

August 30, 2026

*Welcome to our Parish Saint Benedict the Moor
Bienvenidos a nuestra parroquia San Benito el moro*



Rectory and Parish
1625 E. 12th St.
Winston-Salem, N.C. 27101
Phone: 336-725-9200

Fr. Melchesideck Yumo
Administrator
MWYumo@rcdoc.org



St. Benedict the Moor Mission Statement: Serving the spiritual needs of Catholics in and beyond the East Winston-Salem Community.

Today's Readings: *Jeremiah 20:7-9, Psalm 63:2, 3-4, 5-6, 8-9, Romans 12:1-2, Matthew 16:21-27*
Lectura, as de Hoy: *Jeremías 20:7-9, Salmo 63:2, 3-4, 5-6, 8-9, Romanos 12:1-2, Mateo 16:21-27*

22ND SUNDAY IN ORDINARY TIME

August 30, 2026 • Year A

MATTHEW 16:21-27

Jesus began to show his disciples that he must go to Jerusalem and suffer greatly from the elders, the chief priests, and the scribes, and be killed, and on the third day be raised.

"Whoever wishes to come after me must deny himself, take up his cross, and follow me. For whoever wishes to save his life will lose it, but whoever loses his life for my sake will find it."

Matthew 16:24-25



ST. BENEDICT THE MOOR CATHOLIC CHURCH

1625 E. 12th Street, Winston-Salem, NC 27101
Phone: 336-725-9200 • Website: stbenedictthemoor.net



Saint Benedict the Moor

Website: stbenedictthemoor.net

Office Hours: 9:00AM-3:00 PM Monday - Friday

If you would like to make an appointment with

Father Yumo: MWYumo@rcdoc.org or call
336-725-9200

Parish Office: 336-725-9200

Business Manager: Carolyn Richards

stbenswscr@gmail.com

Music Ministry:

Organist: Lois Jones

Choir Director: Arlene Glymph

Saint Monica Guild: Charlesetta Taylor

Saint Ann Altar Guild:

Altar Servers: Willie King

African Affairs Ministry: Lorraine Mortis

Coordinadora del Ministerio Hispano: Olga
Casarrubias (Bodas, Quinceañera) 336-995-
1334

Hispanic Youth Coordinator: Angelica Leonides
336-837-7143

Hispanic Music: Andres Hernandez

Hispanic Faith Formation: Teresa Pedraza - 336-
986-5540

Parish Council Chairman: Harold Holmes -
holmes@wfu.edu

Parish Council Vice-Chair: Angelica Leonides -
336-837-7143

Offertory August 23, 2026

Offertory \$ 1,490.00

Votive Candles.....\$ 12.00

DSA.....\$ 444.00

2026 DSA Goal—\$14,319.00

Amount Paid: \$14,569.90

Amount Over Goal: \$250.90

(The amount over goal will come back
to the Church)

*Pray for our sick and homebound/Orar por
nuestros enfermos y confinados en casa*

Please hold in your hearts and prayers those who
are sick, aging or homebound. Contact infor-
mation is available in the church office. Inform
the church office of parishioner illness or hospi-
talization.



Reginald Alexander
Veronica Broadnax
Deidre Berry
Harold Holmes

Also, please pray for all the lonely and homeless,
and all our loved ones who have gone before us.

Holy Mass Schedule

Sundays - 9:00 AM - English
2:00 PM - Spanish

Weekday Masses

Mondays - 12:15 PM

Thursdays - 12:15 PM

Fridays - 12:15 PM

Sacrament of Penance

Before all Masses

Adoration

Wednesday 10:00 PM through
Thursday 12:00 PM (noon)



September Lectors

Daily Lectors:

Monday: (Open)

Thursday: Glenn Lanham

Friday: Gabriella Holland



Sundays:

September 6 Gabrielle Mortis

September 13 Denise Warner

September 20 Rose Hinson

September 27 Lizeth Acuna-Hernandez



Have you ever noticed that Jesus never explicitly says, "Imitate me"? Instead, he repeatedly invites us to "follow me." In today's Gospel, for example, he tells all who would be his disciples: "Whoever wishes to come after me must deny himself, take up his cross, and follow me." Throughout the Gospels, this invitation appears nineteen times. Clearly, "follow me" lies at the heart of Christian discipleship. But what did Jesus mean by these words?

When Jesus first spoke of taking up one's cross, he was not referring to his own crucifixion, for that had not yet taken place. Rather, he was using a familiar expression of his time. From the days of Plato through the first century, the phrase "take up your cross and follow me" conveyed the idea of being prepared to give one's life for a worthy cause. For Jesus, it meant being willing to live—and, if necessary, die—for the Kingdom of God. It called for a complete commitment to his mission and way of life.

By the time Matthew wrote his Gospel, however, Jesus' crucifixion had already become the defining event of Christian faith, and many believers were experiencing persecution. Matthew's readers naturally understood these words in light of Christ's sacrifice and their own trials. Yet during his earthly ministry, Jesus' primary point was clear: following him requires far more than intellectual belief or a half-hearted attachment. It demands wholehearted dedication—a willingness to shape one's entire life according to his teachings and the values of God's Kingdom.

