

Clintonville Crèche Childcare

Meal Offerings

Breakfast	8:30
Morning Snack	10:30
Lunch	12:30
Afternoon Snack	3:00

✚ We avoid the DIRTY DOZEN.

✚ We provide FRESH fruits and vegetables daily.

✚ We limit juice and promote whole fruits instead.



Clintonville Crèche Childcare



MONDAY

Cheerios, Banana, and Yogurt
Slice of cheese & whole grain crackers
Tuna salad sandwiches
Peppers and hummus

TUESDAY

Hardboiled egg, avocado and toast
Apple slices
Broccoli and cheese quesadilla
Cottage cheese and pineapple

WEDNESDAY

Cheerios, Banana, and Yogurt
Slice of cheese & whole grain crackers
Turkey sandwiches with pretzels
Peppers and Hummus

THURSDAY

Whole Grain Pancakes with PB
Apple slices
Macaroni and cheese with broccoli
Cottage cheese and pineapple

FRIDAY

Hardboiled egg, avocado and toast
Slice of cheese & whole grain crackers
Vegetable Pizza
Peppers and hummus

