The St. Paul's Page

St. Paul's United Church

115<mark>26 76 Avenue NW</mark> Edmonton, Alberta T6G 0K7 Theological Banquet: Missionals
October 6th, 2024

Sunday morning worship services begin at 10:30. Worship services are also live-streamed and uploaded for later viewing here.

If you are joining us for the Sunday worship online, please see our <u>service</u> <u>bulletins</u>. Alternatively, the QR code can be scanned to view the bulletin for this week.



ACTIVITIES AT ST. PAUL'S OCTOBER 6 - 11 SUN 10:30 am Sunday Worship **Rev. Candace McNeill** 10.06 **Theological Banquet: Missionals** (Communion) 12:00 pm **Finance Committee** Nurserv MON 9:30 am Iyengar Yoga **Foote Auditorium** 10.07 11:00 am FibroFree Bentley Room 5:00 pm Moxy B Studio Foote Auditorium 7:00 pm **AA Support Group** Bentley Room 7:00 pm A Joyful Noise Choir **Foote Auditorium** TUE 7:00 pm Tai Chi Foote Auditorium 10.08 7:30 pm Nar Anon Support Group Bentley Room WED 9:30 am Staff Meeting Friendship Room 10.09 7:30 pm **Choir Rehearsal** Sanctuary THU 9:30 am **Quilting Group Foote Auditorium** 10.10 5:00 pm Moxy B Studio **Foote Auditorium** 7:00 pm Tai Chi **Foote Auditorium** FRI 1:00 pm Belgravia Bridge Club Friendship Room 10.11 5:00 pm **Social Justice Committee Upper Hall** SAT 8:00 am **Social Justice Committee Upper Hall** 10.12 10:30 am **Braille Tones Foote Auditorium SUN** 10:30 am **Sunday Worship** Rev. Anna Constantin 10.13 Theological Banquet: Ecumenicals

The Newcomers conversation group is meeting every other Sunday at 11:50 in the Bentley room. Upcoming dates:

October 6, October 20, and November 3

You do not need to be a newcomer to participate. This is a great way to learn about and get to know one another. Everyone is welcome.

Jesus

Jesus, your name has been on my lips
Since I was a young and innocent child.
Now these many years since first we met
I understand you are more than a name.
To know you is to allow your teachings
To reach into the core of my daily life,
To have your vision be the vital substance
Of what truly guides and rules how I live.
How easy to bend the knee to your name
But how difficult it is to bend the heart.

Today: I make an effort to love as Jesus did. from Fragments of Your Ancient Name by Joyce Rupp

We continue our study of the different ways we live out our faith in the church and the world using the metaphor of the **Theological Banquet** based on Janet Gear's book, *Undivided Love: Navigating Landscapes of Living Faith.* Please join us at

9-10 am on Sunday mornings in the Library September 15 - October 20th (there will be no study on October 6th)

Wednesdays 1:30-2:30 September 11 - October 16th via zoom. (No study on October 9th. **Please join us when you can!**

You can contact the office to receive the zoom link. Please contact Rev. Anna for any questions or if you would like to purchase a copy of the book. Reading the book is optional for this study.

Rev. Anna Constantin will be away in Ontario from October 6-10 for the ReGenerate Conference.

Do you prefer having coffee and tea in the Friendship room or downstairs in the auditorium?

Advantages of having it in the Friendship room include everyone is close when the service is over, access to the library, easier if someone is watching for a ride. Some of the disadvantages can be it is crowded, noisy and you have to protect your cup if you get jostled. Some may decide to go home rather than come downstairs.

Downstairs is spacious, we can set up tables and chairs providing a place for those who wish to sit down, that may encourage longer conversations and easier for the Welcome team to serve.

We will be asking for your opinions in the next weeks.

ST. PAUL'S LABYRINTH

MEDITATION IN MOTION

Invitation to Walk the Labyrinth at St. Paul's United

Church on the 4th Friday of every month from

6:30 - 8 pm

Lower Hall

Fee: \$15 per person

A labyrinth is an ancient contemplative tool.

Walking the labyrinth is as simple as taking time to

follow the path to the center, to pause there and to walk back out. You are also free to walk out of the

labyrinth any time you wish.

For more information please contact the office at

780-436-1555 or at office@stpaulsunited.org

DONATE TO ST. PAUL'S UNITED CHURCH

Thank you for all the ways you contribute to our community. If you wish to contribute financially to St. Paul's, please scan the QR code.



Day 5 - Speakers needed

With Day 5 commencing after Thanksgiving, we are looking for speakers that could present on interesting topics related to spirituality, nature, social justice etc. If you have some ideas, please speak to Jack Jervis after church or send him an e-mail at jackjervis263@gmail.com



Winter Coat Season

Familiar, if somewhat unwelcome, to Canadians. Terrifying to Africans who are facing their first Edmonton winter.

Social Justice Committee has started scouring thrift stores and this purchase, totaling \$178 netted eleven jackets and coats. Average cost per coat just over \$16, with range from \$9 to \$30 with the senior's discount factored in.

Would you like to donate or buy a coat for a refugee? If yes, please visit a thrift store to select the kind of coat that you would want to wear on the coldest of days if you were standing outside, waiting for a bus. Select a jacket with a good zipper, without tears or stains.

Men's and Women's jackets/coats in sizes M, L, XL and 2XL are most needed.

Coats/Jackets can be left in the Donation Box over the next few weeks (although coats are welcome any time throughout the winter).

If you want to contribute but do not want to shop, a donation to the church with Refugee Support in the subject line would be most appreciated.





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11526 76th Avenue NW Edmonton Alberta T6G 0K7

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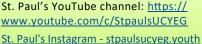












church office: office@stpaulsunited.org e-transfers: stpaulsaccountant@telus.net



The Rev. Anna Constantin Senior Minister anna@stpaulsunited.org







Susan Farrell **Music Director**



Tyson Kerr Musician





Cianna Hunt Office Administrator