What, then, does it mean for us to follow Jesus today? At its deepest level, it means embracing his mission throughout our lives, wherever it may lead us. The theologian Karl Rahner describes Christian discipleship as "dying with Christ," calling it "dying by installments." He does not mean that Christians should seek suffering. Jesus himself never sought suffering for its own sake; he simply accepted it when it came as a consequence of faithfully carrying out his Father's will. The hardships he endured were part of the human condition, not the result of self-imposed asceticism.

To carry the cross of Christ, therefore, is to bear the personal crosses that life places before us. It means accepting the responsibilities, disappointments, sacrifices, and trials we would naturally prefer to avoid. It means remaining faithful to Christ in the ordinary circumstances of daily life. Often, these quiet, hidden crosses weigh more heavily upon us than dramatic acts of sacrifice. Each person's cross is unique. Conformity to Christ, then, is found not in extraordinary feats but in faithfully embracing God's will as it unfolds in the everyday experiences of our lives.

Jesus continues in today's Gospel with another of his striking paradoxes: "Whoever wishes to save his life will lose it, but whoever loses his life for my sake will find it." St. Paul expresses the same truth in different words: "If we have died with Christ, we believe that we shall also live with him" (Romans 6:8). These teachings reveal the heart of Christian living. They call us to spend ourselves generously, to place others before ourselves, and to serve Christ with selfless love. They stand in sharp contrast to the selfishness and self-centeredness that lie at the root of sin.

Finally, Jesus reminds us that his invitation is universal: "Whoever wishes to come after me..." His call is not reserved for a select few. It does not require a monastic vocation or withdrawal from the world. Rather, it is addressed to every Christian, regardless of vocation or circumstance. To follow Jesus is to live as he lived—to love as he loved, to serve as he served, and to accept faithfully the unique path God has given each of us. This is what it truly means to take up our cross and offer our lives for the cause of Christ.

¿Alguna vez has notado que Jesús nunca dice explícitamente «¡mígame!»? En cambio, nos invita repetidamente a «seguirlo». En el Evangelio de hoy, por ejemplo, dice a todos los que quieran ser sus discípulos: «El que quiera venir en pos de mí, que renuncie a sí mismo, tome su cruz y me siga». Esta invitación aparece diecinueve veces a lo largo de los Evangelios. Claramente, el «¡sígueme!» está en el corazón del discipulado cristiano. Pero ¿qué quería decir Jesús con estas palabras?

Cuando Jesús habló por primera vez de cargar la propia cruz, no se refería a su propia crucifixión, pues esta aún no había tenido lugar. Más bien, empleaba una expresión habitual de su época. Desde los tiempos de Platón hasta el siglo I, la frase «toma tu cruz y sígueme» transmitía la idea de estar dispuesto a dar la vida por una causa noble. Para Jesús, esto significaba estar dispuesto a vivir —y, de ser necesario, a morir— por el Reino de Dios. Implicaba un compromiso total con su misión y su estilo de vida.

Sin embargo, para cuando Mateo escribió su Evangelio, la crucifixión de Jesús ya se había convertido en el acontecimiento definitorio de la fe cristiana, y muchos creyentes sufrían persecución. Naturalmente, los lectores de Mateo entendían estas palabras a la luz del sacrificio de Cristo y de sus propias pruebas. No obstante, durante su ministerio terrenal, el mensaje principal de Jesús era claro: seguirle exige mucho más que una creencia intelectual o un apego a medias. Requiere una entrega total: la disposición a moldear toda la vida conforme a sus enseñanzas y a los valores del Reino de Dios.

¿Qué significa, entonces, seguir a Jesús hoy en día? En su nivel más profundo, significa abrazar su misión a lo largo de nuestra vida, adondequiera que esta nos lleve. El teólogo Karl Rahner describe el discipulado cristiano como «morir con Cristo», calificándolo de «morir a plazos». Con ello no quiere decir que los cristianos deban buscar el sufrimiento. Jesús mismo nunca buscó el sufrimiento por sí mismo; simplemente lo aceptó cuando surgió como consecuencia de cumplir fielmente la voluntad de su Padre. Las adversidades que soportó formaban parte de la condición humana, no eran el resultado de un ascetismo autoimpuesto.

Por tanto, cargar con la cruz de Cristo significa sobrellevar las cruces personales que la vida pone ante nosotros. Implica aceptar las responsabilidades, las decepciones, los sacrificios y las pruebas que, por naturaleza, preferiríamos evitar. Significa permanecer fieles a Cristo en las circunstancias ordinarias de la vida cotidiana. A menudo, estas cruces silenciosas y ocultas pesan más sobre nosotros que los actos dramáticos de sacrificio. La cruz de cada persona es única. La conformidad con Cristo, pues, no se encuentra en hazañas extraordinarias, sino en abrazar fielmente la voluntad de Dios a medida que esta se manifiesta en las experiencias cotidianas de nuestra vida.

