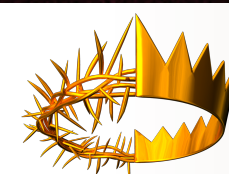




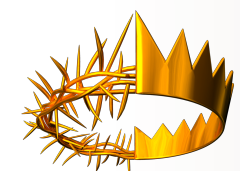
Anchoring the Soul: Prioritizing Daily Worship

MODULE 4

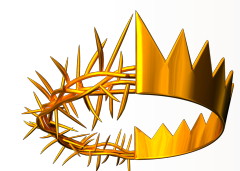


LEARNING OBJECTIVES

To move participants from "anxious scrolling" and "prophetic obsession" to a secure, Christ-centered rest that withstands global turbulence.



INTRODUCTION: THE "PERMACRISIS"



REDEEM THE TIME 30

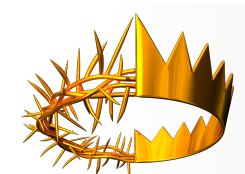
BRITISH UNION CONFERENCE | STEWARDSHIP DEPARTMENT



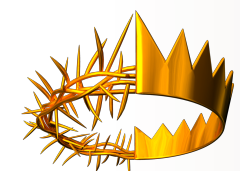
GOD FIRST
ADVENTIST STEWARDSHIP MINISTRIES

The Hook:

- Share the quote from 2017 about "stumbling blindly from one calamity to the next." **Ask the group:** "If 2017 was a whirlpool, what is 2026?"
- **The Reality Check:** List the "colliding crises" mentioned in the text (Pandemic, War in Europe, Middle East conflict, erosion of trust).
- **The Question:** In a world of "Very Bad News," how do we keep from "falling back" or "chilling and going with the flow"?



MISSING THE POINT: THE DOLL AND THE PAPER



THE ILLUSTRATION:

- Tell the story of Mary's 4th birthday. She was more enamored with the rainbow-colored wrapping paper than the doll.

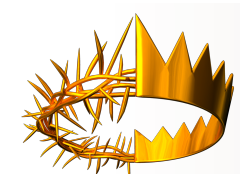
THE PARALLEL:

- Discuss how we often do this with faith.
- The Wrapping Paper: Prophetic charts, end-time timelines, geopolitical analysis.
- The Gift: The person, character, and presence of Jesus.

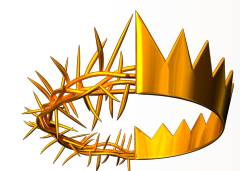
Key Concept:

Prophetic charts help us sense the times, but they cannot anchor the soul.

Missing the Point: The Doll and the Paper



THE SUPREME RESOURCE: THE BOOK OF HEBREWS



REDEEM THE TIME 30

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CONTEXT:

- Explain that Hebrews was written to people wanting to "give up" because of persecution and exhaustion.

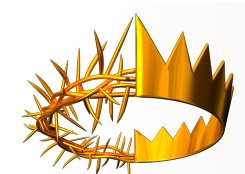
THE AUTHOR'S ANSWER:

- He doesn't give them a new timeline; he gives them a High Priest (Hebrews 4:15-16).

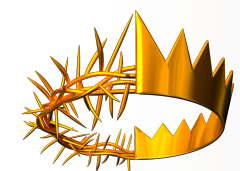
Group Discussion: * Read Hebrews 12:2-3 (The Message).

- How does "studying how He did it" shoot adrenaline into a flagging faith?
- What does it mean for Christ to "fill your horizons"?

The Supreme Resource: The Book of Hebrews



THE ANCHOR VS. THE WHIRLPOOL



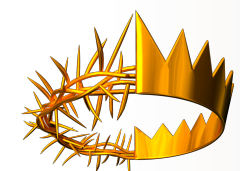
Geopolitics vs. The Kingdom:

- Acknowledge the Adventist hymn "Nations are Angry." While nations are turbulent, the "Rock which cannot move" is the Savior's love.

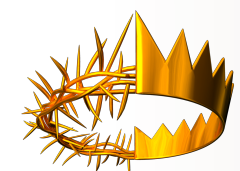
Practical Shift:

- Redeeming the time isn't just about efficiency; it's about where the eyes are fixed. If the eyes are on the phone alerts, the soul is in the whirlpool. If the eyes are on Jesus, the soul is anchored.

