

# Learning Together Every Day

## A School Attendance Initiative

### HELP YOUR CHILD SUCCEED IN VIRTUAL LEARNING

We are in a unique time of schooling and we recognize the new challenges virtual learning poses for students and parents, alike. Here are ten tips for strong student participation from home. Remember, we're all in this together!

- 1. Communicate with your child's teachers:** Learning from home requires that parents/guardians and teachers work together to keep students on track. Reach out to your child's teacher with questions!
- 2. Get to know your child's e-learning platform:** While it's important that your child logs into their account, check to see if your child is completing her work and has a clear understanding of the assignments. Ask your child's teacher for a tutorial if you don't know how to use it.
- 3. Establish a schedule:** Help your child understand the daily expectations. If a schedule isn't created by your child's teacher, help create one. A consistent routine for learning every day gives children a reassuring sense of stability which many lost when school buildings closed.
- 4. Create a space for learning:** Look for a quiet and comfortable space, free from distractions, where your child can focus best.
- 5. Set clear expectations:** Limit your child's use of devices until their schoolwork is done. Make sure your child knows when you're available to help with school-related questions.
- 6. Create time for breaks:** Brain breaks are important to refocus and re-energize. If your child has been sitting for awhile, encourage your child to stretch, take walks, or just dance. Make sure to schedule some free-time during the day, too.
- 7. Reach out to fellow parents:** Supporting your child's learning can be challenging, at times, but you are not alone - fellow parents can be a great support. Ask for a classroom contact list and check for any virtual parent support groups.
- 8. Encourage persistence:** When your child feels frustrated or overwhelmed, encourage your child not to give up. Ask questions, like "What else can you try?" This will help your child develop a "growth mindset" and help them believe that they can learn and achieve with perseverance and hard work.
- 9. Nurture your child's friendships:** Building friendships is an important part of the school experience. Encourage your child to have conversations with friends and classmates through an online platform like FaceTime, Google Hangouts, Skype or FB Messenger Kids.
- 10. Celebrate successes:** Your child will likely need lots of encouragement. Make sure to praise your child for a job well done. Consider hanging completed work on your refrigerator or a bulletin board and creating incentives that you both enjoy.