

Student Worksheet



Commitment to a Balanced Life

MODULE 6

Name: _____



REDEEM THE TIME

BRITISH UNION CONFERENCE | STEWARDSHIP DEPARTMENT



GOD FIRST
ADVENTIST STEWARDSHIP MINISTRIES

"Time is the talent of all talents. If not used for God, it is a loss to the world."



STEP 1: SCRIPTURAL REFLECTION

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Read each text slowly. In the space provided, write 2–3 sentences on how this specific verse challenges your current lifestyle.

Text 1: The Call to Wisdom

"So teach us to number our days, that we may gain a heart of wisdom." — Psalm 90:12

Your Reflection:



STEP 1: SCRIPTURAL REFLECTION

Read each text slowly. In the space provided, write 2–3 sentences on how this specific verse challenges your current lifestyle.

Text 2: The Call to Rescue

"See then that you walk circumspectly, not as fools but as wise, redeeming the time, because the days are evil." — Ephesians 5:15–16

Your Reflection:



STEP 1: SCRIPTURAL REFLECTION

Read each text slowly. In the space provided, write 2–3 sentences on how this specific verse challenges your current lifestyle.

Text 3: The Call to Accountability

"After a long time the lord of those servants came and settled accounts with them... Well done, good and faithful servant." — Matthew 25:19, 21

Your Reflection:



STEP 2: THE LEGACY AUDIT



REDEEM THE TIME 30

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STEP 2: THE LEGACY AUDIT

If you were to stand before the Master today to "settle accounts" for the time entrusted to you over the last 6 weeks of this course, what is one habit you are most grateful to have changed?

STEP 3: MY “NON-NEGOTIABLES”

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Identify the three "Anchors" you are committing to protect from this day forward:

My Daily Anchor: (e.g., The 6:00 AM Morning Watch)

My Weekly Anchor: (e.g., Ceasing all digital work by Friday sunset)

My Purpose Anchor:
(e.g., 2 hours a week dedicated to my specific calling)



STEP 4: THE STEWARDSHIP COVENANT



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Read this aloud, then sign below.

"I acknowledge that my time is not my own. It was created by God, stolen by sin, and bought back by the blood of Jesus. I refuse to be a slave to the 'Tyranny of the Urgent.' I choose to be a steward of the 'Eternal Important.' By God's grace, I will treat every hour as a gift to be received with gratitude and a talent to be invested with wisdom."

Signed: _____ **Date:** _____



STEP 5: SUBMIT TO FACILITATOR



Please copy your reflections from Step 1 and your commitment from Step 4 into the text box on RedeemTimeNow.org or email them directly to your facilitator.