The Anchor vs. The Whirlpool



CONCLUSION & SONG



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The "So What":

- Don't wait for a future crisis to find an anchor. The "permacrisis" is already here.

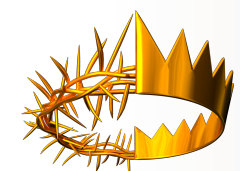
Activity:

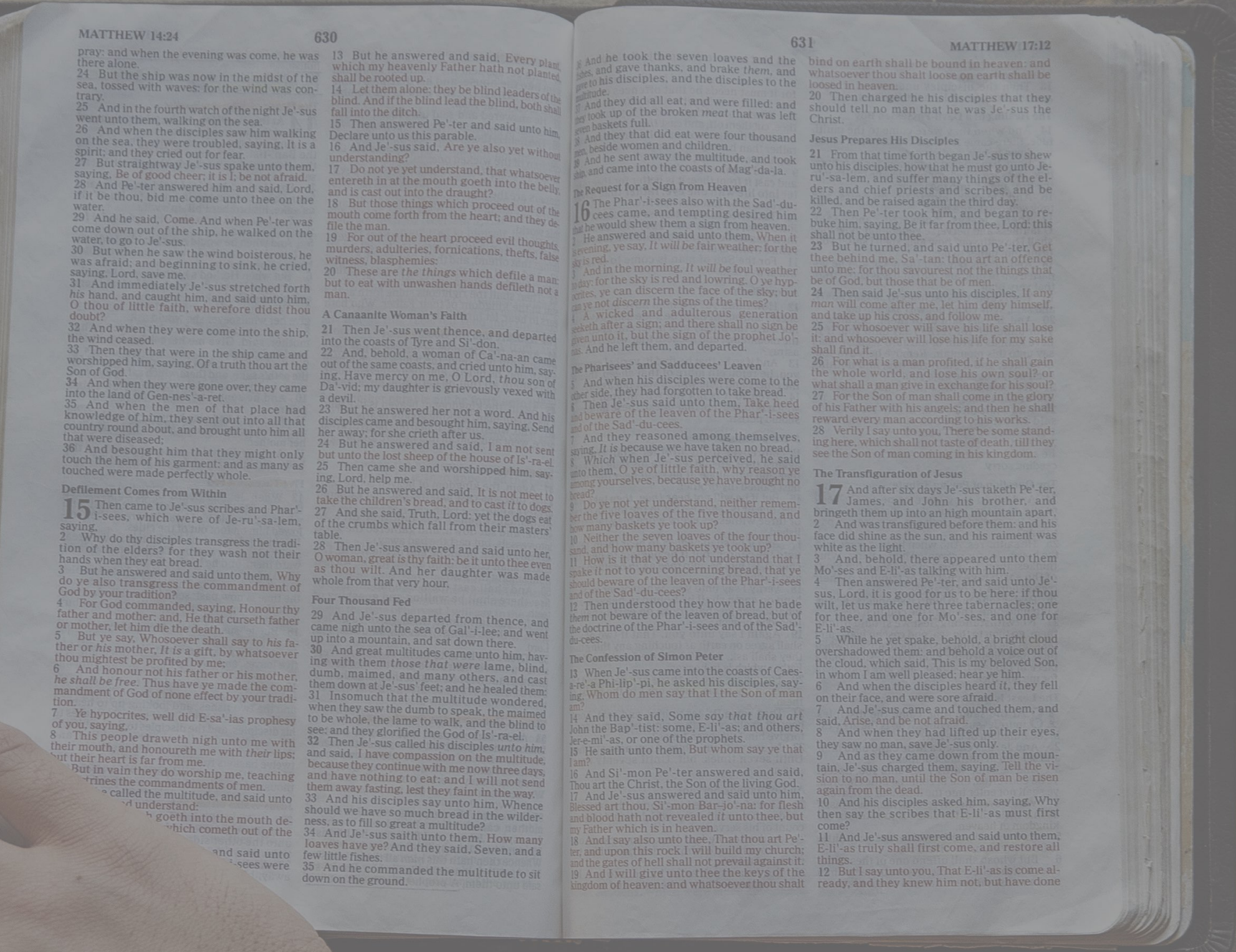
Have the group listen to or read the lyrics of "Will Your Anchor Hold" (SDA Hymnal 534).

Prayer:

- Pray for "Christlike hearts" over "Prophetic charts."

Conclusion





David Neal