

POWER NEWS
January 26, 2024

IMPORTANT DATES:

Jan 26: New Friday practice schedule begins

Jan 26: 14&Under champs meet entry corrections due

PLEASE BE SURE YOU ARE SIGNED UP FOR REMIND 101 FOR YOUR CHILD'S PRACTICE GROUP. INSTRUCTIONS ON THE WEBSITE.

STAFFING UPDATE: Thunder & Lightning (Rain and Shark School remain the same)

Thunder coaches:

Coach Sharon – Thunder 1

Coach Russell – Thunder 2

Coach Andy – Thunder 3

Coach Wendy – assistant

Lightning coaches:

Coach Andy – Lightning 1

Coach Laura – Lightning 2

Coach Sharon – Lgt 1 warm-up (6 PM to 6:30 PM)

FRIDAY PRACTICES: 5 PM to 7 PM. Starting Jan 26th. Coach Andy, Coach Laura, and Coach Stacey on deck. *We don't have lifeguards this week so no diving practice today.*

- Thunder: 5 PM to 7 PM
- Lightning 1: 5:30 PM to 7 PM
- Lightning 2: 5:45 PM to 7 PM
- Rain: 6 PM to 7 PM

EQUIPMENT: Everyone on the competitive team should have equipment by now. The equipment list is on the website.

Note: *Power swimmers may NOT borrow Taylor High School equipment such as kickboards and flippers, etc. from the wire bins on deck. Even if you are a Taylor swimmer, this equipment is off-limits during our practices. **We rent only the pool space, not the equipment.***

The elevated viewing platform near the pool doors is also off-limits to Power. Parents, do not go up there to watch practice.

SHARK SCHOOL COACHES: Your W9s are due to Lisa, our bookkeeper, immediately. We have a Jan 31 deadline to file 1099s for you. This is a federal tax requirement. Blank forms were sent to parent emails earlier this week but right now only three coaches have returned the completed document.

WEATHER POLICE –ALL SWIMMERS must wear shoes, sweats, jackets, and hats.