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Print for Yourself & Friends!

(815)467-0656 Minooka

(815)584-1100 Dwight

Dr. Michael Smith DC, DACRB

Cash or Credit Fee Schedule

\$25 Exam

\$30 Spinal or Extremity Adjustment

\$35 Acupuncture

\$25 Massage \$10/\$30 Dry Needling

\$175 Custom Foot Orthotics

Walk-In, No Appointment

Chiropractic treatment of: SHOULDER PAIN

The shoulder is a very dynamic and delicate structure. It allows for plenty of movement so that we can manipulate the world we live in through the use of our hands. This vast amount of movement comes at the cost of being inherently vulnerable to injury in the slightest of ways, including reaching overhead. When the shoulder becomes painful, it often limits our ability to function, reminding us how important it is to have a healthy shoulder. Most shoulder ailments, including tendonitis, bursitis, impingement or rotator cuff syndrome, involve a degree of joint and muscle dysfunction or imbalance. This dysfunction or imbalance allows for abnormal shoulder movement, creating overpressure or pinching of tissues that become painful and sometimes even begin a gradual process of tearing and scarring.

A customized Chiro25, Ltd treatment plan with Chiropractic Adjustments of the shoulder can improve shoulder movement and bring about relief. If you suffer from shoulder pain or have had shoulder surgery, consider an expert chiropractic examination at Chiro25, Ltd to see if we can help you today.

For **Help** with your **pain** and **activity limitations**, consider **Chiro25** today.

This information is to educate and inform, and is not a substitute for the advice of a licensed health care provider. Seek prompt attention for any specific health issue, or before starting an exercise and/or diet program.

Stop by today or visit our website at www.MyChiro25.com for more practice info.

Michael S. Smith DC, DACRB, CCEP, CSCS

Affordable, Convenient, & Prompt