**Week 1 Practice Schedule (2019/2020 Season)**

*\*\*\*Older players, make sure the younger players get a ride to Riverside Park for practice. No one is ever left behind.*

**Day 1….August 12th 4:15 p.m. – 8:30 p.m.**

* Helmets only
* Teacher in-service day 7:40 a.m. – 3:40 p.m.
* All players in Grade 9-12 will beet at the High School Boy’s Lockeroom at 4:15 p.m. Beginning at 4:15 players will get picture taken, be weighed and measured for their height.
* 4:45 p.m. to 5:30 p.m. All players will go to Auditorium Rules/Expectation meeting.
* 5:30 – 5:45 Players go to Riverside Practice
* 5:45 – 6:00 Varsity…Offensive Walk-thru JV Defensive Walk Thru
* 6:00 – 6:15 Varsity…Defensive Walk-thru JV Off. Walk-thru
* 6:15 – 8:15 p.m. Practice
* Auditorium cannot be used from 6:30-9:30 pm

**Day 2…August 13th 5:45 – 9 p.m.**

* Helmets and Shoulder Pads only. Shoulder pads can only be wore for one hour.
* Teachers have open house 4 – 5:30 p.m.
* 5:45 – 6 p.m. Varsity Off. Walk-thru / JV Def. Walk-thru
* 6:00 – 6:15 p.m. Varsity Def. Walk-thru / JV Off. Walk-thru
* 6:15 – 8:15 Practice
* 8:15 – 9 Meeting in Mr. Bertram’s Classroom
* Auditorium Cannot be used from 6:45- 9:30

**Day 3…August 14th 4:15 p.m. – 8:30 p.m.**

* Helmets and Shoulder Pads only
* Teacher Workshop 7:40 – 3:40 p.m.
* Meet at Boys Lockeroom at High School and you will then go to meetings in classroom . 4:15- 4:30 Varsity Offense with Meyer JV Defense with Fink. Meyer/Auditorium Fink/Elem. Computer Lab
* 4:30 – 4:45 Varsity Def. with Fink / JV off. With Meyer
* 4:45 – 5:00 Players will go to Riverside for Practice
* 5:00 – 5:15 Varsity offense walk-thru with Meyer / JV Def. walk-thru with Fink
* 5:15 – 5:30 Varsity Def. walk-thru with Fink / JV. Off. Walk-thru with Meyer
* 5:30 – 7:30 Practice at Riverside Park
* Auditorium may not be used from 3-4pm

**Day 4….August 15th 9:30 a.m. – 2 p.m.**

* Helmets and shoulder pads only.
* Players will meet at Boy’s lockeroom at the school and will then be told where to go.
* 9:30 – 9:45 Varsity off. Meyer / JV Def. with Fink (Discuss on-field behavior that is expected.)
* 9:45 – 10:00 Varsity Def. with Fink (Discuss on-field behavior that is expected.) / JV offense with Meyer
* 10:00 – 10:15 Players will go to Riverside for Practice
* 10:15 -10:25 Varsity off. Walk-thru with Meyer / JV Def. walk –thru
* 10:25 – 10:35 Varsity Def. walk-thru with Fink / JV Off. Walk-thru with Meyer.
* 10:35 – 12:35 p.m Practice at Riverside Park
* 12:35 – 12: 45 Players will go to High School Auditorium
* 12:45 -1:05 Adrenline Kickoff
* 1:05 – 2:00 Pizza at Outlaws!!!!!
* Auditorium can be used at anytime.

**Day 5….August 16th 9 a.m. - 12:45 p.m.**

* Full Pads Allowed – No Thud or Live Action
* 9 a.m. Meet in High School Auditorium
* 9:30 – 9:45 Players Drive to Riverside
* 9:45 – 9:55 Varsity Off. Walk-thru with Meyer / JV Def. with Fink
* 9:55 – 10:05 Varsity Def. Walk-thru with Fink / JV Off. With Meyer
* 10:05 – 12:05 Practice
* 12:05 – 12:15 Guest Speaker: Mitch Liedner…former MN Gopher Quarterback.
* 12:15 Team and Individual Pictures
* \*\*\*\*Please note!! All JV and Varsity Players should bring their home JV/Varsity full uniforms to practice this day for pictures. You will switch into them right before pictures.
* Auditorium can be used at any time.

**Week 2 Practice Schedule**

**Day 6, 7, 8 & 9th (August 19th – August 22nd)**

- 3:15 – 3:30 Meeting: Elementary Computer Lab

- 3:40- 6:00 Practice at Riverside Park

-Full Pads

-School begins for Springfield Students on August 19th.

- Auditorium is being used on Monday and Tuesday from 6:30-9 p.m.

Wed. through Friday it is free to use anytime.

\*\*\*On Tuesday, August 20th, All JV and Varsity Players should wear their game day uniforms. Varsity will wear the away jerseys and JV will wear their home jerseys.

**Day 10….Friday, August 23rd**

* No School for Springfield players!
* No Contact this day. Helmets/shoulder pads only.
* 9:00 a.m. – 12:00 p.m. practice at Riverside Park.
* 12 p.m – 1:00 Final Blitz selling Tiger Pride Packs.
* 1:00 p.m. 1:45 Pizza at The Garage! Turn in money from Tiger Pride pack sell.

**Day 11….Saturday, August 24th**

* Football Scrimmage at Tracy. Bus will be leaving at 7:30 a.m. You will wear practice uniform. Scrimmage start time is 9:00 a.m.

**Week 3 Practice Schedule**

-Unless told otherwise, the practice schedule the rest of the season will be 3:40 to 6 p.m.