

AVAILABLE VIRTUAL TRAINING DATES

Mental Health
First Aider

MHFA England

Mental Health
Refresher

MHFA England

Mental Health
Skills for Managers

MHFA England



MHFA
Champion

MHFA England



MENTAL HEALTH FIRST AID

AUGUST 2025

2 full days: 13th/14th - 9am till 4:30 pm

Mental Health
First Aider

MHFA England

SEPTEMBER 2025

2 full days: 23rd/24th - 9am till 1pm

Mental Health
First Aider

MHFA England

OCTOBER 2025

4 Sessions: 14/15/21/22nd- 9am till 1pm

Mental Health
First Aider

MHFA England

2 full days: 16th/17th - 9am till 4:30 pm

Mental Health
First Aider

MHFA England

NOVEMBER 2025

2 full days: 26th/27th - 9am till 4:30 pm

Mental Health
First Aider

MHFA England

DECEMBER 2025

2 full days: 15th/16th - 9am till 4:30 pm

Mental Health
First Aider

MHFA England

MHFA England
INSTRUCTOR
MEMBER



SFA
Suicide First Aid
Understanding Suicide Intervention

All dates listed are for virtual
online zoom live training. We also
offer face to face training, please
contact us to find out more.

training@mentalhealth-charter.co.uk
or visit our website www.mentalhealth-charter.co.uk



MENTAL HEALTH CHAMPION

SEPTEMBER 2025

Full day: 29th - 9am till 4:30pm

MHFA
Champion

MHFA England

MENTAL HEALTH REFRESHER

SEPTEMBER 2025

Half day: 18th - 9am till 1pm

Mental Health
Refresher

MHFA England

FINANCIAL CHAMPION

NOVEMBER 2025

Half day: 7th- 10am till 12:30pm



FINANCIAL WELLBEING
CHAMPION®

MENTAL HEALTH SKILLS FOR MANAGERS

SEPTEMBER 2025

Half day: 25th- 9am till 1pm

Mental Health
Skills for Managers

MHFA England

SUICIDE FIRST AID

SEPTEMBER 2025

Half day: 25th- 1pm till 4:30pm



SFA

