



**Date**

## **STREP THROAT EXPOSURE NOTICE**

Dear Parents/Guardians:

Your child may have been exposed to the communicable disease or condition detailed below. The information provided does not replace talking with your health care provider if your child is ill. *If your child has symptoms, please seek diagnosis and treatment from your health care provider as soon as possible.*

**STREP THROAT:** An infection of the throat and tonsils caused by Group A *Streptococcus* bacteria.

**What are the symptoms?** Sore throat, usually starting quickly, severe pain when swallowing, a fever (101° F and above), red and swollen tonsils, sometimes with white patches or streaks of pus, tiny red spots on the back of the roof of the mouth, headache, nausea and/or vomiting, swollen lymph nodes in the neck, body aches, rash.

**How is it spread?** Strep throat is spread through direct contact with saliva, mucus, or snot of infected people, or through indirect contact with contaminated items such as eating or drinking utensils.

**When do symptoms start?** Symptoms usually begin 2 to 5 days after being exposed to the bacteria.

**Should I keep my child at home and away from group settings (i.e. preschool, childcare)?** Yes, until 24 hours after appropriate antibiotic treatment **and** child meets preschool/ school's readmission criteria.

*Any questions concerning this exposure can be directed to your child's preschool/school office at (650)562-7611.*

*For additional information about this or communicable disease, visit <http://www.cdc.gov/features/strepthroat/>.*

**Remember, washing your hands before preparing or eating food and after using the bathroom or changing diapers prevents the spread of disease.**