#### BLACKVILLE COMMUNITY NEWSLETTER



MARCH 2017 - ISSUE 111

## WATER AND YOUR BODY!!

- Regulates body temperature
- Lubricates joints, tissues and spinal cord
- Lessens the burden on kidneys and liver by flushing out waste products
- Carries nutrients and oxygen to cells
- Protects body and organ tissues
- Helps prevent constipation
- Helps dissolve minerals and other nutrients to make them accessible to the body
- Aids in digestion
- Prevents dehydration
- Forms saliva

## **BE GENEROUS TO YOURSELF!!**

#### **Healthy in Body**

When you are generous to your body, you nourish your body with physical activity, good foods, water, and sleep, so that you have plenty of energy to meet life's daily challenges.

## **Healthy in Mind**

When you are generous to your mind, you care for your mental and emotional health so you feel less stress, more peacefulness, and experience greater focus.

## **Healthy in Spirit**

When you are generous to your spirit, you connect with yourself and others in meaningful ways.

Fact: Your physical health impacts your mental health. Fact: Your mental health impacts your physical health.

Internet info

#### **BLACKVILLE HISTORICAL MUSEUM**

OPEN EVERY TUESDAY - 2:00PM TO 4:00PM

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### MARCH DAYS OF CELEBRATION

March 1, Ash Wednesday

March 12, National Girl Scout Day

March 17, St. Patrick's Day

March 22, National Goof off Day

# **"TOGETHER SISTERS"**

RED BALL Blackville Community Center Friday, March 3, 2017 – 8:00 p.m.

\$10. advance purchase, \$15. at door Contact "Together Sisters" members or call (803) 671-2013

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COMING SOON!! "TASTE OF BLACKVILLE"

APRIL 15, 2017 - 10:00 a.m. – 4:00 p.m. Contact Mrs. Creech – (803) 284-2259 Raffle for Grill and Mother's Day Basket Vendor applications and raffle tickets at Enterprise Bank or Downtown Development Association Members

BLACKVILLE COMMUNITY DEVELOPMENT CORPORATION

The week of March 12 – March 17, 2017, the BCDC will have students from Rochester Institute of Technology, Rochester, NY, in the area to perform various community projects in Barnwell County. There are a few slots still available to be filled.

MARCH 25, 2017 – BHHS GYM

5k Walk/Run - 8:00 a.m.

Basketball Games – 10:00 a.m. until

Contact the BCDC at (803) 284-0735 for additional information on all events above.

#### MEETINGS

- March 2, Blackville Community Development Corporation, Town Hall, 6:00pm
- **March 6**, Civic Club, Edwards Heating and Cooling, 7:00 p.m.
- March 6, Music and Arts Festival, Russell's Pizza, 6:00 p.m.
- March 14, Neighborhood Watch, Tabernacle Baptist Church, 6:00 p.m. – CPR TRAINING
- March 14, Barnwell County Council, Agriculture Building, 6:00 p.m.
- March 13, Blackville-Hilda Board of Education, District #19 Office, TBA
- March 20, Town Council Meeting, Council Chambers, 6:30 p.m.
- March 23, Blackville Downtown Development Corporation, Russell's Pizza, 6:00 p.m.
- March 27, Barnwell-Blackville NAACP, Macedonia Baptist, 7:00 p.m.

#### HAPPY BIRTHDAY

March 2, Clary Ella Odom

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- March 5, Steve McCormack
- March 5, Sa'Nya Smalls
- March 6, Alfado Hagood
- March 6, Thomas Thigpen
- March 7, Rev. Dr. Herman L. Wallace
- March 10, Kierra Fordham
- March 11, Shaawne Barnes
- March 13, Lashanda Calhoun-Dunbar
- March 15, Neveah Jackson
- March 15, Raven Woods
- March 15, Daron William
- March 16, Jack Johnson
- March 18, Shirley Kirkland
- March 18, Marion Clark
- March 18, Felicia Matheney
- March 19, Solomon J. (Joe) Hagood
- March 20, Earthel Walker
- March 20, Tyreek Brown
- March 20, Amonya Smalls
- March 22, Harold Mayes
- March 22, Rodney Williams
- March 27, Barbara Black
- March 29, Willie J. Gloster
- March 30, Carroll James

#### DAYLIGHT SAVING TIME MARCH 12, 2017 -2:00AM CLOCKS SPRING FORWARD

## HAPPY ANNIVERSARY

March 22, Phillip and Mattie Felder March 25, Mark and Everdell Daniels March 31, Dwayne and Barbara Black

#### LIBRARY NEWS

Pre-School Story Time March 14 and 28 – 10:30 a.m. – 4:00 p.m.

#### SCHOOL NEWS

March 9: MES Benchmarks March 6-10: Career Week-MES March 10: Career Fair MES (9 a.m. to 1 p.m.) March 22: Report Cards March 23: Parent Conferences (3 p.m. -7 p.m.) March 24: Regular School Day/Make-up day

#### BLACKVILLE PUBLIC SCHOOLS ALUMNI ASSOCIATION (BPSAA)

Liter Pick-up: March 4, 2017 - 8:00 a.m.

Izlar Street Ext. from Valley Road to Hereford Road

Details - bvillepublicalumniassoc@gmail.com

Blackville Public Schools Alumni Association Inc. is forming a "COMMITTEE" to establish a "HALL OF FAME" for alumni that excelled in various fields during their tenure at the area schools. If you are interested in being a committee member contact Jerry Jones (904) 349-0499 or e-mail bvillepublicalumniassoc@gmail.com. Applications due by March 31, 2017

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#### **CHURCH NEWS**

Macedonia Baptist - Bible Study, 12noon - Wednesday's

Pilgrim Rest Baptist – "Youth Empowering Hour", 6:00 p.m. – Tuesday's

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"NEWSLETTER" CONTACT INFORMATION: vtalston@bellsouth.net, Published by Town of Blackville and Blackville Community Development Corporation. Visit us online Town of Blackville is an Equal Opportunity Employer