



## **4 Nineteen Education & Training 2022 LIVE Class Schedule**

- February 12th & 13th: Isolated Stretch Therapy w/ Anatomical Core (**Mesa, AZ**)
  - February 19th & 20th: Body Contouring (**Pearl, MS**)
- March 5th-7th: Lymphatic Drainage Massage w/Facial Rejuvenation (**Winter Park, FL**)
- March 26th-28th: Lymphatic Drainage Massage w/Facial Rejuvenation (**Tucson, AZ**)
  - April 9th-10th: Isolated Stretch Therapy w/ Anatomical Core (**Asheville, NC**)
    - April 23rd-25th: TBD (**Boston, MA**)
    - May 14th & 15th: Sports Massage (**Mesa, AZ**)
- May 20th-22nd: Lymphatic Drainage Massage w/Facial Rejuvenation (**San Diego, CA**)
  - June 11th-12th: Isolated Stretch Therapy w/ Anatomical Core (**Mesa, AZ**)
    - June 24th -25th: Lymphatic Drainage Massage (**Atlanta, GA**)
      - September 9th-10th: (**Dallas, TX**)
- October 10th-12th: Lymphatic Drainage Massage w/Facial Rejuvenation (**Livermore, CA**)
  - October 28th-29th: (**Houston, TX**)
- November 2022: Lymphatic Drainage Massage w/Facial Rejuvenation (**Mesa, AZ**)

### **CLASSES CEU HOURS:**

- Isolated Stretch Therapy w/ Anatomical Core: 12 hours (6 hours Upper or Lower)
- Body Contouring: 12 hours
- Lymphatic Drainage Massage: 16 hours w/ Facial Rejuvenation 24 hours
- Sports Massage: 12 hours

### **2022 CLASSES TBA:**