

AVAILABLE VIRTUAL TRAINING DATES

Mental Health
First Aider

MHFA England

Mental Health
Refresher

MHFA England

Mental Health
Skills for Managers

MHFA England



MHFA
Champion

MHFA England



MENTAL HEALTH FIRST AID

JANUARY 2026

2 full days: 29th/30th - 9am till 4:30 pm

Mental Health
First Aider

MHFA England

FEBRUARY 2026

2 full days: 26th/27th - 9am till 4:30 pm

Mental Health
First Aider

MHFA England

MARCH 2026

2 full days: 24th/25th - 9am till 4:30 pm

Mental Health
First Aider

MHFA England

APRIL 2026

2 full days: 28th/29th - 9am till 4:30 pm

Mental Health
First Aider

MHFA England

MAY 2026

2 full days: 20th/21st - 9am till 4:30 pm

Mental Health
First Aider

MHFA England

MHFA England
INSTRUCTOR
MEMBER



SFA
Suicide First Aid
Understanding Suicide Intervention

All dates listed are for virtual online zoom live training. We also offer face to face training, please contact us to find out more.

training@mentalhealth-charter.co.uk
or visit our website www.mentalhealth-charter.co.uk



MENTAL HEALTH CHAMPION

FEBRUARY 2026

Full day: 25th - 9am till 4:30pm

MHFA
Champion

MHFA England

APRIL 2026

Full day: 27th - 9am till 4:30pm

MHFA
Champion

MHFA England

MENTAL HEALTH REFRESHER

FEBRUARY 2026

Half day: 24th - 9am till 1pm

Mental Health
Refresher

MHFA England

MAY 2026

Half day: 19th - 9am till 1pm

Mental Health
Refresher

MHFA England

FINANCIAL CHAMPION

MARCH 2026

Half day: 26th - 10am till 12:30pm

Fin
Well

FINANCIAL WELLBEING
CHAMPION®

MENTAL HEALTH SKILLS FOR MANAGERS

Please contact us for dates

Mental Health
Skills for Managers

MHFA England

SUICIDE FIRST AID

APRIL 2026

Half day: 27th - 9am till 12:30pm

SFA

SFA

