



# PLATINUM MEMBERSHIP PROCESS BOOKLET





# PLATINUM MEMBERSHIP EXPLAINED

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Our Platinum Membership is awarded to businesses we believe have gone above and beyond to prioritise mental health within the workplace.

We determine this via an audit after at least a year under Gold Membership. This process can also be fast tracked for an additional cost. We are here to support you through the platinum audit process





# WHAT IS INCLUDED IN OUR PLATINUM MEMBERSHIP ?

	<b>Bronze</b> free (6 months only)	<b>Silver</b> £499.99 per year	<b>Gold</b> £699.99 per year	<b>Platinum</b> free after 12 months of gold or fast track options for £999
Posters for awareness	✓	✓	✓	✓
Logo and certificate	✓	✓	✓	✓
Weekly awareness emails		✓	✓	✓
Mental Health Training		1 Person	2 People	3 People
Discounted training			✓	✓
Employee mental health app (My Mental Health Hub)			✓	✓
Mental health induction materials			✓	✓
Discounts on health and well-being products and services			✓	✓
Blogs			✓	✓
Employee Assistance Programme			✓	✓
100 trees planted in your business name			✓	✓
Well being check ins/ pop up sessions				✓
Training platform				✓
Audit, Accreditation and Award				✓



# HOW TO PREPARE FOR YOUR PLATINUM AUDIT

1

Contact us at  
[info@mentalhealth-charter.co.uk](mailto:info@mentalhealth-charter.co.uk)  
to book a date and time for your audit

2

On the day of your audit have any policy and procedure documents that relate to Mental Health and Wellbeing

3

A number of questions will be asked surrounding the Mental Health processes, training and awareness within your organisation.

4

At stage 4 there will be 2 outcomes. A report will be produced with actions to be taken within 28 days to achieve platinum status, or you have achieved accredited Platinum Membership





# EXAMPLE OF OUR AUDIT

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At the audit we will ask questions surrounding mental health supports/awareness and hazards in the workplace (risk assessments), including how you let employees know about Mental health first aiders, are they on notice boards, is it included in inductions etc.

here is an example of what might be asked:

## PLATINUM AUDIT

- Do you have a mental health policy (or is similar content contained in other OHS/HR policies)?
- Are the main psychosocial hazards in the workplace known?
- Are psychosocial risks covered in the organization/site risk register?
- Are psychosocial risks regularly assessed for their potential impact on employee health and safety (including mental health)?
- Are there risk management strategies in place for how known psychosocial risks are to be addressed?
- Is there a process to consult with employees regarding mental health risks (e.g. health and safety representatives/working groups/surveys)?
- Are employees provided mental health literacy/awareness training?
- Are employees provided with training and/or resources to understand and manage stress?
- Are employees provided with regular reminders/coaching to build healthy habits that increase resilience and prevent mental illness?
- (In addition to all-employee mental health literacy training) are leaders/managers provided with additional training on how to prevent harm and respond to mental health risks at work?
- Have relevant people received mental health first aid training?
- Is there additional support available to employees to address mental health concerns (e.g. employee assistance program/telephone hotline)?
- Is there a return to work policy to help employees return to work (or stay at work) following a mental health/stress situation?
- Do your incident investigation procedures account for psychosocial hazards?