Serving Size 1 Slices (70g) Amount Per Serving Calories 190 Calories from Fat 15 % Daily Value* Total Fat 2g 3% 0% Saturated Fat 0g Trans Fat 0g Cholesterol 0mg 0% Sodium 320mg 13% Total Carbohydrate 35g 12% Dietary Fiber 1g 4% Sugars 1g Protein 7g Vitamin A 0% Vitamin C 0% Calcium 8% Iron 2% Riboflavin 10% Thiamin 20% Niacin 15% Folate 20% * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories: 2,000 2,500 Total Fat 65g 80g Less than Saturated Fat 25g Less than 20g Cholesterol Less than 300mg 300mg Sodium 2,400mg 2,400mg Less than Total Carbohydrate 300g 375g Dietary Fiber 25g

Nutrition Facts

INGREDIENTS: ENRICHED BLEACHED BROMATED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, POTASSIUM BROMATED THIAMIN MONITRATE, RIBLOFLAVIN, FOLIC ACID) WATER, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING; SALT, SOYBEAN OIL, YEAST, RYE FLOUR, SUGAR, VINEGAR, ETHOXYLATED MONO AND DIGLYCERID, WHEAT FLOUR, DEXTROSE, DATEM, MONO AND DIGLYCERIDES, ASCORBIC ACID, POLYSORBATE 60, PHOSPHORIC ACID AND SODIUM PROPIONATE AND CALCIUM. [FOR FRESHNESS]

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

ALLEGERGEN INFORMATION: CONTAINS WHEAT