Rest For The Weary **Matthew 11:28-30**

1. Where can we find **spiritual** rest?

This passage contains **3** commands from Jesus that lead to rest.  
  
2. I will experience rest for my **soul** as I obey Jesus.

A. **COME** TO ME

3. Can you look to a time when you **decided** to answer His call to come?   
**HIS INVITATION:**   
**\*\*If you’re hungry**

**\*\*If you’re thirsty**

**\*\*If you want eternal life**

B. TAKE MY **YOKE**   
4. The yoke of **rules** and **religion**. **The World’s YOKE**  
5. The yoke of **relationship**. **JESUS YOKE**  
**Yoke Pictures Three Things:**  
**a. Connection “Be with Me**.”

**b. Direction “Follow Me**.”

**c. Cooperation “Work with Me.”**

C. **LEARN** FROM ME   
6. We come, take up His yoke, the **process** of learning begins.  
**Gentleness:** **Strength** under control.