En el Evangelio de hoy, Jesús continúa con otra de sus sorprendentes paradojas: «Quien quiera salvar su vida, la perderá; pero quien pierda su vida por mí, la encontrará». San Pablo expresa la misma verdad con otras palabras: «Si hemos muerto con Cristo, creemos que también viviremos con él» (Romanos 6, 8). Estas enseñanzas revelan el corazón de la vida cristiana. Nos llaman a entregarnos generosamente, a anteponer a los demás a nosotros mismos y a servir a Cristo con un amor desinteresado. Contrastan marcadamente con el egoísmo y el egocentrismo que se encuentran en la raíz del pecado.

Finalmente, Jesús nos recuerda que su invitación es universal: «El que quiera venir en pos de mí...». Su llamada no está reservada a unos pocos elegidos. No exige una vocación monástica ni retirarse del mundo. Más bien, se dirige a todo cristiano, independientemente de su vocación o circunstancias. Seguir a Jesús es vivir como él vivió: amar como él amó, servir como él sirvió y aceptar fielmente el camino único que Dios ha dado a cada uno de nosotros. Esto es lo que verdaderamente significa cargar con nuestra cruz y ofrecer nuestra vida por la causa de Cristo.



Weekly Mass Intentions and Readings

Monday, August 31 Amelia Romaldini's Birthday

1 Corinthians/1 Corintios 2:1-5
Psalm/Salmo 119:97
Luke/Lucas 4:16-30

Tuesday, September 1

1 Corinthians/1 Corintios 2:10b-16
Psalm/Salmo 145:17
Luke/Lucas 4:31-37

Wednesday, September 2

1 Corinthians/1 Corintios 3:1-9
Psalm/Salmo 33:12
Luke/Lucas 4:38-44

Thursday, September 3 Cheryl Helms

1 Corinthians/1 Corintios 3:18-23
Psalm/Salmo 24:1
Luke/Lucas 5:1-11

Friday, September 4 Holy Souls in Purgatory

1 Corinthians/1 Corintios 4:1-5
Psalm/Salmo 37:39a
Luke/Lucas 5:33-39

Saturday, September 5

1 Corinthians/1 Corintios 4:6b-15
Psalm/Salmo 145:18
Luke/Lucas 6:1-5

Sunday Mass Intentions

9:00 am Mass **Jean Whelan**



Use QR code below to go to St. Benedict the Moor UTUBE channel



Vanco Online Giving



St. Benedict the Moor Website QR Code



Planificación Familiar Natural

980 374 3431

Donación \$30
Incluye Material y Almuerzo

Regístrese usando código QR





sábado 5 de Septiembre



9:30 AM - 3:00 PM

Ayudando a las parejas casadas a profundizar en el amor conyugal.

 Iglesia Católica Nuestra Señora de la Merced 1730 Link Rd. Winston-Salem NC 27103

Journey Through History on the Blue Ridge Parkway, Friday, September 25, 2026

Join your St. Benedict the Moor family for a day of fellowship, history, and beautiful mountain scenery as we visit the path of Hosea Price, founder of St. Benedict the Moor Catholic Church. Learn about his legacy and the historic confrontation at the Bluffs picnic area on July 27, 1941.

After the tour, we will enjoy lunch at the historic Bluffs Restaurant (meal purchased individually).

A transportation fee will be collected to help cover the cost of the van and fuel. The amount will depend on the number of participants.

Please sign up early to help us determine transportation needs. We invite all parishioners, family, and friends to join us for this meaningful journey celebrating our history, faith, and fellowship.

Sign up sheet will be available at the entrance to the church.

Un viaje a través de la historia por la Blue Ridge Parkway Viernes, 25 de septiembre de 2026

Acompañe a su familia de la parroquia St. Benedict the Moor en una jornada de convivencia, historia y hermosos paisajes montañosos mientras recorremos el sendero de Hosea Price, fundador de la iglesia católica St. Benedict the Moor. Conozca su legado y los detalles del histórico enfrentamiento ocurrido en el área de pícnic «The Bluffs» el 27 de julio de 1941.

Después del recorrido, disfrutaremos de un almuerzo en el histórico Bluffs Restaurant (la comida se paga por separado).

Se cobrará una tarifa de transporte para ayudar a cubrir el costo de la furgoneta y el combustible. El importe dependerá del número de participantes.

Por favor, inscribanse con antelación para ayudarnos a determinar las necesidades de transporte. Invitamos a todos los feligreses, familiares y amigos a acompañarnos en esta significativa travesía para celebrar nuestra historia, nuestra fe y nuestra comunión.

La hoja de inscripción estará disponible en la entrada de la iglesia.

Do not conform to the pattern of this world,
but be transformed by the renewing of your mind.
Then you will be able to test and approve what
God's will is—his good, pleasing and perfect will.

Romans 12:2



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