

**POWER FOR LIFE
Terms & Conditions**

Please sign and return this page to your child's coach at practice.

By signing this document, I have agreed to register _____ with Power Aquatics. I attest that my registration form has been submitted and is accurate and complete.

Signature Parent / Guardian Print Name Date

Further, I have read and agreed to the ***Waiver, Athlete Protection, Athlete Behavior and Deportment, Payments, Meet Participation, Group Placement and Late Pick-up POLICIES.*** (See attached)

Signature Parent / Guardian Print Name Date

I have read, understood and agree to abide by the Swimmer Behavior / Deportment policies:

Signature Participant (Ages 11 & Up) Print Name Date

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Please keep these pages for your reference

I. RELEASE AND WAIVER OF LIABILITY: PLEASE READ CAREFULLY

I, the above signed, request voluntary participation for my swimmer to participate in the events which are hereinafter referred to activities sponsored by Power Aquatics. I consent to this participation in the activities and acknowledge that I fully understand that participation may involve risk of serious injury or death, including losses which may result not only from the participant's actions, inactions or negligence, but also from the actions, inactions or negligence of others, conditions of the facilities, equipment or areas where the event or activity is being conducted or the rules of play of this type of event or activity. I understand that if I have any concerns I should discuss the risks associated with participation with Power staff before I sign this release.

I agree to indemnify, save, and hold harmless Power Aquatics from any and all claims, demands, losses, damages, and liabilities for indemnities, contribution or otherwise with respect to any damage and/or injury of any type from the Participant's participation in the activities. I agree that this Release and Waiver of Liability, Assumption of Risk and Indemnity Agreement extends to all acts of negligence and is intended to be as broad and inclusive as is permitted by the laws of the State of Texas. If any portion is held invalid, it is agreed that the balance shall notwithstanding continue in full legal force and effect.

II. REGISTRATION FORM – REQUIRED EACH YEAR

*A new registration form is required for each swimmer every new season. The registration form is electronic and is linked on the website. It is very important that we have as much information as possible to ensure that we can contact you if needed (**make sure we have your current email address**), especially in case of emergency. Please go over the swimmer department portion with your child. It is very important that everyone understands the behavior expectations.*

III. PAYMENTS

There are no refunds for payments made. Credit to your account may be assigned at owner's discretion.

Payments are accepted in the following ways:

Please make all checks payable to POWER

- Credit Card** **Link available on invoice**
- Personal Check** Mailed to the address, below, or dropped off at practice
- PayPal** Links available on the website.
- Bank Check** Account Number: Your Swimmer's Name
- Mailing Address:** Power Aquatics
22526 Cove Hollow Drive
Katy, TX 77450

IV. FEES

- 1. REGISTRATION FEE:** Required for all participants. **\$100** due at initial registration and annually thereafter (*there is an additional fee paid directly to USA Swimming. See our website for links*). Includes T-shirt and cap.
- 2. TRAINING FEES FOR COMPETITIVE TEAM:**
 - Option 1 -- YEARLY PAYMENT:** Available in September only; save \$\$ compared to monthly fee
 - Option 2 -- MONTHLY PAYMENT:** 8 installments September 1st through April 1st

OPTION #1 Annual Fee; Swimmers who move up after December will not pay any additional fees.

Fees quoted represent a/check/Credit Card discount. PayPal is available online at a slightly higher rate. Contact us if you wish to receive an invoice to pay by credit card.

GROUP	YEARLY FEE Due September 1
Rain	\$ 1785
Lightning 2	1890
Lightning I	1965
Thunder 3	2100
Thunder 2	2100
Thunder I	2175

OPTION # 2 Monthly Payments (Year split into 8 monthly installments). Swimmers who age up are subject to fee increase on the 1st of the new month. ***\$10 Late Fee applied to all payments received after the 10th of any month.***

New PFL swimmers starting in April and May will pay \$50 registration and the monthly fee till June 1st. Swimmers starting in the summer will pay a lump sum of \$650 for Thunder and \$550 for Lightning.

GROUP	1 st of Month
Rain	\$ 205
Lightning 2	265
Lightning 1	275
Thunder 3	290
Thunder 2	290
Thunder 1	300

3. TRAINING FEES FOR SHARK SCHOOL:

Shark School fees are **\$90 per month, payable on the 1st of the month.** We require written notice is a swimmer is discontinuing practice. Swimmers who take a hiatus for any reason will be placed on a waiting list pending return. We do not guarantee a spot without payment.

Summer Clinics will be \$90 per session for current swimmers and \$125 per session for those new to the team.

4. MOVING UP FROM SHARK SCHOOL

Swimmers will be moved up to the competitive team three times during the season: October, January, and May.

