

Activation: Spiritual Sense of TASTE

Introduction: Have you ever heard someone say, "That left a bad taste in my mouth"? I often think of this expression when our spiritual sense of taste is discussed. Since I have experienced God speaking to me in specific situations through what I am tasting, this expression has taken on a whole new meaning. God helps us discern things that are good, and things that are not so good, through this sense and it's very effective, just as when God speaks through our other senses.

This sense, for me, is a bit different from the others, in that I have only experienced it a handful of times, in specific situations, and what I have tasted can be described, from my view, in only two ways: Either SWEET or BITTER. God helps us discern God's presence, and things that are not of God, often lies.

When I have experienced this it has been sudden and clear. I describe the sweet as like "honey" and the bitter as not sour like a lemon, but bitter, unlike anything that comes to mind. I/we don't often consume things that are truly bitter, so when we experience it, it is easily recognizable.

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~First: Find a quiet place to soak in God's presence, where you will not be distracted and get comfortable.

~Second: Say this prayer or one in your own words:

Thank You, God, that You communicate with us so effectively through one or all of our spiritual senses, in many situations. I invite Your presence with me here to activate my spiritual sense of taste. I trust You, as I place myself in Your hands to connect with You deeply now, and receive whatever You have planned for this time. I praise and thank You for all You are teaching me, so that I can help draw others closer to you, through the gifts You have placed in me, spreading Your goodness and love. I look forward to experiencing what You are saying through the taste You place in my mouth, which will help me understand what You want me to know in that moment, whatever the situation, in Jesus' name....AMEN.

~Third: Soak in God's presence and simply receive. He may place a taste in your mouth as you soak during this activation, or Your first "taste" experience may be in the midst of daily life afterwards. He has a plan and is totally faithful to give you what you seek. Remember the words of Jesus in Matthew 7:7 "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you.

~Fourth: As the Lord leads you, please come back and share any experience of spiritual taste you have, which will help encourage others and confirm what they, too, are experiencing.

<3 Thank You, God, for Your faithfulness to all seeking You in this activation. We love You, adore You, and give You all the glory for our spiritual senses and our communication with You through them, in Jesus' name. <3

As always, we are here to help if you have questions. Please tag any administrator (names on the welcome post) if you seek our input. We are always happy to seek the Lord to confirm what He is saying to you, and we will always send you back to God to confirm the specific message and what you are to do

with the information. Be blessed and have fun with our God. — feeling thankful for God's communication.