

POWER NEWS
Dec 14, 2023

IMPORTANT DATES:

Dec 15: Competitive Team Christmas Party; regular swim practice from 5 PM to 6 PM; party from 6 PM to 7:30 PM

Dec 18: Holiday practice schedule begins, we move to afternoons

Jan 2: Regular evening practice schedule resumes

Jan3: First Shark School practice of 2024

PARENT/FAMILY T-SHIRTS

Family t-shirts are in and they are VERY CUTE. I will be at practice today from 5 PM to 6 PM to distribute them in time for the champs meet this weekend. After today you can pick them up at the pool any time.

HOLIDAY PRACTICE SCHEDULE

- **DEC 18 -22 AFTERNOONS**
 - Thunder -- 1 PM to 2:30 PM
 - Lightning 1 – 2:30 PM to 3:45 PM
 - Lightning 2 – 2:30 PM to 3:45 PM
 - Rain – 2:30 PM to 3:30 PM Monday/Wednesday/Friday
 - Swim Up/Shark School – Monday / Wednesday 3:15 PM to 4:00 PM
- **DEC 27**
 - Thunder -- 8 AM to 9 AM
 - Lightning & Rain -- 9 AM to 10 AM
 - No Shark School or Swim Up this week
- **DEC 28 & 29**– TBD; We have a schedule conflict with THS so will likely have afternoon practices on those days but it's not yet confirmed

DECEMBER CHAMPIONSHIPS -- Gulf Fall Champs Dec 15 – Dec 17; we are at Katy High School. Arrive 15 minutes before the warmup.

PFL HOLIDAY PARTY – Competitive Team Only

Dec 15 from 6 PM to 7:30 PM in the 9th Grade Commons

Please bring a gift suitable for your swimmer's age group. \$15 value. 12 & Unders will do a gift exchange by practice group. Thunder groups will do the traditional White Elephant gift exchange. Remember please, bring a gift to get a gift! Cost is \$5 for tacos, cookies, and drinks.

WEATHER POLICE –ALL SWIMMERS must wear shoes, sweats, jackets and hats.
Baby, it's cold outside!