

# AVAILABLE VIRTUAL TRAINING DATES



## MENTAL HEALTH FIRST AID

### JANUARY 2026

2 full days: 29th/30th - 9am till 4:30 pm



### FEBRUARY 2026

2 full days: 26th/27th - 9am till 4:30 pm



### MARCH 2026

2 full days: 24th/25th - 9am till 4:30 pm



### APRIL 2026

2 full days: 28th/29th - 9am till 4:30 pm



### MAY 2026

2 full days: 20th/21st - 9am till 4:30 pm



**MHFA England**  
INSTRUCTOR  
MEMBER



**SFA**  
Suicide First Aid  
Understanding Suicide Intervention



All dates listed are for virtual online zoom live training. We also offer face to face training, please contact us to find out more.

training@mentalhealth-charter.co.uk  
or visit our website [www.mentalhealth-charter.co.uk](http://www.mentalhealth-charter.co.uk)

## MENTAL HEALTH CHAMPION

### FEBRUARY 2026

Full day: 25th - 9am till 4:30pm



### APRIL 2026

Full day: 27th - 9am till 4:30pm



## MENTAL HEALTH REFRESHER

### FEBRUARY 2026

Half day: 24th - 9am till 1pm



### MAY 2026

Half day: 19th - 9am till 1pm



## FINANCIAL CHAMPION

### MARCH 2026

Half day: 26th- 10am till 12:30pm



## MENTAL HEALTH SKILLS FOR MANAGERS

Please contact us for dates



## SUICIDE FIRST AID

### APRIL 2026

Half day: 27th- 9am till 12:30pm



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