October -- pay PFL monthly fee till April 1 (6 payments, or ¾ season)

January -- pay PFL monthly fee till April 1 (4 payments, or half the season)

May -- pay PFL monthly fee till June 1 (2 payments, or ¼ season)

V. MEET PARTICIPATION and IMX SCORES

Meet Fees: \$70 for one day; \$120 for two days; \$150 for three days. Per Gulf Swimming regulations, meet fees are not refundable once submitted to the host team.

The meet fee covers individual event entry fees, participation fees, team entry fees, relays, and coaching costs (travel, accommodation, time on deck, etc.). The fee does not change regardless of the number of events in which each swimmer is entered or the location of the meet. Some meets have low costs, but they help off-set the higher cost meets. The one exception will be the Team Travel Meet where fees are based on swimmer, coach, and chaperone expenses.

Parents are asked to comply with the meet entry due dates as published in the newsletter to avoid missed opportunities for their swimmer to participate. Payments may be made in the same manner as monthly fees.

Swimmers in the competitive groups are required to attend a minimum of two (2) meets per season. Open Meets are held once per month with championships in December, February, and July. Swimmers do not have to attend every meet nor do they have to attend every day of a meet. We do expect all of our competitive swimmers to work to achieve their IMX Score each season (both Short Course and Long Course) because it gives our team credibility with USA Swimming. *We strongly encourage all of our competitive swimmers to try to swim every event at least once per year.*

VI. ATHLETE PROTECTION POLICIES

The protection and safety of our athletes is our primary concern. All Parents are strongly encouraged to take the on-line training course offered through USA Swimming on recognition of Sexual Abuse at:

http://www.praesidiuminc.com/armatus/reference_parents.php

To this end, direct electronic communication between coaches and athletes will not take place. This includes (but is not limited to) email, text, social media, and cell phones. Parents who would like to have their athletes receive the newsletter are encouraged to forward it to their swimmer's account as it is against policy for a coach to do so.

Private Lessons with Power Aquatics Coaches will be conducted only when there is another coach present. All coaches must stay at the end of practice until all swimmers have been picked up.

Swimmers turning 18 MUST have completed the USA Swimming Athlete Protection Training (APT) course on the USA Swimming website. This must be done prior to the swimmer's 18th birthday. Swimmers who have not completed the course on time will not be allowed to train with the team or compete in meets, per USA Swimming policy.

VII. SWIMMER BEHAVIOR / DEPARTMENT

Each swimmer must understand and agree to the following policies regarding behavior and deportment:

- **Respect Others.** Treat every person on the team and associated with the sport with respect. This includes, but is not limited to other swimmers, all coaches, officials and facility personnel.
 - **Keep your hands and feet to yourself.** Personal physical contact between swimmers is not permitted.
 - **Respect your 'House'.** Treat all of the facilities we attend with the utmost respect. Damage to any facility (pool, hotel, bus) caused by a swimmer will be the responsibility of the swimmer and their parents
 - **Play Well with Others.** Hazing, bullying or harassment of other swimmers is **strictly prohibited**. Swimmers do not have to like everyone on the team, but they must get along with everyone on the team.
 - **Display Good Sportsmanship.** Good sportsmanship is the standard of behavior expected at all times. Congratulate and encourage other competitors. Cheer each other on. Overt emotional displays (either positive or negative) are strongly discouraged.
 - **Keep your Body Clean.** Use of prohibited substances including drugs, alcohol, banned substances (such as steroids) and tobacco is not permitted. There is a zero tolerance for these actions and will result in expulsion from the team.
 - **Make your mother proud.** When the team is travelling, swimmers of opposite genders will not be permitted in same hotel rooms.
Swimmers who do not conform to the above behavior expectations are subject to removal from the team.
- Swimmers aged 12 and older must sign the Registration Form in Acknowledgement of having read, understood and agreed to these policies.

VIII. GROUP PLACEMENT

The placement of all swimmers is at the discretion of the Head Coach. For the most part, swimmers are grouped according to their age group. Modifications to this policy are based on the following: Age Appropriate; Physical Development; Emotional Maturity; Intellectual Maturity; Swimming Ability; Attendance / Commitment; Training Ability; Personal Goals. Each criterion is given close consideration before a swimmer is advanced to the next level. We will more often err on the side of caution, rather than push the swimmer into a group for which they are not ready. Parents are asked to support the decision of the coaches on all group placements.

IX. LATE PICKUP

Because all coaches are required to stay until all swimmers are picked up for the last practice of the session each day, parents who are late picking up their swimmer will be assessed a baby-sitting fee of \$5 for every minute after the 15 minute grace period to pay the coaches for their time.

