

AVAILABLE VIRTUAL TRAINING DATES



MENTAL HEALTH FIRST AID

MAY 2026

2 full days: 20th/21st - 9am till 4:30 pm



JUNE 2026

2 full days: 24th/25th - 9am till 4:30 pm



JULY 2026

2 full days: 14th/15th - 9am till 4:30 pm



AUGUST 2026

2 full days: 19th/20th - 9am till 4:30 pm



SEPTEMBER 2026

2 full days: 23rd/24th - 9am till 4:30 pm



MENTAL HEALTH CHAMPION

APRIL 2026

Full day: 16th - 9am till 4:30pm



JUNE 2026

Full day: 17th - 9am till 4:30pm



MENTAL HEALTH REFRESHER

MAY 2026

Half day: 19th - 9am till 1pm



SEPTEMBER 2026

Half day: 22nd - 9am till 1pm



FINANCIAL CHAMPION

JULY 2026

Half day: 14th - 10am till 12:30pm



MENTAL HEALTH SKILLS FOR MANAGERS

Please contact us for dates



SUICIDE FIRST AID

Please contact us for dates



SFA
Suicide First Aid
Understanding Suicide Intervention



All dates listed are for virtual online zoom live training. We also offer face to face training, please contact us to find our more.

training@mentalhealth-charter.co.uk
or visit our website www.mentalhealth-charter.co.uk

