon them). Holy Spirit's presence can be totally all consuming and make us woozy while worshipping. We may find ourselves wanting to just lay down and bask in the presence of God. Holy Spirit's touch can feel like a "bubbling up" when we give prophetic words. The Spirit flows by bubbling up through us as the words come out of our mouths so easily for another. The first time you experience this you may be astounded and say to yourself: "where did all THAT come from"? I have also felt Holy Spirit in a dramatic way, my chest feeling suddenly, like it was literally on FIRE! I have experienced this twice, each time, the Lord revealing an increase in anointing. "Did not our hearts burn....." (Luke 24:32) We can also be overcome with JOY and begin to laugh uncontrollably, when Holy Spirit pours out the Joy of the Lord. It can come upon us suddenly and be very contagious if we are with other believers in the moment. Afterwards, I often feel like warm "goo", just melting into our chair, not wanting to move, but to bask in the Presence of God.

Here is a list of Holy Spirit's touches, which may look like this:

~~Chills/tingles running up and down, a sudden rush of heat, a burning FIRE, a gradual boiling up of heat as in embarrassment, a feeling of wooziness (some describe this as similar to intoxication in the best

sense), burning heart, an overwhelming sense JOY/ laughter, a feeling of melting, not wanting to move, but simply to enjoy and receive more of God's presence.

These are the ways I have personally felt each One of the God-head, however as you do this activation, please come back and tell us of YOUR personal experiences. When God was training me in this area, each One worked with me separately, for many weeks, only One at a time. When Papa's touches were established over time, along came Jesus, then Holy Spirit. God is gracious, patient, and the most brilliant Teacher. Make sure to communicate freely, and ask Him to confirm when you feel a touch. Your experiences will be uniquely yours, and recognize them and acknowledge them to God, there will be more. As you continue to do this activation regularly, God is faithful to show you which of the Three is touching you, bringing increased confidence, knowing the truth that GOD is WITH you in every moment. His touch is such a FAITH builder, as we place all fear behind.

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~~~First, choose a quiet place to spend time with God, where there will be no distractions. Get comfortable, relax and be ready to receive while awake. (If you end up taking a nap, the nap was the gift you were meant to receive this time.)

~~~Second, please say this prayer or one in your own words:

God, I place myself completely in Your hands now, and Yours only, to help me discern and learn Your touches. Activate my sense of spiritual touch Lord. Help me to feel Your touch in these moments. As I receive Your touch, show me how You want me to recognize You Father, Jesus and Holy Spirit. Help me to discern each One as my intimacy grows with You in the process. I want to have my sense of touch totally activated in order to recognize You, so that You are able to communicate with me fully, drawing me closer and closer to You in intimacy, all for Your GLORY. I receive everything You have for me Lord, for I know that You have a good plan for my life. I want to serve You well, and I thank You for Your presence with me now. As I receive Your presence, please confirm for me now, which One of You is with me, teaching me in these moments, in Jesus' name...AMEN.

~~~Third: Soak in God's presence and receive whatever happens next in total trust. If you feel a touch of any kind, acknowledge it, and speak freely to God. Ask questions. Enjoy this. This is a conversation. God is faithful to help you feel His touch, and to reveal who is touching you, as you work with Him step by step. Be blessed and have fun with each of the Three!

~~~Fourth: If you feel led to come back and share what God is teaching you along the way, please do. We look forward to hear about the touches you are experiencing. It will help encourage others who are also doing this activation, confirming for some who have felt similar touches.

<3 God, we give You all the GLORY and PRAISE, that You touch us, help us feel it and recognize all Three persons. What a blessing it is to know that you are with us in this tangible way, to confirm things for us through Your touch in each day. We ask Your blessing on each one here, who is hungry to receive Your touch and is seeking You through this exercise. We lift them to You today, and stand with them, to receive all You have for them today and in all the days ahead. Thank You for these most precious gifts you give so freely! In Jesus' name we pray....AMEN. <3

Have fun as you seek God, my friends. We are cheering you on! As always, if you have questions along the way, please feel free to check in with any of our leadership, listed on the welcome post. We are here to help!