

Learn the Signs. Act Early.

**T**he journey of your child's early years includes many developmental milestones for how he or she plays, learns, speaks, and acts.

Look inside to learn what to look for in your child. Talk with your child's doctor about these milestones.

Not reaching these milestones, or reaching them much later than other children, could be a sign of a developmental delay.

## YOU KNOW YOUR CHILD BEST.

If you are concerned about your child's development, talk to the doctor.

If you or the doctor is still concerned, contact one of the agencies on the back of this brochure.

## DON'T WAIT.

Acting early can make a real difference!

This document was printed with funding from the U.S. Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau, Division of Services for Children with Special Health Needs, Grant number H6MMC11059. Updated 4/6/2011.

Department of Health and Human Services  
Centers for Disease Control and Prevention



For more information about what to do if you have a concern, contact your child's doctor or one of these agencies.



California Department of Developmental Services  
1600 9th Street  
P.O. Box 944202  
Sacramento, CA 94244-2020  
(916) 654-1690



San Gabriel/Pomona Regional Center  
75 Rancho Camino Drive  
Pomona, California 91766-4728  
(909) 620-7722  
<https://www.sgprc.org/home>

# Track Your Child's Developmental Milestones



Your child's early development is a journey. Use this map of milestones to know what to look for along the way.



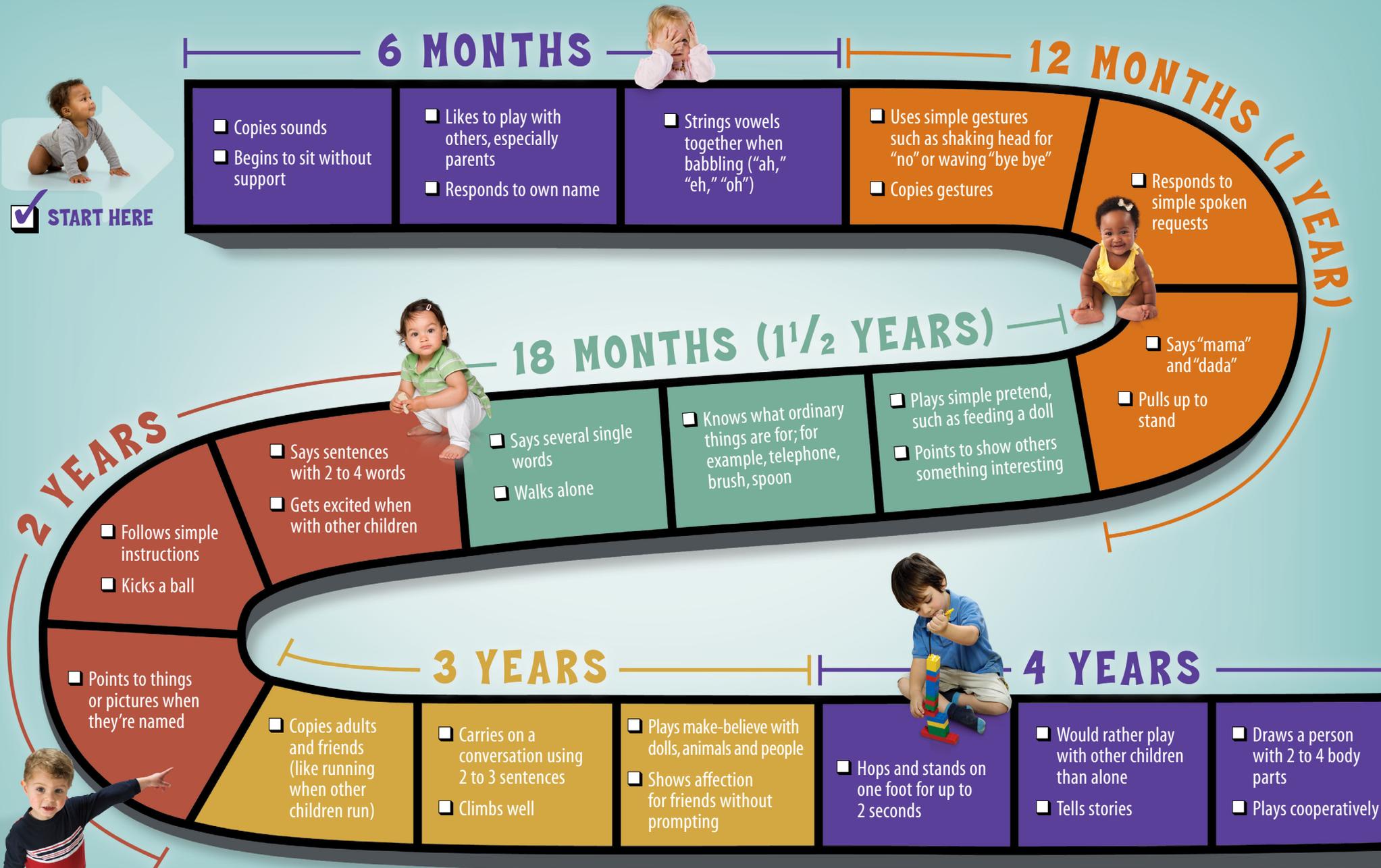
(909) 331-6833  
[www.AlliesAllys.org](http://www.AlliesAllys.org)

Learn the Signs. Act Early.



# Your Child's Early Development is a Journey

Check off the milestones your child has reached and share your child's progress with the doctor at every visit.



These are just a few of many important milestones to look for. For more complete checklists by age visit [www.cdc.gov/ActEarly](http://www.cdc.gov/ActEarly) or call 1-800-CDC-INFO.